At very low dilution rates, an increase in D causes a rise in both cell density and the growth rate. This is because of the effect of nutrient concentration on the growth rate, sometimes called the Monod relationship (figure 6.7b). Only a limited supply of nutrient is available at low dilution rates. Much of the available energy must be used for cell maintenance, not for growth and reproduction. As the dilution rate increases, the amount of nutrients and the resulting cell density rise because energy is available for both maintenance and reproduction. The growth rate increases when the total available energy exceeds the maintenance energy.

The Turbidostat

The second type of continuous culture system, the **turbidostat**, has a photocell that measures the absorbance or turbidity of the culture in the growth vessel. The flow rate of media through the vessel is automatically regulated to maintain a predetermined turbidity or cell density. The turbidostat differs from the chemostat in several ways. The dilution rate in a turbidostat varies rather than remaining constant, and its culture medium contains all nutrients in excess. That is, none of the nutrients is limiting. The turbidostat operates best at high dilution rates; the chemostat is most stable and effective at lower dilution rates.

Continuous culture systems are very useful because they provide a constant supply of cells in exponential phase and growing at a known rate. They make possible the study of microbial growth at very low nutrient levels, concentrations close to those present in natural environments. These systems are essential for research in many areas—for example, in studies on interactions between microbial species under environmental conditions resembling those in a freshwater lake or pond. Continuous systems also are used in food and industrial microbiology (chapters 40 and 41, respectively).

- 1. How does an open system differ from a closed culture system or batch culture?
- 2. Describe how the two different kinds of continuous culture systems, the chemostat and turbidostat, operate.
- 3. What is the dilution rate? What is maintenance energy?
- 4. How is the rate of growth of a microbial population controlled in a chemostat? In a turbidostat?

6.5 THE INFLUENCE OF ENVIRONMENTAL FACTORS ON GROWTH

As we have seen, microorganisms must be able to respond to variations in nutrient levels, and particularly to nutrient limitation. The growth of microorganisms also is greatly affected by the chemical and physical nature of their surroundings. An understanding of environmental influences aids in the control of microbial growth and the study of the ecological distribution of microorganisms.

The ability of some microorganisms to adapt to extreme and inhospitable environments is truly remarkable. Procaryotes are present anywhere life can exist. Many habitats in which procaryotes thrive would kill most other organisms. Procaryotes such as *Bacillus infernus* are even able to live over 1.5 miles below the Earth's surface, without oxygen and at temperatures above 60° C. Microorganisms that grow in such harsh conditions are often called **extremophiles**.

In this section we shall briefly review how some of the most important environmental factors affect microbial growth. Major emphasis will be given to solutes and water activity, pH, temperature, oxygen level, pressure, and radiation. Table 6.3 summarizes the way in which microorganisms are categorized in terms of their response to these factors. It is important to note that for most environmental factors, a range of levels supports growth of a microbe. For example, a microbe might exhibit optimum growth at pH 7, but will grow, though not optimally, at pH values down to pH 6 (its pH minimum) and up to pH 8 (its pH maximum). Furthermore, outside this range, the microbe might cease reproducing but will remain viable for some time. Clearly, each microbe must possess adaptations that allow it to adjust its physiology within its preferred range, and it may also have adaptations that protect it in environments outside this range. These adaptations will also be discussed in this section.

Solutes and Water Activity

Because a selectively permeable plasma membrane separates microorganisms from their environment, they can be affected by changes in the osmotic concentration of their surroundings. If a microorganism is placed in a hypotonic solution (one with a lower osmotic concentration), water will enter the cell and cause it to burst unless something is done to prevent the influx. Conversely if it is placed in a hypertonic solution (one with a higher osmotic concentration), water will flow out of the cell. In microbes that have cell walls (i.e., most procaryotes, fungi, and algae), the membrane shrinks away from the cell wall—a process called **plasmolysis**. Dehydration of the cell in hypertonic environments may damage the cell membrane and cause the cell to become metabolically inactive.

It is important, then, that microbes be able to respond to changes in the osmotic concentrations of their environment. For instance, microbes in hypotonic environments can reduce the osmotic concentration of their cytoplasm. This can be achieved by the use of inclusion bodies. Some bacteria and archaea also have mechanosensitive (MS) channels in their plasma membrane. In a hypotonic environment, the membrane stretches due to an increase in hydrostatic pressure and cellular swelling. MS channels then open and allow solutes to leave. Thus they can act as escape valves to protect cells from bursting. Since many protists do not have a cell wall, they must use contractile vacuoles (see figures 25.5 and 25.17b) to expel excess water. Many microorganisms, whether in hypotonic or hypertonic environments, keep the osmotic concentration of their protoplasm somewhat above that of the habitat by the use of compatible solutes, so that the plasma membrane is always pressed firmly against their cell wall. Compatible solutes are solutes that do not interfere with metabolism and growth when at high intracellular concentrations. Most procaryotes increase their

