بِنَ لِيَّهِ أَلْتَهُ أَلْتَ عِلَا لَكُمْ أَلْتَ عِلَا اللَّهِ اللَّهِ اللَّهِ اللَّهِ اللَّهِ اللَّهِ اللَّهُ

رَبِّ اشْرُحْ لِیْ صَدْرِیْ 0 وَیَسِرْلِیْ اَمْرِیْ 0 وَیَسِرْلِیْ اَمْرِیْ 0 وَ اَشْرُکْ لِی اَمْرِیْ 0 وَ اَ حُلُلْ عُقْدَةً مِّنْ لِسَانِیْ 0 یَفْقَهُوْا قَوْلِیْ 0

اے میرے رب! میرا سینہ کھول دے اور میرے لیے میرا کام آسان کر دے اور میری ربان کی گرہ کھول دے تا کہ لوگ میری بات سمجھ سکیں

رَّبِّ زِدْنِی عِلْمًا

My Lord! Increase me in knowledge.

FST-407. L # 36-37.

NATIONAL AND INTERNATIONAL CRITERIA AND STANDARDS ON WATER QUALITY

CRITERIA AND STANDARDS

Criteria

A rule or principle for evaluating or testing something

Standards

• Something used as a measure, norm, or model in comparative

evaluations

WHO - DRINKING WATER STANDARDS

PHYSICO-CHEMICAL PARAMETER	UNIT	LIMIT
Aluminum	mg / L	0.2
Arsenic	mg / L	0.05
Barium	mg / L	0.05
Beryllium	μg / L	0.2
Cadmium	μg / L	5.0
Calcium	mg / L	200.0
Chromium	mg / L	0.05
Copper	mg / L	1.0
Iron Total	mg / L	0.3
Lead	mg / L	0.01

WHO - DRINKING WATER STANDARDS

PHYSICO-CHEMICAL PARAMETER	UNIT	LIMIT
Magnesium	mg / L	150.0
Manganese	mg / L	0.1
Mercury	μg / L	1.0
Selenium	mg / L	0.01
Sodium	mg / L	200.0
Zinc	mg / L	5.0
Chlorides	mg / L	250.0
Cyanide	mg / L	0.1
Fluorides	mg / L	1.5
Nitrates	mg / L	10.0
Nitrites	mg / L	-
Sulphates	mg / L	400.0

WHO - DRINKING WATER STANDARDS				
PHYSICO-CHEMICAL PARAMETER	UNIT	LIMIT		
Suphides	mg / L	0		
Hydrocarbons	mg / L	0.1		
Anionic Detergents	mg / L	0		
рН		9.2		
Total Dissolved Solids	mg / L	1500		
Total Hardness	mg / L	500		
Alkalinity	mg / L	500		
MICROBIOLOGICAL PARAMETERS				
Total Bacteria	Count / mL	100		
Coliform	Count / 100 mL	0		
E. Coli	Count / 100 mL	0		
Salmonella	Count / 100 mL	0		
μg = microgram or ppb 2/2/2021 pg = microgram or ppb FST- 407. VII (SS+PPP) - Dr. Shahid in	mg = milligram or ppm Mahmood Rana 6			

CRITERIA AND STANDARDS FOR DRINKING WATER

Color

- The colour of drinking water may change due to Tannins, Iron, Copper,
 Manganese, natural Deposits. This decreases the acceptance of drinking water.
- It is measured in Hazen (Hz) Unit

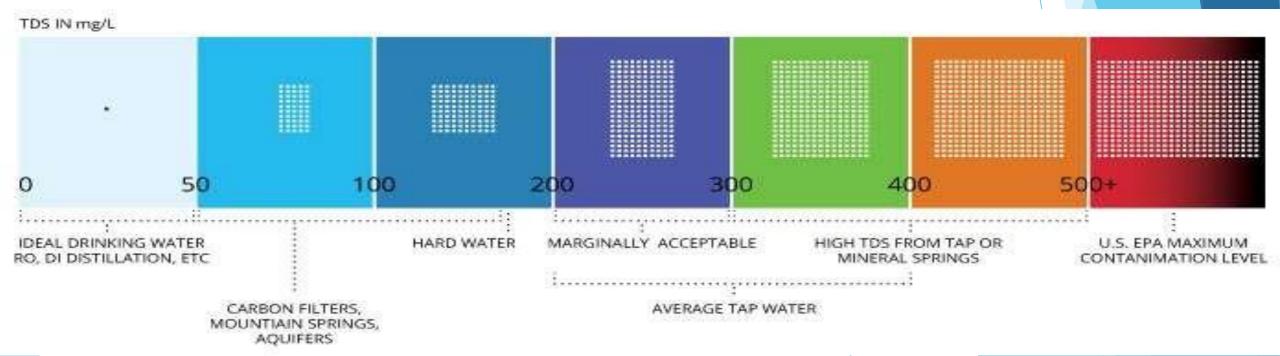
pH

- The desirable limit of pH is 6.5-8.5
- The lower pH may cause Corrosion and metallic taste of water on the other hand higher pH cause bitter taste

CRITERIA AND STANDARDS FOR DRINKING WATER

TDS (Total dissolved solids)

- The acceptable limit of TDS is 500 mg/L
- The higher concentration cause hardness of water, corrosion of pipes.
- The source of dissolve solids in water from livestock waste, hazardous waste landfills



