لَمَ لَكَهِ أَلْرَجْهِمُ أَلْرَجِهِ

رَبِّ اشْرَحْ لِیْ صَدْرِیْ ( وَيَسِتَرْ لِیْ اَمْرِیْ ( وَ احْلُنْ عُقْدَةً مِّنْ لِّسَانِيْ ( يَفْقَهُوْ اقَوْلِيْ (

اے میرے رب! میرا سینہ کھول دے اور میرے لیے میرا کام آسان کر دے اور میری زبان کی گرہ کھول دے تا کہ لوگ میری بات سمجھ سکیں

رَّبٍّ زِدْنِي عِلْمًا

My Lord! Increase me in knowledge.

## FST-407. FOOD SAFETY AND LAWS 3(3-0)

Program: Semester: Academic Year: Session: B. Sc. (Hons). Food Science and Technology IIV (SS + Ex-PPP) Fall -2020 2018-2022

Course Teacher:

Dr. Shahid Mahmood Rana Associate Professor



INSTITUTE OF FOOD SCIENCE AND NUTRITION (IFSN) UNIVERSITY OF SARGODHA, SARGODHA-PAKISTAN





#### **CONTENTS - A**

- 1. Food Safety
- 2. Characterization of food hazards: biological, chemical and physical
- 3. Hazards from natural origin
- 4. Hazards produced during food processing, storage and preparation
- 5. Hazards associated with nutrient fortification
- 6. Food Safety systems, GMP, TQM
- 7. HACCP
- 8. Pakistan Standards and Quality Control Authority
- 9. Pure Food Rules
- **10.** Punjab Food Authority
- **11. International Organization for Standardization**
- 12. National Standard for Drinking Water Quality
- 13. Food labeling
- 14. Concept of Halal, Islamic food laws and regulations
- 15. Consumer laws in Pakistan
- 16. The World Trade Organization (WTO)
- **17. Codex Alimentarius**

## FST-407. L # 15. FOOD SAFETY SYSTEMS

- FOOD SAFETY SURVEILLANCE SYSTEMS
- FSSS: MONITORING & SURVEILLANCE
- FSSS PURPOSE
- BURDEN OF ILLNESS PYRAMID
- SYSTEMS FOR FOOD SAFETY SURVEILLANCE
  - GMP
  - TQM
  - HACCP
  - FSMS-ISO22000:2005
  - Halal Certification

# **FSSS: MONITORING & SURVEILLANCE**

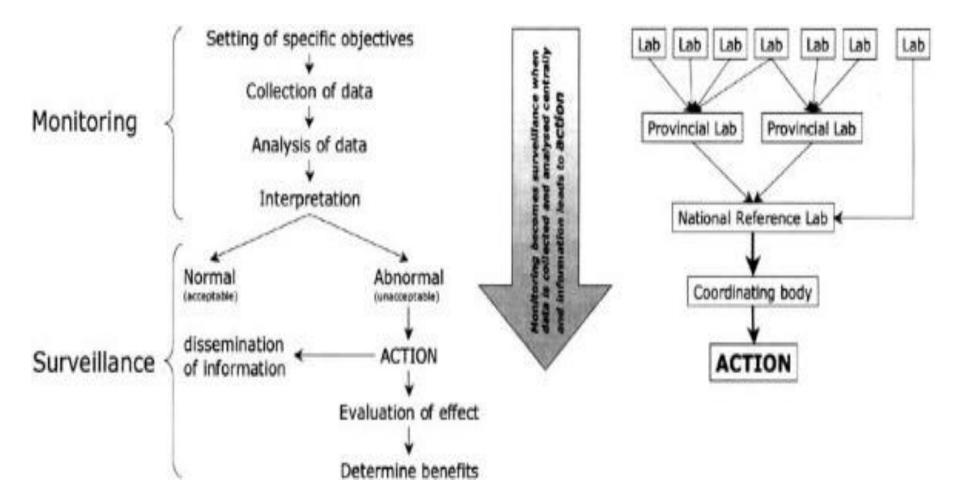
## Monitoring

"The performance and analysis of routine measurements, aimed at detecting changes in the environment or health status of populations".