Table 6.3	Microbial I	robial Responses to Environmental Factors					
Descriptive Term		Definition	Representative Microorganisms				
Solute and Water Activity							
Osmotolerant		Able to grow over wide ranges of water activity or osmotic concentration	Staphylococcus aureus, Saccharomyces rouxii				
Halophile		Requires high levels of sodium chloride, usually above about 0.2 M, to grow	Halobacterium, Dunaliella, Ectothiorhodospira				
pН							
Acidophile		Growth optimum between pH 0 and 5.5	Sulfolobus, Picrophilus, Ferroplasma, Acontium, Cyanidium caldarium				
Neutrophile		Growth optimum between pH 5.5 and 8.0	Escherichia, Euglena, Paramecium				
Alkalophile		Growth optimum between pH 8.0 and 11.5	Bacillus alcalophilus, Natronobacterium				
Temperatur							
Psychrophile		Grows well at 0°C and has an optimum growth temperature of 15°C or lower	Bacillus psychrophilus, Chlamydomonas nivalis				
Psychrotroph		Can grow at 0–7°C; has an optimum between 20 and 30°C and a maximum around 35°C	Listeria monocytogenes, Pseudomonas fluorescens				
Mesophile		Has growth optimum around 20–45°C	Escherichia coli, Neisseria gonorrhoeae, Trichomonas vaginalis				
Thermophile		Can grow at 55°C or higher; optimum often between 55 and 65°C	Geobacillus stearothermophilus, Thermus aquaticus, Cyanidium caldarium, Chaetomium thermophile				
Hyperthermophile		Has an optimum between 80 and about 113°C	Sulfolobus, Pyrococcus, Pyrodictium				
Oxygen Con	centration						
Obligate aerobe		Completely dependent on atmospheric O ₂ for growth	Micrococcus luteus, Pseudomonas, Mycobacterium; most protists and fungi				
Facultative anaerobe		Does not require O_2 for growth, but grows better in its presence	Escherichia, Enterococcus, Saccharomyces cerevisiae				
Aerotolerant	anaerobe	Grows equally well in presence or absence of O_2	Streptococcus pyogenes				
Obligate anaerobe		Does not tolerate O_2 and dies in its presence	Clostridium, Bacteroides, Methanobacterium, Trepomonas agilis				
Microaerophile		Requires O ₂ levels below 2–10% for growth and is damaged by atmospheric O ₂ levels (20%)	Campylobacter, Spirillum volutans, Treponema pallidum				
Pressure Barophilic		Growth more rapid at high hydrostatic pressures	Photobacterium profundum, Shewanella benthica, Methanocaldococcus jannaschii				

internal osmotic concentration in a hypertonic environment through the synthesis or uptake of choline, betaine, proline, glutamic acid, and other amino acids; elevated levels of potassium ions are also involved to some extent. Photosynthetic protists and fungi employ sucrose and polyols—for example, arabitol, glycerol, and mannitol—for the same purpose. Polyols and amino acids are ideal solutes for this function because they normally do not disrupt enzyme structure and function. The cytoplasmic matrix: Inclusion bodies (section 3.3)

Some microbes are adapted to extreme hypertonic environments. **Halophiles** grow optimally in the presence of NaCl or other salts at a concentration above about 0.2 M (**figure 6.18**). Extreme halophiles have adapted so completely to hypertonic, saline conditions that they require high levels of sodium chloride to grow—concentrations between about 2 M and saturation (about 6.2 M). The archaeon *Halobacterium* can be isolated from the

Dead Sea (a salt lake between Israel and Jordan and the lowest lake in the world), the Great Salt Lake in Utah, and other aquatic habitats with salt concentrations approaching saturation. Halobacterium and other extremely halophilic procaryotes accumulate enormous quantities of potassium in order to remain hypertonic to their environment; the internal potassium concentration may reach 4 to 7 M. Furthermore, their enzymes, ribosomes, and transport proteins require high potassium levels for stability and activity. In addition, the plasma membrane and cell wall of Halobacterium are stabilized by high concentrations of sodium ion. If the sodium concentration decreases too much, the wall and plasma membrane disintegrate. Extreme halophiles have successfully adapted to environmental conditions that would destroy most organisms. In the process they have become so specialized that they have lost ecological flexibility and can prosper only in a few extreme habitats. Phylum Euryarchaeota: The Halobacteria (section 20.3)

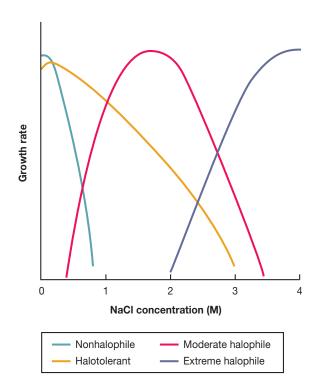


Figure 6.18 The Effects of Sodium Chloride on Microbial **Growth.** Four different patterns of microbial dependence on NaCl concentration are depicted. The curves are only illustrative and are not meant to provide precise shapes or salt concentrations required for growth.

Because the osmotic concentration of a habitat has such profound effects on microorganisms, it is useful to be able to express quantitatively the degree of water availability. Microbiologists generally use **water activity** (\mathbf{a}_w) for this purpose (water availability also may be expressed as water potential, which is related to \mathbf{a}_w). The water activity of a solution is 1/100 the relative humidity of the solution (when expressed as a percent). It is also equivalent to the ratio of the solution's vapor pressure (P_{soln}) to that of pure water (P_{water}).

$$\mathbf{a}_{\mathrm{w}} = \frac{P_{\mathrm{soln}}}{P_{\mathrm{water}}}$$

The water activity of a solution or solid can be determined by sealing it in a chamber and measuring the relative humidity after the system has come to equilibrium. Suppose after a sample is treated in this way, the air above it is 95% saturated—that is, the air contains 95% of the moisture it would have when equilibrated at the same temperature with a sample of pure water. The relative humidity would be 95% and the sample's water activity, 0.95. Water activity is inversely related to osmotic pressure; if a solution has high osmotic pressure, it's a_w is low.

