# Inflammation/Nonsteroidal antiinflammatory drugs (NSAIDS)

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#### **Inflammation**

- Inflammation is a localized protective/physiological immune/ biological response to tissue damage or microbial invasion.
- It occur due to tissue injury caused by physical trauma, noxious chemicals or microbial agents.
- Inflammation is characterized by redness, swelling, heat, pain, and loss of tissue function, which result from local immune, vascular and inflammatory cell responses to infection or injury.
- It is triggered by release of chemical mediators from injured tissues and migrating cells.

#### Chemical mediators

- such as histamine (from basophils/mast cells),
- Serotonin (from decarboxylation of tryptophan),
- Bradykinin (from plasma kinin or kallikrein system),
- Prostaglandins from activation of Cyclooxygenase-I (COX-I)and Cyclooxygenase-2 (COX-2)
- Leukotrienes from activation of lipoxygenase enzyme
- ▶ Platelet activation factors (PAF) from tumor cells (in case of malignancy)

## Responses of chemical mediators

- Histamine cause /induce allergic responses
- Serotonin enhance secretion, vasodilation
- Bradykinin are pain producing substances, vasodilation
- Prostaglandins (PGE2 and PGF2α increase uterine contraction), PGE1 increases body temperature, PGI2 and PGE1 inhibit gastric acid secretion and PGE2 & PGI2 suppress the immune responses
- ► Leukotrienes cause bronchoconstriction
- ▶ PAF promote platelet aggregation

#### Process of inflammation

- > Result in release or entry of inflammatory mediators.
- Infiltration of white blood cells (Neutrophils) from circulatory system
- Intracellular adhesion molecules (ICAM) do adhesion of WBC in the endothelium
- Monocyte, lymphocyte, collagen fibers, proliferation, infiltration result in the formation of granuloma/pus formation
- These factors may induce acute and/or chronic inflammatory responses in the heart, pancreas, liver, kidney, lung, brain, intestinal tract and reproductive system, potentially leading to tissue damage or disease.

# Non steroidal anti-inflammatory drugs (NSAIDS)

- They are known to possess anti-inflammatory effect but they are not steroids.
- They also induce analgesia and antipyretic effect.
- As NSAIDS provide relief from pain by reducing the level of pain producing substances and by elevating the **pain thresh hold\***, so they are also known as analgesics.
- \* means the point at which the sensory stimuli perceives the presence of unpleasant/noxious chemicals.
- Skin temperature, fear, emotions, anxiety, CO2 tension or sweating are the factors which can alter pain thresh hold.

#### Classification

- A. Salicylates
- Acetyl salicylic acid (Aspirin)
- Salicylic acid
- Diflunisal
- Methyl Salicylate
- Sodium salicylate

- B. Propionic acid derivatives and phenyl alkanoic acid
- > Ibuprofen
- Flurbiprofen
- Fenbufen
- Ketoprofen
- Naproxen
- Fenoprofen
- Oxaprozin

- C. Fenamates
- Mefenamic acid
- > Flufenamic acid
- Tolfenamic acid
- Meclofenamate
- D. Pyrrole alkanoic acid
- Tolmetin

- **E.** Acetic acid derivatives
- Diclofenac sodium
- Diclofenac potassium
- Etodalac
- Aceclofenac
- Ketorolac
- Indomethacin
- Sulindac

- F. Aniline derivatives
- Acetaminophen
- Phenacitin
- ▶ G. Pyrazolone derivatives
- Phenylbutazone
- Oxyphenbutazone
- Metamizole

- ► H. Oxicams/Enolic acid derivatives
- Piroxicam
- Meloxicam
- Tenoxicam
- I. Naphthyl acetic acid/alkanones
- Nabumetone

- J. Miscellaneous agents
- Nimesulide
- Cellecoxib
- Rofecoxib
- Parecoxib
- K. Plant derived bioactives
- Triptolide
- Andrographolide
- Curcumin