### Surveillance

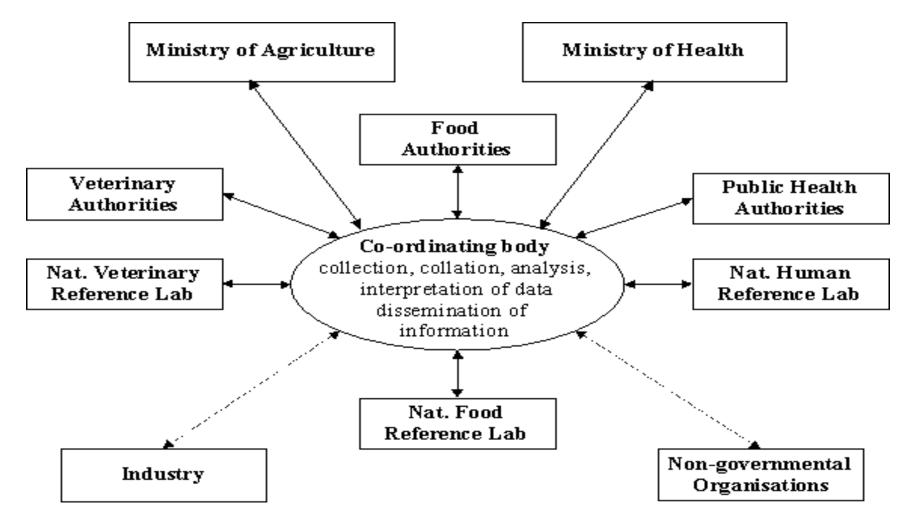
"The ongoing systematic collection, collation (compare), analysis and interpretation of data, followed by the dissemination of information to all those involved so that directed actions may be taken." (WHO/CDS/CSR)

# **FSSS: MONITORING & SURVEILLANCE**



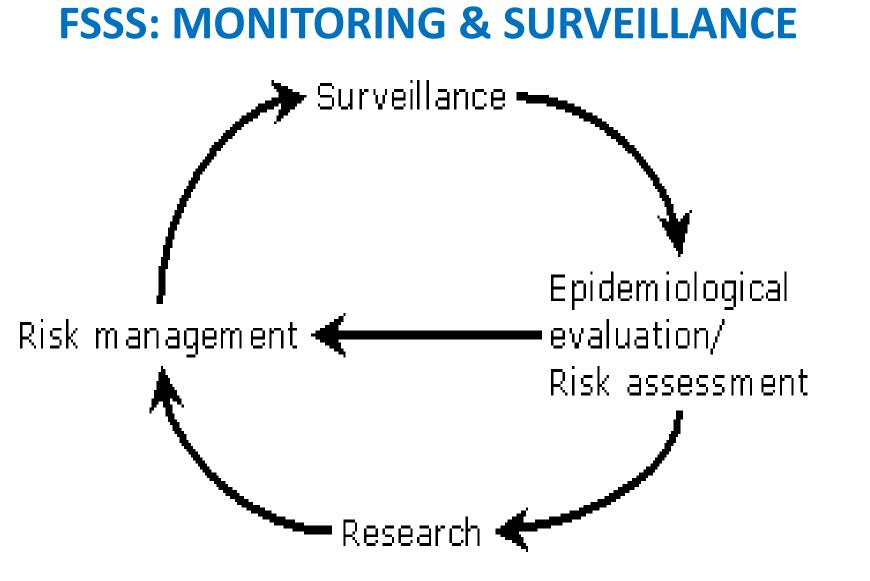
#### GRAPHIC PRESENTATION ILLUSTRATING THE RELATION BETWEEN MONITORING AND SURVEILLANCE

## **FSSS: MONITORING & SURVEILLANCE**



#### SCHEMATIC PRESENTATION OF THE COLLECTION, COLLATION, ANALYSIS AND INTERPRETATION OF SURVEILLANCE DATA AND THE SUBSEQUENT DISSEMINATION OF INFORMATION TO ALL THE MAJOR STAKEHOLDERS IN FOOD SAFETY

