

FERMENTED MILK PRODUCTS

Dr. Anjum Murtaza

Associate Professor Institute of Food Science and Nutrition, University of Sargodha, Sargodha

INTRODUCTION

- Milk is a white liquid nutrient rich food produced mammary glands of mammals.
- Milk is extremely perishable and various methods are employed to preserve it ,the most prominent method is fermentation.

FERMENTATION

Fermentation is a metabolic process in which an organism converts a carbohydrates such as starch and sugar into alcohol and/or acid.

Classification of Fermented milks.



PRODUCTION OF FERMENTED MILK

Traditional Method

Natural method – Whey of milk added to fresh milk

Commercial Method

Specific bacteria -fermentation (pure culture technique is applied)















• Cheese is the fresh or ripened product obtained after coagulation and separation of whey of milk ,cream or partly skimmed milk ,buttermilk or a mixture of these products.

(cheese is milk curd and made of casein)

• <u>1000 Varieties of cheeses</u> have evolved that are characteristic of various regions of the world.







CHEESE



CHEESE



CHEESE



Top 10 cheeses





Camembert Cheese



Feta Cheese

Roquefort Cheese





Chevre Cheese

Top 10 Cheeses





Manchego Cheese



Gouda Cheese





Moneterey Jack Cheese

Microscopic view of Micro-orgranisms



Lactobacillus Casei

Lactobacillus Plantarum Steptococcus cremoris

CHEESE SPOILAGE Lactic acid bacteria

- Heterofermentative produce gas and off-flavour Lactobacillus brevis,Lactobacillus pseudoplantarum
- L.Casei Produce soft bdy defect
- Pink spots-Propionibacterium,Lb.bularicus,yeast.
- White crystalline deposit on the surface Facultatively Heterofermentative Lactobacillus Lactic acid production-insoluble Calcium lactate

- Butter is a mixture of milk fat ,butter milk and water.
- Fat content of butter is 80%
- Non-fat components of butter 20%
- It consists of moisture, milk solids not fat and salt if added.

Butter is made from sweet or sour cream

- Cream is pasteurised at 62.8 degree Celsius 30 minutes (Immediately cooled)
- Desirable microorganism is added.
- Streptococcus cremoris or lactobacillus lactis-Ferments Lactose which produces Lactic Acid(milk curdles)
- Cream is allowed to ripen @ 21.1 deg. Celsius for several hours.
- Ripened cream -Churned.

- The colour of the butter varies from yellowish white to deep yellow.
- Did you know: why this yellow colour Annatto seeds?
- Pasteurised table butter should be stored at 80 degree Fahrenheit to maintain good quality and prevent deterioration.
- <u>BHA-Butylated hydroxyl anisole</u> –effective as preservative to enhance the shelf life at 0.02 % level stored at 2.5 degree Celsius and lower.

- Spoiled butter Result of hydrolysis of triglyceride molecules.
- The disagreeable odour and flavour are due to the release of free butyric and caproic acids from the triglyceride molecules.

Butter is characterised by spreadability



Raw milk _____ Separation of cream ____ Pasteurization

____Starter culture inoculation and cream ripening

Butter milk

CHURNING <

Butter _____ Salting _____ Packaging

SPOILAGE OF BUTTER

- Surface Taint (Putridity)
 - P.Putrafacience at 4-7C
 - Off odour-organic acid ,isovaleric acid
- Rancidity of the butter-hydrolysis of butter
- P.fragi, P.flurescences

SPOILAGE OF BUTTER

• Off-flavour

Malty flavour-Lactococcus maltigenes Cheesiness-lactobacilli Barny flavour - Enterobacter Flatflavour - Pseudomonas Uncclean flavour - Coliforms Ester like flavour – P.fragi Fishiness - Aeromonas hydrophilia

SPOILAGE OF BUTTER

Discolouration

Dark, Smoky or greenish areas-Alterneria, Cladosporium small black spots - Stemphleium Green Colour – Pencillum Brown area – Phoma and Alternaria Bright reddish – Pink area – Fusarium culmorum Pink colour – yeast Black discolourations-P.nigrifiacans

SUMMARY

- Milk is a liquid –nutritious food
- Fermentation and its product.
- Cheese Preparation.
- Types of cheese
- Butter preparation.

Reference

1.H.A Modi,Fermented Milk Products, Aavishkar Publication,Pg.No. 1–5 and 62 TO 69

2. Ajay Kapoor, (2005) Milk and its product Vishwabharathi Publication Pg. No. 250

3.Outline Of Food Microbiology ,(2011), Krishnakumar Reddy , A.R.Alagawadi

4.Dairy Microbiology (2009), Pradeepa Panlker, New age Publication Pg. no. 51 and 52