Microorganisms differ greatly in their ability to adapt to habitats with low water activity (**table 6.4**). A microorganism must expend extra effort to grow in a habitat with a low a_w value because it must maintain a high internal solute concentration to retain water. Some microorganisms can do this and are **osmotolerant**; they will grow over wide ranges of water activity or osmotic concentration. For example, *Staphylococcus aureus* is halotolerant (figure 6.18) and can be cultured in media containing sodium chloride concentration up to about 3 M. It is well adapted for growth on the skin. The yeast *Saccharomyces rouxii* will grow in sugar solutions with a_w values as low as 0.6. The photosynthetic protist *Dunaliella viridis* tolerates sodium chloride concentrations from 1.7 M to a saturated solution.

Although a few microorganisms are truly osmotolerant, most only grow well at water activities around 0.98 (the approximate a_w for seawater) or higher. This is why drying food or adding large quantities of salt and sugar is so effective in preventing food spoilage. As table 6.4 shows, many fungi are osmotolerant and thus particularly important in the spoilage of salted or dried foods. Controlling food spoilage (section 40.3)

- 1. How do microorganisms adapt to hypotonic and hypertonic environments? What is plasmolysis?
- 2. Define water activity and briefly describe how it can be determined.
- 3. Why is it difficult for microorganisms to grow at low a_w values?
- 4. What are halophiles and why does *Halobacterium* require sodium and potassium ions?

pН

pH is a measure of the hydrogen ion activity of a solution and is defined as the negative logarithm of the hydrogen ion concentration (expressed in terms of molarity).

$$pH = -\log [H^+] = \log(1/[H^+])$$

The pH scale extends from pH 0.0 (1.0 M H⁺) to pH 14.0 (1.0×10^{-14} M H⁺), and each pH unit represents a tenfold change in hydrogen ion concentration. **Figure 6.19** shows that the habitats in which microorganisms grow vary widely—from pH 0 to 2 at the acidic end to alkaline lakes and soil that may have pH values between 9 and 10.

It is not surprising that pH dramatically affects microbial growth. Each species has a definite pH growth range and pH growth optimum. **Acidophiles** have their growth optimum between pH 0 and 5.5; **neutrophiles**, between pH 5.5 and 8.0; and **alkalophiles** prefer the pH range of 8.0 to 11.5. Extreme alkalophiles have growth optima at pH 10 or higher. In general, different microbial groups have characteristic pH preferences. Most bacteria and protists are neutrophiles. Most fungi prefer more acidic surroundings, about pH 4 to 6; photosynthetic protists also seem to favor slight acidity. Many archaea are acidophiles. For example, the archaeon *Sulfolobus acidocaldarius* is a common inhabitant of acidic hot springs; it grows well around pH 1 to 3 and at high temperatures. The archaea *Ferroplasma acidarmanus* and *Picrophilus oshimae* can actually grow at pH 0, or very close to it.

Although microorganisms will often grow over wide ranges of pH and far from their optima, there are limits to their tolerance.

Water Activity	Environment	Procaryotes	Fungi	Photosynthetic protists
1.00—Pure water	Blood { Vegetables, Plant wilt { meat, fruit Seawater	Most gram-negative bacteria and other nonhalophiles		
0.95	Bread	Most gram-positive rods	Basidiomycetes	Most genera
0.90	Ham	Most cocci, Bacillus	<i>Fusarium Mucor, Rhizopus</i> Ascomycetous yeasts	
0.85	Salami	Staphylococcus	Saccharomyces rouxii (in salt)	
0.80	Preserves		Penicillium	
0.75	Salt lakes Salted fish	Halobacterium Actinospora	Aspergillus	Dunaliella
0.70	Cereals, candy, dried fruit		Aspergillus	
0.60	Chocolate Honey Dried milk		Saccharomyces rouxii (in sugars) Xeromyces bisporus	
0.55—DNA disordered				

Drastic variations in cytoplasmic pH can harm microorganisms by disrupting the plasma membrane or inhibiting the activity of enzymes and membrane transport proteins. Most procaryotes die if the internal pH drops much below 5.0 to 5.5. Changes in the external pH also might alter the ionization of nutrient molecules and thus reduce their availability to the organism.

Microorganisms respond to external pH changes using mechanisms that maintain a neutral cytoplasmic pH. Several mechanisms for adjusting to small changes in external pH have been proposed. The plasma membrane is impermeable to protons. Neutrophiles appear to exchange potassium for protons using an antiport transport system. Extreme alkalophiles like Bacillus alcalophilus maintain their internal pH closer to neutrality by exchanging internal sodium ions for external protons. Internal buffering also may contribute to pH homeostasis. However, if the external pH becomes too acidic, other mechanisms come into play. When the pH drops below about 5.5 to 6.0, Salmonella enterica serovar Typhimurium and E. coli synthesize an array of new proteins as part of what has been called their acidic tolerance response. A proton-translocating ATPase contributes to this protective response, either by making more ATP or by pumping protons out of the cell. If the external pH decreases to 4.5 or lower, chaperone proteins such as acid shock proteins and heat shock proteins are synthesized. These prevent the acid denaturation of proteins and aid in the refolding of denatured proteins. Uptake of nutrients by the cell (section 5.6); Translation: Protein folding and molecular chaperones (section 11.8)