12/3/2020



#### THE CYCLE OF PUBLIC HEALTH PROTECTION, ILLUSTRATING THE ROLE OF SURVEILLANCE IN SUPPORTING RISK ASSESSMENT, RISK MANAGEMENT AND FORMULATING NEW RESEARCH EFFORTS

FST- 407. VII (SS+PPP) - Dr. Shahid Mahmood Rana

#### CENTRALLY CO-COORDINATED MICROBIOLOGICAL PROJECTS PERFORMED IN DENMARK IN 2003, WITH THE NUMBER OF SAMPLES INVESTIGATED

| Ai   | m          | Project  | Samples |
|------|------------|--|---------|
| Risk | Profiling  | Presence of VTEC O26, O103, O111 and O143 in beef cattle   | 1500    |
|      |            | Presence of Campylobacter in pre-cut ready-to-eat salad  | 500     |
| Risk | ment       | Effect of different reduction strategies on the number of Campylobacter on broilers at slaughter level             | 2000    |
|      | Assessment | Presence and number of Campylobacter on turkeys<br>during slaughter combined with antibiotic resistance<br>testing | 1500    |
| Risk | Management | Surveillance programme on antibiotic resistance in bacteria from foods (DANMAP)                                    | 1000    |
|      |            | Listeria monocytogenes in ready-to-eat foods   | 1200    |
|      |            | Vibrio in seafoods (EU control campaign)   | 1000    |
|      |            | Total  | 8700    |

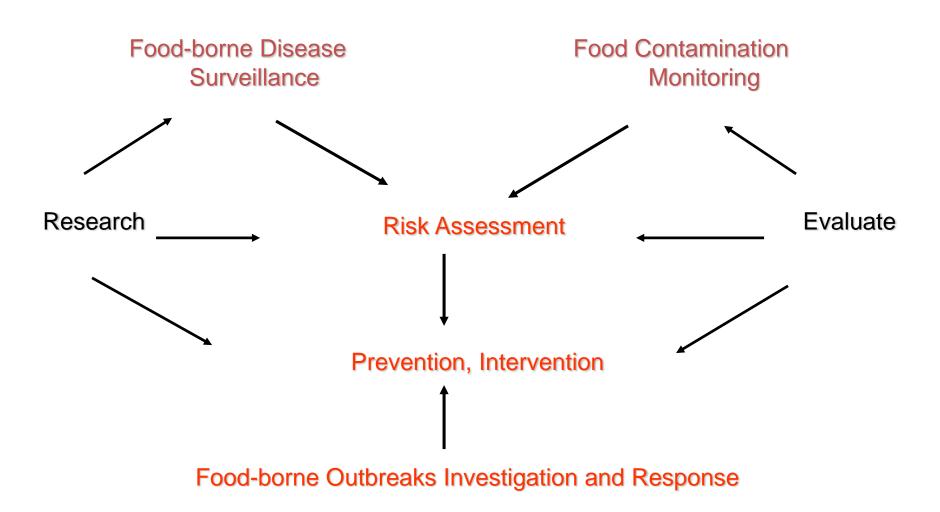
FST- 407. VII (SS+PPP) - Dr. Shahid Mahmood Rana

## FOOD SAFETY SURVEILLANCE SYSTEMS

The **surveillance systems** have a twin **purpose** 

- Initial is to notice, control and stop foodborne disease outbreaks
- Most of the countries have such surveillance and response systems in place; however, the effectiveness and coverage of these systems vary from country to country