CRITERIA AND STANDARDS FOR DRINKING WATE

Iron(Fe)

- The higher concentration of it makes the water brackish in color,
 bitter or metallic in taste, brown-green stains
- The permissible limit is 1.0 mg/L

Arsenic (As)

- Some epidemiological studies have suggested that arsenic is carcinogenic but no real proof of the carcinogenicity to man of arsenic in drinking-water has been forthcoming.
- It causes a disease called Black foot disease





CRITERIA AND STANDARDS FOR DRINKING WATER QUAL

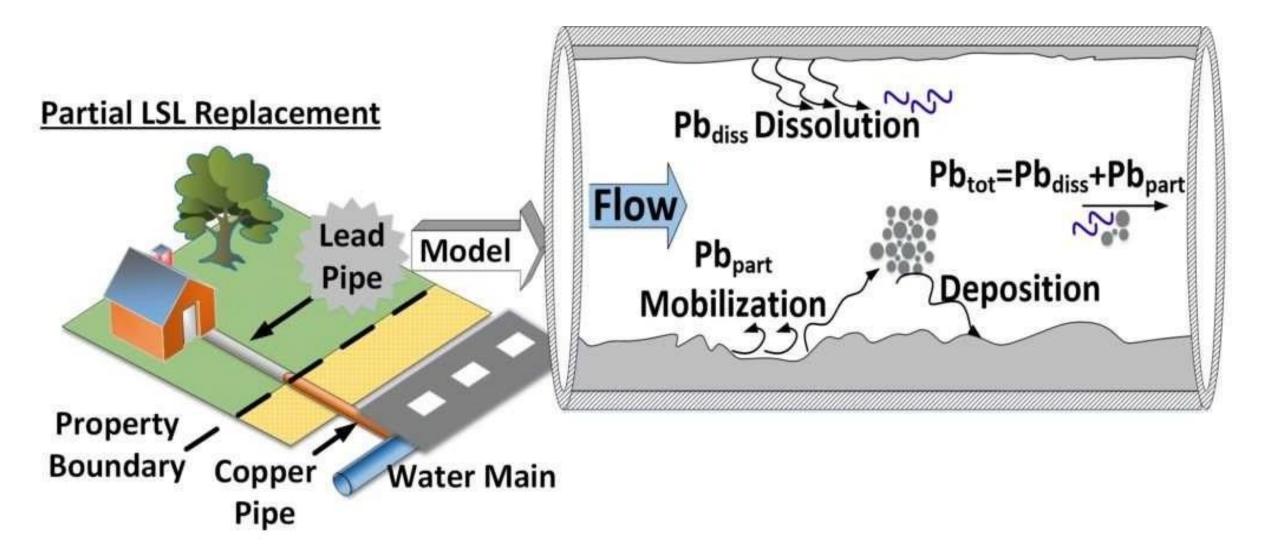
Cadmium

- The results of animal studies suggest that very small amounts of cadmium can produce nephrotoxic and cardiovascular effects, Itai-Itai disease
- Cadmium may be derived from natural or industrial sources, or from cadmium compounds used in the production of plastic water pipes

Lead (Pb)

- Lead compounds are used as stabilizers in some plastic pipes and may leach out.
- The total body-load of lead should be reduced to a level at which equilibrium between absorption and elimination can be maintained.
- The maximum acceptable load of lead from food and beverages has been tentatively placed at 0.05 mg/Kg/day.

SOURCE OF LEAD IN DRINKING WATER



Health Impacts of Lead



ADULTS

Brain

Memory loss, lack of concentration, headaches, irritability, depression.

Digestive System

Constipation, nausea and poor appetite

Nervous System

Damage including numbness and pain in the extremities

Body

Fatigue, joint and muscle pain

Cardiovascular

High blood pressure

Kidneys

Abnormal function and damage

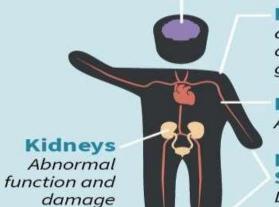
Reproductive System

Men: Decreased sex drive and sperm count, and sperm anomalies. Women: Spontaneous miscarriage Exposure to high levels of lead can cause severe damage to the brain, blood and kidneys.
Children under six are most at risk from lead poisoning. Even low levels of lead exposure have been found to permanently reduce cognitive ability and cause hyperactivity in children.

CHILDREN

Brain

Behavior problems, lower IQ, hearing loss, learning disabilities



Body

decreased bone and muscle growth

Blood

Anemia

Nervous System

Damage

CRITERIA AND STANDARDS FOR DRINKING WATER QUA

Fluorides (F)

The enamel surfaces of the teeth show marked wear and brown stain is frequently

- Fluorides presence in excessive may give rise to dental fluorosis in some a disfiguring feature.
- If the fluoride concentration in the drinking- water of a community is less than 0.5 mg/l the incidence of dental caries is likely to be high

Nitrite

• In some circumstances, nitrates have been shown to present a health hazard to infants, and older children, if they are present in drinkingwater at concentrations greater than 45 mg/l (expressed as NO3) because, after reduction to nitrite, they may give rise to methaemoglobinaemia (Blue baby syndrome)

SOURCES OF NITRATE IN DRINKING WATER