Microorganisms frequently change the pH of their own habitat by producing acidic or basic metabolic waste products. Fermentative microorganisms form organic acids from carbohydrates, whereas chemolithotrophs like *Thiobacillus* oxidize reduced sulfur components to sulfuric acid. Other microorganisms make their environment more alkaline by generating ammonia through amino acid degradation. Fermentation (section 9.7); Chemolithotrophy (section 9.11)

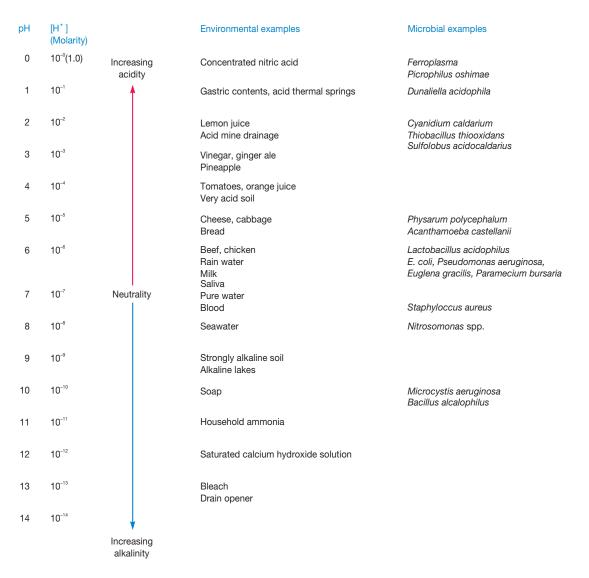
Because microorganisms change the pH of their surroundings, buffers often are included in media to prevent growth inhibition by large pH changes. Phosphate is a commonly used buffer and a good example of buffering by a weak acid $(H_2PO_4^{-})$ and its conjugate base $(HPO_4^{2^{-}})$.

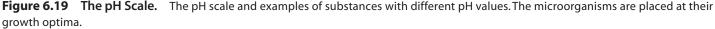
$$\begin{array}{l} H^{+} + HPO_{4}{}^{2-} \longrightarrow H_{2}PO_{4}{}^{-} \\ \\ OH^{-} + H_{2}PO_{4}{}^{-} \longrightarrow HPO_{4}{}^{2-} + HOH \end{array}$$

If protons are added to the mixture, they combine with the salt form to yield a weak acid. An increase in alkalinity is resisted because the weak acid will neutralize hydroxyl ions through proton donation to give water. Peptides and amino acids in complex media also have a strong buffering effect.

1. Define pH, acidophile, neutrophile, and alkalophile.

^{2.} Classify each of the following organisms as an alkalophile, a neutrophile, or an acidophile: *Staphylococcus aureus, Microcycstis aeruginosa, Sulfolobus acidocal- darius,* and *Pseudomonas aeruginosa.* Which might be pathogens? Explain your choices.





- 3. Describe the mechanisms microbes use to maintain a neutral pH. Explain how extreme pH values might harm microbes.
- 4. How do microorganisms change the pH of their environment? How does the microbiologist minimize this effect when culturing microbes in the lab?

Temperature

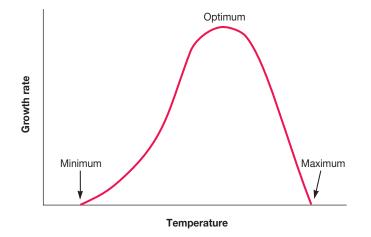
Environmental temperature profoundly affects microorganisms, like all other organisms. Indeed, microorganisms are particularly susceptible because their temperature varies with that of the external environment. A most important factor influencing the effect of temperature on growth is the temperature sensitivity of enzyme-catalyzed reactions. Each enzyme has a temperature at which it functions optimally (*see figure 8.19b*). At some temperature below the optimum, it ceases to be catalytic. As the temperature rises from this low temperature, the rate of catalysis increases to that observed for the optimal temperature. The ve-

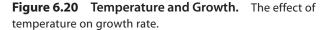
locity of the reaction will roughly double for every 10°C rise in temperature. When all enzymes in a microbe are considered together, as the rate of each reaction increases, metabolism as a whole becomes more active, and the microorganism grows faster. However, beyond a certain point, further increases actually slow growth, and sufficiently high temperatures are lethal. High temperatures damage microorganisms by denaturing enzymes, transport carriers, and other proteins. Temperature also has a significant effect on microbial membranes. At very low temperatures, membranes solidify. At high temperatures, the lipid bilayer simply melts and disintegrates. In summary, when organisms are above their optimum temperature, both function and cell structure are affected. If temperatures are very low, function is affected but not necessarily cell chemical composition and structure.

Because of these opposing temperature influences, microbial growth has a fairly characteristic temperature dependence with distinct **cardinal temperatures**—minimum, optimum, and max-

Temperature Ranges for Microbial Growth

Table 6.5





imum growth temperatures (**figure 6.20**). Although the shape of the temperature dependence curve can vary, the temperature optimum is always closer to the maximum than to the minimum. The cardinal temperatures for a particular species are not rigidly fixed but often depend to some extent on other environmental factors such as pH and the available nutrients. For example, *Crithidia fasciculate*, a flagellated protist living in the gut of mosquitoes, will grow in a simple medium at 22 to 27°C. However, it cannot be cultured at 33 to 34°C without the addition of extra metals, amino acids, vitamins, and lipids.