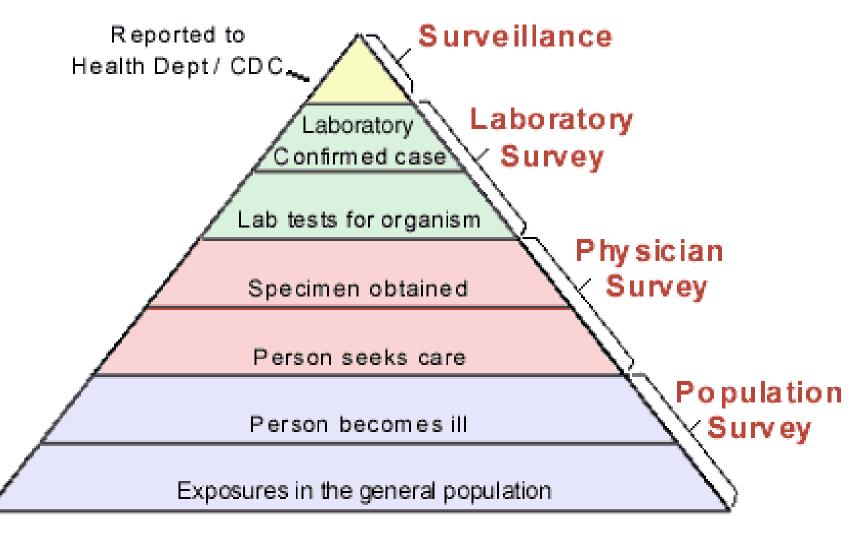
## **FRAMEWORK**



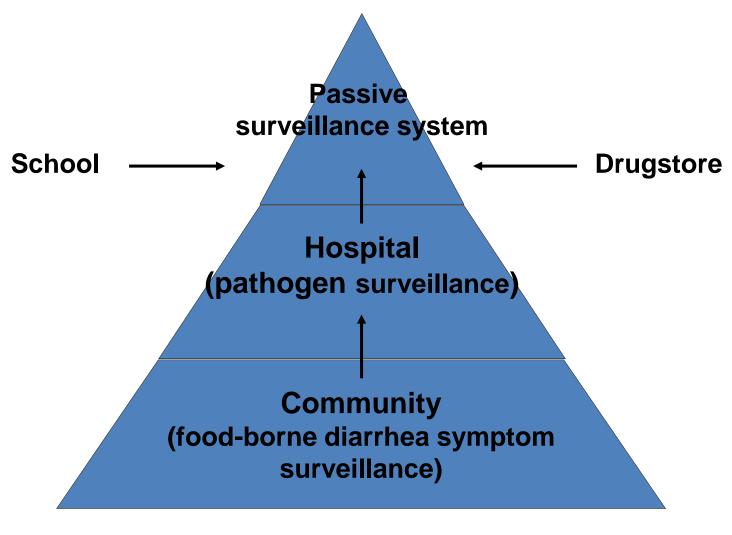
FST- 407. VII (SS+PPP) - Dr. Shahid Mahmood Rana

### **BURDEN OF ILLNESS PYRAMID**

Cases reported through passive surveillance represent fraction of actual number of cases in community



### **FOOD-BORNE DISEASE SURVEILLANCE**



### The Current Surveillance Pyramid

12/3/2020

FST- 407. VII (SS+PPP) - Dr. Shahid Mahmood Rana

لَاللَّهِ ٱلْآَجَمِنِ ٱلْرَجِهِ

رَبِ اشْرَحْ لِنْ صَدْرِيْ 0 وَيَسِتَرْ لِنْ امْرِيْ 0 وَ احْلُنْ عُقْدَةً مِّنْ لِّسَانِيْ ( يَفْقَهُوْ اقَوْلِيْ (

اے میرے رب! میرا سینہ کھول دے اور میرے لیے میرا کام آسان کر دے اور میری زبان کی گرہ کھول دے تا کہ لوگ میری بات سمجھ سکیں

رَّبٍّ زِدْنِي عِلْمًا

My Lord! Increase me in knowledge.

## FST-407. L # 16. FOOD SAFETY SYSTEMS-II

# FS & FSSS AIMS

- Food safety is defined as the provision of safe, nutritious and wholesome food to the masses.
- It provides the assurance that food will not cause any harm / hazard to the consumer when it is prepared or eaten according to its intended use.
- The basic aim of any food safety system is to protect the food from possible contamination and especially the consumer from toxicity, diseases or ailments caused due to the intake of unsafe food.
- Keeping customers and employees safe will help to make the industry a better location to work in and a place where customers will willingly return.

