



The Nineteenth(19th) Century

Early influences on the field of clinical psychology include the work of the Austrian psychoanalyst **Sigmund Freud**. He was one of the first to focus on the idea that “**mental illness** was something that could be treated by talking with the patient”, and it was the development of his talk therapy approach that is often cited as the earliest scientific use of clinical psychology.

The nineteenth century experienced numerous advances in understanding mental and physical illness, and allowed for a more sophisticated understanding of the relationship between body and mind in both health and illness.



Evolution During the World Wars

- Clinical psychology became more established during the period of **World War I** (1914-1918) as practitioners demonstrated the usefulness of psychological assessments.
- **In 1917**, the American Association of Clinical Psychology was established, although it was replaced just two years later with the establishment of the American Psychological Association (APA).
- During **World War II** (1939-45), clinical psychologists were called upon to help treat what was then known as shell shock, now referred to as post-traumatic stress disorder (PTSD).

Question:

Differentiate between DSM-4 and DSM-5

Following are some basic difference between DSM-IV and DSM-5.

DSM-4	DSM-5
(1) Multi-axial	No axis
(2) Coded diagnosable conditions 374	Coded diagnosable conditions 394
(3) Expressive language disorder and mixed receptive Expressive language disorder.	Language disorder Coded 31539
(4) shared Psychotic disorder and delusion disorder	Delusion disorder coded 2971

DSM-IV

DSM-5

(5) Awintic disorder
Aspenger disorder
childhood distrag-
ative disorder
and Rett-disorder

Autism spectrum
disorder coded
299.00 -

(6) Catatonic
schizophrenia,
disorganized
schizophrenia,
paranoid
schizophrenia,
Residual
schizophrenia,
undifferentiated
schizophrenia
are not listed
like here in DSM-IV

Schizophrenia
(all of them)
coded 295.90
catatonic type
have also list
code 292.89

(7) Bipolar disorder
most recent episode
mixed code 296.6x
[Not listed with a]
unique code
in DSM-5

Bipolar disorder sub-
sumed under one
of the bipolar I or
II disorders with
the unloded specifier
with mixed
feature

	<u>DSM-IV</u>	<u>DSM-5</u>
(8)	Panic disorder, without agoraphobia and panic disorder with agoraphobia	Panic disorders coded 300.01
(9)	Dissociative disorder dissociative Amnesia	Dissociative Amnesia coded 300.12
(10)	Somatization disorder (Undifferentiated) Somatogram pain disorder	Somatic symptom disorder coded 300.42
(11)	Primary hyper-somnia and hypersomnia related to another mental disorder	Hyper-somnolence disorder coded 780.54
(12)	sleep walking disorder and sleep terror disorder	Non-rapid eye movement sleep arousal disorder coded 307.46
(13)	vaginismus & dyspareunia	Gonitopelvic pain penetration coded 302.76

DSM-IV	DSM-5
(14) Sexual Aversion code 302.79 (not coded in DSM-5.)	subsumed under other specified sexual dysfunction also coded 302.79
(15) Abuse disorder dependent-disorder alcohol, Cannabis, Phencyclidine hallucinogen inhalant opioid stimulated sedative, hypnotic, anxiolytic and other uses of disorders	use disorder mild or moderate, severe code vary by substance
(16) polysubstance dependence code 304.80 (not listed in DSM-5)	subsumed under other substance related disorder coded 305.90 mild or 304.90 moderate severe
(17) Rating disorder	Not included in DSM-5

DSM-IV	DSM-V
(18) Mathematic disorder.	Dyscalculia
(19) Reading disorder	Dyslexia
(20) Stuttering	childhood-onset fluency disorder
(21) Phonological disorder.	speech sound disorder.
(22) In DSM-IV patient only needed one symptoms present to be diagnosed with substance abuse	In DSM-5 patient required two or more symptoms in order to be diagnosed with substance abuse use disorder