The cardinal temperatures vary greatly between microorganisms (table 6.5). Optima usually range from 0°C to 75°C, whereas microbial growth occurs at temperatures extending from less than -20° C to over 120°C. Some archaea can even grow at 121°C (250°F), the temperature normally used in autoclaves (Microbial **Diversity and Ecology 6.1**). The major factor determining this growth range seems to be water. Even at the most extreme temperatures, microorganisms need liquid water to grow. The growth temperature range for a particular microorganism usually spans about 30 degrees. Some species (e.g., Neisseria gonorrhoeae) have a small range; others, like Enterococcus faecalis, will grow over a wide range of temperatures. The major microbial groups differ from one another regarding their maximum growth temperatures. The upper limit for protists is around 50°C. Some fungi can grow at temperatures as high as 55 to 60°C. Procaryotes can grow at much higher temperatures than eucaryotes. It has been suggested that eucaryotes are not able to manufacture organellar membranes that are stable and functional at temperatures above 60°C. The photosynthetic apparatus also appears to be relatively unstable because photosynthetic organisms are not found growing at very high temperatures.

Microorganisms such as those listed in table 6.5 can be placed in one of five classes based on their temperature ranges for growth (**figure 6.21**).

1. **Psychrophiles** grow well at 0°C and have an optimum growth temperature of 15°C or lower; the maximum is around

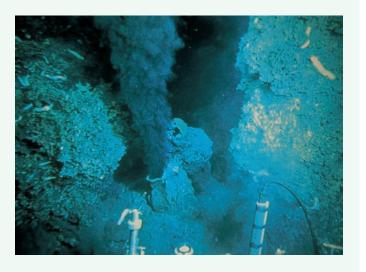
		Cardinal Temperatures (°C)						
Microorganism		Minimum	Optimum	Maximum				
Nonphotosynthetic Procaryotes								
Bacillus psychrophilus		-10	23–24	28-30				
Micrococcus cryophilus		-4	10	24				
Pseudomona	s fluorescens	4	25-30	40				
Staphylococc	Staphylococcus aureus		30–37	46				
Enterococcus	Enterococcus caecalis		37	44				
Escherichia d	coli	10	37	45				
Neisseria gor	Neisseria gonorrhoeae		35-36	38				
Thermoplasn	Thermoplasma acidophilum		59	62				
Bacillus stearothermophilus		30	60–65	75				
Thermus aqu	Thermus aquaticus		70–72	79				
Sulfolobus ac	Sulfolobus acidocaldarius		80	85				
Pyrococcus a	Pyrococcus abyssi		96	102				
Pyrodictium	Pyrodictium occultum		105	110				
Pyrolobus fur	marii	0	106	113				
Photosynthe	tic Bacteria							
Rhodospirillı	Rhodospirillum rubrum		30–35	ND				
Anabaena va	Anabaena variabilis		35	ND				
Oscillatoria i	Oscillatoria tenuis		ND	45–47				
Synechococci	Synechococcus eximius		79	84				
Protists								
Chlamydomonas nivalis		-36	0	4				
Fragilaria sublinearis		-2	5–6	8–9				
Amoeba proteus		4–6	22	35				
Euglena gracilis		ND	23	ND				
Skeletonema	Skeletonema costatum		16-26	>28				
Naegleria fov	Naegleria fowleri		35	40				
Trichomonas	Trichomonas vaginalis		32–39	42				
Paramecium	Paramecium caudatum		25	28-30				
Tetrahymena	Tetrahymena pyriformis		20-25	33				
Cyclidium cit	Cyclidium citrullus		43	47				
Cyanidium caldarium		30-34	45-50	56				
Fungi								
Candida scotti		0	4–15	15				
Saccharomyces cerevisiae		1–3	28	40				
Mucor pusille	Mucor pusillus		45–50	50–58				
^a ND, no data.								

10°C. They are readily isolated from Arctic and Antarctic habitats; because 90% of the ocean is 5°C or colder, it constitutes an enormous habitat for psychrophiles. The psychrophilic protist *Chlamydomonas nivalis* can actually turn a snowfield or glacier pink with its bright red spores. Psychrophiles are widespread among bacterial taxa and are found in such genera as *Pseudomonas, Vibrio, Alcaligenes, Bacillus, Arthrobacter,*

Microbial Diversity & Ecology 6.1 Life above 100°C

Until recently the highest reported temperature for procaryotic growth was 105°C. It seemed that the upper temperature limit for life was about 100°C, the boiling point of water. Now thermophilic procaryotes have been reported growing in sulfide chimneys or "black smokers," located along rifts and ridges on the ocean floor, that spew sulfide-rich super-heated vent water with temperatures above 350°C (see **Box figure**). Evidence has been presented that these microbes can grow and reproduce at 121°C and can survive temperatures to 130°C for up to 2 hours. The pressure present in their habitat is sufficient to keep water liquid (at 265 atm; seawater doesn't boil until 460°C).

The implications of this discovery are many. The proteins, membranes, and nucleic acids of these procaryotes are remarkably temperature stable and provide ideal subjects for studying the ways in which macromolecules and membranes are stabilized. In the future it may be possible to design enzymes that can operate at very high temperatures. Some thermostable enzymes from these organisms have important industrial and scientific uses. For example, the Taq polymerase from the thermophile *Thermus aquaticus* is used extensively in the polymerase chain reaction. The polymerase chain reaction (section 14.3)



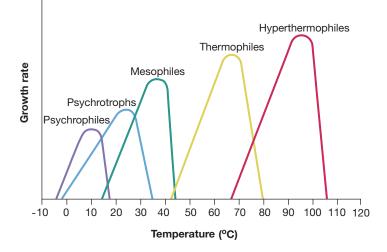


 Figure 6.21
 Temperature Ranges for Microbial Growth.