12/3/2020

# **FAO/WHO GUIDES: FSSS**

 According to FAO/WHO, food control / safety system is the **mandatory regulatory activity** of **en**forcement by **national and local authorities to provide consumer** protection and ensure that all foods during production, handling, storage, processing and distribution are safe, wholesome and fit for human **consumption; conform** to **safety** and quality requirements and are **hon**estly and **acc**urately **la**belled as prescribed by law. 12/3/2020 FST- 407. VII (SS+PPP) - Dr. Shahid Mahmood Rana 17

# FAO/WHO TARGET: FSSS

• There are several quality systems in vogue to achieve

the targets set by FAO/WHO. These include Total

Quality management (TQM), Good Manufacturing

Practices (GMP), Hazard Analysis and Critical Control

Point (HACCP), and Food Safety Management System

(FSMS-ISO 22000:2005).

# **ETHINIC FOODS : FSSS**

- For ethnic foods, a number of certification systems have emerged, among which Kosher and Halal Food Certification deal with foods consumed by Jews and Muslims, respectively.
- The primary mandate of all these systems is to provide the consumer with food which is safe and according to his desires.

لَاللَّهِ ٱلْآَجَمِنِ ٱلْرَجِهِ

رَبَ اشْرَحْ لِيْ صَدْرِيْ ( وَيَسِتَرْ لِيْ اَمْرِيْ ) وَ احْلُنْ عُقْدَةً مِّنْ لِّسَانِيْ ( يَفْقَهُوْ اقَوْلِيْ (

اے میرے رب! میرا سینہ کھول دے اور میرے لیے میرا کام آسان کر دے اور میری زبان کی گرہ کھول دے تا کہ لوگ میری بات سمجھ سکیں

رَّبٍّ زِدْنِي عِلْمًا

My Lord! Increase me in knowledge.

# FST-407. L # 17. TOTAL QUALITY MANAGEMENT

TQM

## **TOTAL QUALITY MANAGEMENT**

- TOTAL QUALITY MANAGEMENT (TQM) IS A SET OF MANAGEMENT PRACTICES OR APPROACH THROUGHOUT THE ORGANIZATION, GEARED TO ENSURE THAT THE ORGANIZATION CONSISTENTLY MEETS TO CUSTOMER REQUIREMENTS.
- IT PLACES STRONG FOCUS ON PROCESS MEASUREMENT AND CONTROLS AS MEANS OF CONTINUOUS IMPROVEMENT.

## **TOTAL QUALITY MANAGEMENT**

- TQM IMPROVES THE QUALITY BY ENSURING CONFORMANCE TO INTERNAL REQUIREMENTS.
- THE MAIN DRIVING FORCE OF TQM IS LONG TERM SUCCESS THROUGH CUSTOMER SATISFACTION.
- TQM IS OFTEN ASSOCIATED WITH THE DEVELOPMENT,
  DEPLOYMENT AND MAINTENANCE OF
  ORGANIZATIONAL SYSTEMS THAT ARE REQUIRED FOR
  VARIOUS BUSINESS PROCESSES.

## **TOTAL QUALITY MANAGEMENT**

- THE BASIS OF TQM IS TO MINIMIZE THE ERRORS OCCURRING DURING THE MANUFACTURING OR SERVICE PROCESS, INCREASE CUSTOMER SATISFACTION, STREAMLINE SUPPLY CHAIN MANAGEMENT, MODERNIZE THE EQUIPMENT AND ENSURE JOB ORIENTED TRAINING.
- IN A TQM EFFORT, ALL MEMBERS OF THE ORGANIZATION PARTICIPATE IN IMPROVING PROCESSES, PRODUCTS, SERVICES AND THE CULTURE IN WHICH THEY WORK.
- ONE OF THE PRINCIPAL AIMS OF TQM IS TO LIMIT ERRORS TO 1 PER 1 MILLION UNITS PRODUCED.

