STEREOTYPES AND PREJUDICE

STEREOTYPES

are...

- 1) generalizations, usually exaggerated or oversimplified and often offensive, used to describe or distinguish a group;
- 2) fixed, over generalized beliefs about a particular group of people;
- 3) qualities assigned to groups of people related to their race, nationality, sexual orientation etc.

PREJUDICE

is...

a rigid attitude that is based on group membership and predisposes an individual to feel or think in a negative way toward another person or group.

DESCRIMINATION...

involves a negative action toward a social group or its members based on a stereotype and prejudice.

Topic 9 **PSYCHOLOGICAL INFLUENCE IN** THE COMMUNICATION PROCESS

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Medical Lecture Notes – All Subjects



USMLE Exam (America) - Practice



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PSYCHOLOGICAL MANIPULATION

is a type of social influence that aims to change the perception or behavior of others through underhanded, deceptive, or even abusive tactics.

By advancing the interests of the manipulator, often at the other's expense, such methods could be considered exploitative, abusive, devious, and deceptive. Social influence is not necessarily negative. For example, doctors can try to persuade patients to change unhealthy habits. Social influence is generally perceived to be harmless when it respects the right of the influenced to accept or reject and is not unduly coercive. Depending on the context and motivations, social influence may constitute underhanded manipulation.

Basic ways that manipulators control their victims (according to Harriet Braiker) are:

- Positive reinforcement
- Negative reinforcement
- Intermittent or partial reinforcement
- Punishment
- Traumatic one-trial learning

Manipulative techniques (according to Simon)

- Lying
- Lying by omission
- Denial
- Rationalization
- Minimization
- Selective inattention or *Feigning innocence selective attention
- Diversion

- Playing the victim role ("poor me")
- Vilifying the victim
- Playing the servant role
- Seduction
- Brandishing anger

Manipulators can have various possible motivations, including:

- the need to advance their own purposes and personal gain at virtually any cost to others
- •a strong need to attain feelings of power and superiority in relationships with others
- a want and need to feel in control
- a desire to gain a feeling of power over others in order to raise their perception of self-esteem

PRINCIPLES OF INFLUENCE

RECIPROCATION

COMMITMENT AND CONSISTENCY

AUTHORITY

SOCIAL VALIDATION

SCARCITY

LIKING AND FRIENDSHIP