**UNIVERSITY OF SARGODHA**

**DEPARTMENT OFPSYCHOLOGY**

COURSE OUTLINE Fall 2020

Course Tittle: Psychopathology

Course Code: BS-VII, PSYC-6119

Credit Hours: 3

Instructor: Anila Afzal

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DESCRIPTION& OBJECTIVES

1. To identify and compare several theories about the causes of abnormal behavior.
2. To discuss the ethical and legal considerations associated with abnormal behavior
3. To demonstrate an organized and coherent knowledge of selected psychological problems informed by reading and discussion.

READINGS

1. American Psychological Association (2010). Publication Mannual of APA (6th ed.). Washington DC: APA.
2. Ronald J. Comer & Jonathan, S. Comer (2018). Abnormal Psychology (10th Ed.). MacMillan, Higher Education.

Recommended Readings

1. Whitbourne, S. K. (2017). LooseLeaf for Abnormal Psychology: Clinical Perspectives on Psychological Disorders (8th Edition). Mcgraw Hill Education.
2. Whitbourne, S. K. & Halgin, R. (2013). *Abnormal Psychology: Clinical Perspectives on*
3. *Psychological Disorders (7th edition)*. HSSL.
4. Butcher, J. N., Mineka, S. & Hooley, J. M. (2017). Abnormal Psychology (15th Ed.). Pearson India.

CONTENTS

1. Introduction and basic concept of Psychopathology
2. Introduction and basic concept of Psychopathology
3. Different Diagnosis and Etiological Factor described in DSM-V
4. Neurodevelopmental Disorders
5. Schizophrenia Spectrum and Other Psychotic Disorders
6. Bipolar and Related Disorders
7. Depressive Disorders
8. Anxiety Disorders
9. Obsessive-Compulsive and Related Disorders
10. Trauma- and Stressor-Related Disorders
11. Dissociative Disorders, Somatic Symptom and Related Disorders
12. Feeding and Eating Disorders
13. Elimination Disorders
14. Sleep-Wake Disorders
15. Sexual Dysfunctions
16. Gender Dysphoria
17. Disruptive, Impulse-Control, and Conduct Disorders
18. Substance-Related and Addictive Disorders
19. Neurocognitive Disorders
20. Personality Disorders
21. Paraphilic Disorders

COURSE SCHEDULE

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| --- | --- | --- |
| Week  | Topics and Readings, Give Reading No from your list of readings above and its Page Nos. relevant to the topic(s) covered each week | Dates  |
| 1. | Introduction and basic concept of Psychopathology, Different Diagnosis and Etiological Factor described in DSM-V, Personality disorders and suicide  |  |
| 2. | Bipolar and depressive disorder, Anxiety disorder |  |
| 3. | Trauma- and Stressor-Related Disorders |  |
| 4. | Sexual Dysfunctions and Gender Dysphoria |  |
| 5. | Disruptive, Impulse-Control, and Conduct Disorders Schizophrenia Spectrum and Other Psychotic Disorders |  |
| 6. | Feeding and Eating Disorders, Elimination Disorders |  |
| 7. | Dissociative Disorders |  |
| 8. | Substance-Related and Addictive Disorders |  |
| 9. | **Mid Term Week** |  |
| 10. | Sleep-Wake Disorders |  |
| 11. | Obsessive compulsive and related disorder  |  |
| 12. | Neurocognitive disorders  |  |
| 13. | Paraphilic Disorders |  |
| 14. | Somatic Symptom and Related Disorders |  |
| 15. | Presentations Sessional test  |  |
| 16. | Presentations  |  |

RESEARCH PROJECT

Students are required to design and conduct a workshop or seminar on any aspect of abnormal psychology

ASSESSMENT CRITERIA

Write here the distribution of marks. You can choose any or all from below for the purpose.

Sessional: 20

Project: 10

Presentation: 10

Midterm: 30

Final term: 50

RULES AND REGULATIONS

Zero tolerance on decided date and timing of assignment, presentation, test

Learning Outcomes

At the end of semester students will be able

1. To review signs and symptoms of selected psychological problems
2. To critically analyze the presumed causes, assessment, implications and management of selected psychological problems
3. To consider the impact of these psychological problems on the individual and the wider social context.
4. To demonstrate an ability to critically analyze research literature in areas of psychology relevant to these topics
5. To Provide examples of the applied implications of existing research on the topics covered to domains where psychologists work