لَاللَّهِ ٱلْآَجَمِنِ ٱلْرَجِهِ

رَبِ اشْرَحْ لِنْ صَدْرِيْ 0 وَيَسِتَرْ لِنْ امْرِيْ 0 وَ احْلُنْ عُقْدَةً مِّنْ لِّسَانِيْ ( يَفْقَهُوْ اقَوْلِيْ (

اے میرے رب! میرا سینہ کھول دے اور میرے لیے میرا کام آسان کر دے اور میری زبان کی گرہ کھول دے تا کہ لوگ میری بات سمجھ سکیں

رَّبٍّ زِدْنِي عِلْمًا

My Lord! Increase me in knowledge.

# FST-407. L # 18. GOOD MANUFACTURING PRACTICES

# GMP

# **GOOD MANUFACTURING PRACTICES**

- Good manufacturing practice (GMP) is a quality system designed to ensure production of good quality products in a clean and safe environment.
- Quality, in a nutshell, relates to consumer satisfaction.
- This system is composed of guidelines that outline different aspects of production and testing which can have an impact on the quality of a product.

# **GOOD MANUFACTURING PRACTICES**

Good manufacturing practices lie at the heart of quality and comprise a variety of practices that include:

- Quality assurance of raw materials
- Record keeping of all materials throughout the manufacturing process
- Standards for cleanliness and safety
- Qualifications of manufacturing personnel
- In-house testing
- Production and process controls
- Warehousing and distribution.

## **GOOD MANUFACTURING PRACTICES**

- Thus GMP involves basic guidelines starting from receiving of raw materials till the final production and also the recall traceability procedures.
- These guidelines are a series of general principles that must be observed during manufacturing.
- When a company is setting up its quality program and manufacturing process, there may be many ways it can fulfil GMP requirements.
- It is the company's responsibility to determine the most effective and efficient quality process.

لَمَ لَكَهِ ٱلْآَجَمَٰ: ٱلْرَجِ

رَبِ اشْرَحْ لِنْ صَدْرِيْ 0 وَيَسِتَرْ لِنْ امْرِيْ 0 وَ احْلُنْ عُقْدَةً مِّنْ لِّسَانِيْ ( يَفْقَهُوْ اقَوْلِيْ (

اے میرے رب! میرا سینہ کھول دے اور میرے لیے میرا کام آسان کر دے اور میری زبان کی گرہ کھول دے تا کہ لوگ میری بات سمجھ سکیں

رَّبٍّ زِدْنِي عِلْمًا

My Lord! Increase me in knowledge.

# FST-407. L # 19. HAZARD ANALYSIS CRITICAL CONTROL POINTS

# HACCP

## HAZARD ANALYSIS CRITICAL CONTROL POINTS

- Hazard analysis critical control points (HACCP) is a concept that has its origin in the US Army and NASA.
- The idea behind the HACCP approach is to develop a plan that anticipates and identifies places in the production process known as critical control points (CCPs) where contaminants might be introduced or other food safety concerns can be identified.
- Where critical limits are exceeded corrective action must be taken and documented.

## HAZARD ANALYSIS CRITICAL CONTROL POINTS

- HACCP comprises of **Seven basic Principles**
- 1. Analyze hazards
- 2. Identify critical control points
- **3. Establish preventive measures with critical limits for** each control point
- Establish procedures to monitor the critical control points
- 5. Establish corrective actions to be taken when monitoring shows that a critical limit has not been met
- 6. Establish verification procedures
- 7. Establish effective record keeping to document the HACCP system

لَمَ لَكَهِ ٱلْآَجَمَٰ: ٱلْرَجِ

رَبِ اشْرَحْ لِنْ صَدْرِيْ 0 وَيَسِتَرْ لِنْ امْرِيْ 0 وَ احْلُنْ عُقْدَةً مِّنْ لِّسَانِيْ ( يَفْقَهُوْ اقَوْلِيْ (

اے میرے رب! میرا سینہ کھول دے اور میرے لیے میرا کام آسان کر دے اور میری زبان کی گرہ کھول دے تا کہ لوگ میری بات سمجھ سکیں

رَّبٍّ زِدْنِي عِلْمًا

My Lord! Increase me in knowledge.