Microorganisms can be placed in different classes based on their temperature ranges for growth. They are ranked in order of increasing growth temperature range as psychrophiles, psychrotrophs, mesophiles, thermophiles, and hyperthermophiles. Representative ranges and optima for these five types are illustrated here.

Moritella, Photobacterium, and *Shewanella*. A psychrophilic archaeon, *Methanogenium,* has been isolated from Ace Lake in Antarctica. Psychrophilic microorganisms have adapted to their environment in several ways. Their enzymes, transport systems, and protein synthetic mechanisms function well at

low temperatures. The cell membranes of psychrophilic microorganisms have high levels of unsaturated fatty acids and remain semifluid when cold. Indeed, many psychrophiles begin to leak cellular constituents at temperatures higher than 20°C because of cell membrane disruption.

- 2. Many species can grow at 0 to 7°C even though they have optima between 20 and 30°C, and maxima at about 35°C. These are called **psychrotrophs** or **facultative psychrophiles.** Psychrotrophic bacteria and fungi are major factors in the spoilage of refrigerated foods as described in chapter 40.
- 3. Mesophiles are microorganisms with growth optima around 20 to 45°C; they often have a temperature minimum of 15 to 20°C. Their maximum is about 45°C or lower. Most microorganisms probably fall within this category. Almost all human pathogens are mesophiles, as might be expected because their environment is a fairly constant 37°C.
- 4. Some microorganisms are **thermophiles;** they can grow at temperatures of 55°C or higher. Their growth minimum is usually around 45°C and they often have optima between 55 and 65°C. The vast majority are procaryotes although a few photosynthetic protists and fungi are thermophilic (table 6.5). These organisms flourish in many habitats including composts, self-heating hay stacks, hot water lines, and hot springs.

Thermophiles differ from mesophiles in many ways. They have more heat-stable enzymes and protein synthesis systems, which function properly at high temperatures. These proteins are stable for a variety of reasons. Heat-stable proteins have highly organized, hydrophobic interiors; more hydrogen bonds and other noncovalent bonds strengthen the structure. Larger quantities of amino acids such as proline also make the polypeptide chain less flexible. In addition, the proteins are stabilized and aided in folding by special chaperone proteins. There is evidence that in thermophilic bacteria, DNA is stabilized by special histonelike proteins. Their membrane lipids are also quite temperature stable. They tend to be more saturated, more branched, and of higher molecular weight. This increases the melting points of membrane lipids. Archaeal thermophiles have membrane lipids with ether linkages, which protect the lipids from hydrolysis at high temperatures. Sometimes archaeal lipids actually span the membrane to form a rigid, stable monolayer. Proteins (appendix I); Procaryotic cell membranes (section 3.2)

- 5. As mentioned previously, a few thermophiles can grow at 90°C or above and some have maxima above 100°C. Procaryotes that have growth optima between 80°C and about 113°C are called **hyperthermophiles.** They usually do not grow well below 55°C. *Pyrococcus abyssi* and *Pyrodictium occultum* are examples of marine hyperthermophiles found in hot areas of the seafloor.
- 1. What are cardinal temperatures?
- 2. Why does the growth rate rise with increasing temperature and then fall again at higher temperatures?
- Define psychrophile, psychrotroph, mesophile, thermophile, and hyperthermophile.
- 4. What metabolic and structural adaptations for extreme temperatures do psychrophiles and thermophiles have?

Oxygen Concentration

The importance of oxygen to the growth of an organism correlates with its metabolism—in particular, with the processes it uses to conserve the energy supplied by its energy source. Almost all energyconserving metabolic processes involve the movement of electrons through an electron transport system. For chemotrophs, an externally supplied terminal electron acceptor is critical to the functioning of the electron transport system. The nature of the terminal electron acceptor is related to an organism's oxygen requirement.

An organism able to grow in the presence of atmospheric O_2 is an **aerobe**, whereas one that can grow in its absence is an **anaer**obe. Almost all multicellular organisms are completely dependent on atmospheric O₂ for growth—that is, they are **obligate aerobes** (table 6.3). Oxygen serves as the terminal electron acceptor for the electron-transport chain in aerobic respiration. In addition, aerobic eucaryotes employ O_2 in the synthesis of sterols and unsaturated fatty acids. Facultative anaerobes do not require O₂ for growth but grow better in its presence. In the presence of oxygen they use aerobic respiration. Aerotolerant anaerobes such as Enterococcus *faecalis* simply ignore O_2 and grow equally well whether it is present or not. In contrast, strict or obligate anaerobes (e.g., Clostridium Bacteroides, Fusobacterium, pasteurianum, Methanococcus, Neocallimastix) do not tolerate O₂ at all and die in its presence. Aerotolerant and strict anaerobes cannot generate energy through aerobic respiration and must employ fermentation or anaerobic respiration for this purpose. Finally, there are aerobes such as Campylobacter, called microaerophiles, that are damaged by the normal atmospheric level of O_2 (20%) and require O_2 levels below the range of 2 to 10% for growth. The nature of bacterial O_2 responses can be readily determined by growing the bacteria in culture tubes filled with a solid culture medium or a special medium like thioglycollate broth, which contains a reducing agent to lower O₂ levels (figure 6.22). Oxidation-reduction reactions, electron carriers, and electron transport systems (section 8.6); Aerobic respiration (section 9.2); Anaerobic respiration (section 9.6); Fermentation (section 9.7)

A microbial group may show more than one type of relationship to O_2 . All five types are found among the procaryotes and protozoa. Fungi are normally aerobic, but a number of species—particularly among the yeasts—are facultative anaerobes. Photosynthetic protists are almost always obligate aerobes. It should be noted that the ability to grow in both oxic and anoxic environments provides considerable flexibility and is an ecological advantage.