#### FST-407. L # 20. FSMS ISO 22000:2005

- Food Safety System (HACCP) and Food Quality System (ISO-9001) were amalgamated to form a new system i.e. Food Safety Management System (ISO-22000).
- This system specifies requirements for a Food Safety Management System where an organization in the food chain needs to demonstrate its ability to control food safety hazards to ensure that food is safe at the time of human consumption.

- It is applicable to all organizations, regardless of size, which are involved in any aspect of the food chain and wish to implement systems that consistently provide safe products.
- The means of meeting any requirements of ISO-22000 can be accomplished through the use of internal and/or external resources.

ISO-22000 specifies requirements to enable an organization to:

- Plan, implement, operate, maintain and update a food safety management system aimed at providing products that, according to their intended use, are SAFE for the consumer.
- Demonstrate compliance with applicable statutory and regulatory food safety requirements.
- Evaluate and assess customer requirements and demonstrate conformity with those mutually agreed customer requirements that relate to food safety, in order to enhance customer satisfaction.

- Effectively communicate food safety issues to their suppliers, customers and relevant interested parties in the food chain.
- Ensure that the organization conforms to its stated food safety policy.
- Demonstrate such conformity to relevant interested parties.
- Seek certification or registration of its food safety management system by an external organization, or make a self-assessment or self-declaration of conformity to ISO 22000.

# FST-407.L # 21. HALAL FOOD CERTIFICATION

- Halal Food Certification is basically not a safety surveillance system per se, but it is a system by which foods are certified based on the Islamic Injunctions.
- Muslims have been ORDERED to eat only Halal (Lawful, Permissible) foods and refrain from

the Haram (Unlawful, Prohibited).

- The Halal or Lawful animals are all those that have split hooves and masticate the cud (ruminants).
- These include cows, buffaloes, camels, llama, deer, and the like.
- Halal birds are poultry, duck, turkey, quail and similar species.
- As far as foods of water origin are concerned, according to "Sunnih" school of thought, all fish are lawful, while the "Asna Ashria" ('Shia') school of thought consider only fish with fins and scales are lawful

- Another requirement for Halal is that all land animals and birds must be slaughtered in specific manner that ensures complete bleeding.
- From amongst foods of plant origin, all plants that nourish and do not cause harm to the human body are permitted.
- All intoxicants are prohibited in Islam

- On the other hand, the UNLAWFUL animals are all those that either do not have split hooves, or do not chew the cud.
- This includes pork, carnivorous animals, etc.
- Birds of prey are not permissible in Islam.
- Moreover, all reptiles, amphibians and poisonous animals are UNLAWFUL.
- Thus snakes, lizards, frogs, crocodiles and similar animals are not permitted in Islam.

- Another requirement for a food to be HALAL is its being "TAYYAB" or CLEAN.
- This ensures that the food produced for the Muslims must be clean and without any health hazards.
- Halal food certification involves procedures that whatever food is being processed in a facility meets the Islamic injunctions.
- The HALAL certification body receives information on the ingredients and processes from the applicant company.
- It then analyses this information and determines whether any unlawful ingredient is being used or not.

- If the certification body is satisfied that the ingredients are LAWFUL then it sends its Audit Inspector(s) to visit the facility.
- The equipment, the process and the premises are inspected that there is no contamination especially, from any non-halal source.
- The Audit Inspectors also ensure that the company is following all the hygienic principles for the production of SAFE or 'TAYYAB' food.
- Once satisfied, a certificate is issued to the company for the specific products.

- Halal certificate is an authority that the particular industry is following the Islamic Principles and is producing HALAL and SAFE foods for the specifically for Muslims or any one
- It is, in fact, a Safety Certificate as well and non-Muslim consumers also attracted.