Although obligate anaerobes are killed by O_2 , they may be recovered from habitats that appear to be oxic. In such cases they associate with facultative anaerobes that use up the available O_2 and thus make the growth of strict anaerobes possible. For example, the strict anaerobe *Bacteroides gingivalis* lives in the mouth where it grows in the anoxic crevices around the teeth.

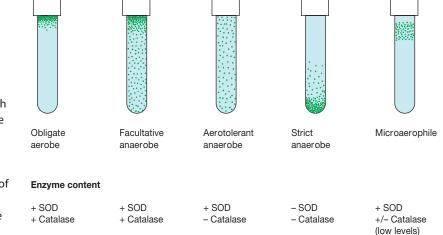


Figure 6.22 Oxygen and Bacterial Growth. Each dot represents an individual bacterial colony within the agar or on its surface. The surface, which is directly exposed to atmospheric oxygen, will be oxic. The oxygen content of the medium decreases with depth until the medium becomes anoxic toward the bottom of the tube. The presence and absence of the enzymes superoxide dismutase (SOD) and catalase for each type are shown.

These different relationships with O_2 are due to several factors, including the inactivation of proteins and the effect of toxic O_2 derivatives. Enzymes can be inactivated when sensitive groups like sulfhydryls are oxidized. A notable example is the nitrogen-fixation enzyme nitrogenase, which is very oxygen sensitive. Synthesis of amino acids: Nitrogen assimilation (section 10.5)

Oxygen accepts electrons and is readily reduced because its two outer orbital electrons are unpaired. Flavoproteins, which function in electron transport, several other cell constituents, and radiation promote oxygen reduction. The result is usually some combination of the reduction products **superoxide radical**, hydrogen peroxide, and hydroxyl radical.

 $O_2 = e^- \rightarrow O_2^{-}$ (superoxide radical) $O_2^{-} + e^- + 2H^+ \rightarrow H_2O_2$ (hydrogen peroxide) $H_2O_2 + e^- + H^+ \rightarrow H_2O + OH^{-}$ (hydroxyl radical)

These products of oxygen reduction are extremely toxic because they oxidize and rapidly destroy cellular constituents. A microorganism must be able to protect itself against such oxygen products or it will be killed. Indeed, neutrophils and macrophages, two important immune system cells, use these toxic oxygen products to destroy invading pathogens. Phagocytosis (section 31.3)

Many microorganisms possess enzymes that afford protection against toxic O_2 products (figure 6.22). Obligate aerobes and facultative anaerobes usually contain the enzymes **superoxide dismutase (SOD)** and **catalase**, which catalyze the destruction of superoxide radical and hydrogen peroxide, respectively. Peroxidase also can be used to destroy hydrogen peroxide.

$$2O_2 \bullet + 2H^+ \xrightarrow{superoxide dismutase} O_2 + H_2O_2$$
$$2H_2O_2 \xrightarrow{catalase} 2H_2O + O_2$$
$$H_2O_2 + NADH + H^+ \xrightarrow{peroxidase} 2H_2O + NAD^+$$

Aerotolerant microorganisms may lack catalase but almost always have superoxide dismutase. The aerotolerant *Lactobacillus plantarum* uses manganous ions instead of superoxide dismutase to destroy the superoxide radical. All strict anaerobes lack both enzymes or have them in very low concentrations and therefore cannot tolerate O_2 .

Because aerobes need O_2 and anaerobes are killed by it, radically different approaches must be used when growing the two types of microorganisms. When large volumes of aerobic microorganisms are cultured, either the culture vessel is shaken to aerate the medium or sterile air must be pumped through the culture vessel. Precisely the opposite problem arises with anaerobes; all O_2 must be excluded. This can be accomplished in several ways. (1) Special anaerobic media containing reducing agents such as thioglycollate or cysteine may be used. The medium is boiled during preparation to dissolve its components; boiling also drives off oxygen very effectively. The reducing agents will eliminate any dissolved O_2 remaining within the medium so that anaerobes can grow beneath its surface. (2) Oxygen also may be eliminated from an anaerobic system by removing air with a vacuum pump and



Figure 6.23 An Anaerobic Work Chamber and Incubator. This anaerobic system contains an oxygen-free work area and an incubator. The interchange compartment on the right of the work area allows materials to be transferred inside without exposing the interior to oxygen. The anaerobic atmosphere is maintained largely with a vacuum pump and nitrogen purges. The remaining oxygen is removed by a palladium catalyst and hydrogen. The oxygen reacts with hydrogen to form water, which is absorbed by desiccant.

flushing out residual O_2 with nitrogen gas (figure 6.23). Often CO_2 as well as nitrogen is added to the chamber since many anaerobes require a small amount of CO_2 for best growth. (3) One of the most popular ways of culturing small numbers of anaerobes is by use of a GasPak jar (figure 6.24). In this procedure the environment is made anoxic by using hydrogen and a palladium catalyst to remove O2 through the formation of water. The reducing agents in anaerobic agar also remove oxygen, as mentioned previously. (4) Plastic bags or pouches make convenient containers when only a few samples are to be incubated anaerobically. These have a catalyst and calcium carbonate to produce an anoxic, carbon-dioxide-rich atmosphere. A special solution is added to the pouch's reagent compartment; petri dishes or other containers are placed in the pouch; it then is clamped shut and placed in an incubator. A laboratory may make use of all these techniques since each is best suited for different purposes.

- 1. Describe the five types of O_2 relationships seen in microorganisms.
- 2. How do chemotrophic aerobes use 0₂?
- 3. What are the toxic effects of 0₂? How do aerobes and other oxygen-tolerant microbes protect themselves from these effects?
- 4. Describe four ways in which anaerobes may be cultured.

Pressure

Organisms that spend their lives on land or on the surface of water are always subjected to a pressure of 1 atmosphere (atm), and are never affected significantly by pressure. Yet many procaryotes live in the deep sea (ocean of 1,000 m or more in depth)

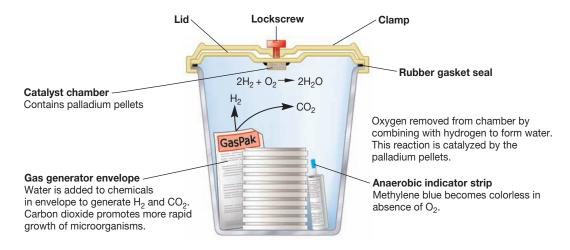


Figure 6.24 The GasPak Anaerobic System. Hydrogen and carbon dioxide are generated by a GasPak envelope. The palladium catalyst in the chamber lid catalyzes the formation of water from hydrogen and oxygen, thereby removing oxygen from the sealed chamber.

where the hydrostatic pressure can reach 600 to 1,100 atm and the temperature is about 2 to 3°C. Many of these procaryotes are **baro-tolerant:** increased pressure adversely affects them but not as much as it does nontolerant microbes. Some procaryotes in the gut of deep-sea invertebrates such as amphipods (shrimplike crustaceans) and holothurians (sea cucumbers) are truly **barophilic**—they grow more rapidly at high pressures. These microbes may play an important role in nutrient recycling in the deep sea. A barophile recovered from the Mariana trench near the Philippines (depth about 10,500 m) is actually unable to grow at pressures below about 400 to 500 atm when incubated at 2°C. Thus far, barophiles have been found among several bacterial genera (e.g., *Photobacterium, Shewanella, Colwellia*). Some archaea are thermobarophiles (e.g., *Pyrococcus* spp., *Methanocaldococcus jannaschii*). Microorganisms in marine environments (section 28.3)

Radiation

Our world is bombarded with electromagnetic radiation of various types (**figure 6.25**). This radiation often behaves as if it were composed of waves moving through space like waves traveling on the surface of water. The distance between two wave crests or troughs is the wavelength. As the wavelength of electromagnetic radiation decreases, the energy of the radiation increases—gamma rays and X rays are much more energetic than visible light or infrared waves. Electromagnetic radiation also acts like a stream of energy packets called photons, each photon having a quantum of energy whose value will depend on the wavelength of the radiation.

Sunlight is the major source of radiation on the Earth. It includes visible light, ultraviolet (UV) radiation, infrared rays, and radio waves. Visible light is a most conspicuous and important aspect of our environment: most life is dependent on the ability of photosynthetic organisms to trap the light energy of the sun. Almost 60% of the sun's radiation is in the infrared region rather than the visible portion of the spectrum. Infrared is the major source of the Earth's heat. At sea level, one finds very little ultraviolet radiation below about 290 to 300 nm. UV radiation of

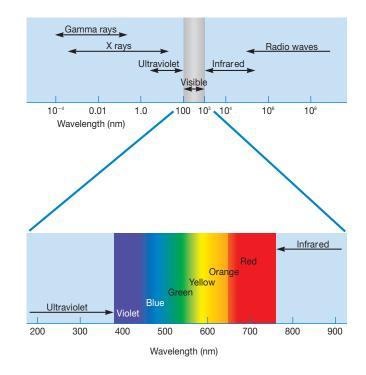


Figure 6.25 The Electromagnetic Spectrum. A portion of the spectrum is expanded at the bottom of the figure.

wavelengths shorter than 287 nm is absorbed by O_2 in the Earth's atmosphere; this process forms a layer of ozone between 25 and 30 miles above the Earth's surface. The ozone layer then absorbs somewhat longer UV rays and reforms O_2 . The fairly even distribution of sunlight throughout the visible spectrum accounts for the fact that sunlight is generally "white." Photorophy (section 9.12)

Many forms of electromagnetic radiation are very harmful to microorganisms. This is particularly true of **ionizing radiation**, radiation of very short wavelength and high energy, which can cause atoms to lose electrons (ionize). Two major forms of ionizing radiation are (1) X rays, which are artificially produced, and (2) gamma rays, which are emitted during radioisotope decay. Low levels of ionizing radiation will produce mutations and may indirectly result in death, whereas higher levels are directly lethal. Although microorganisms are more resistant to ionizing radiation than larger organisms, they will still be destroyed by a sufficiently large dose. Ionizing radiation can be used to sterilize items. Some procaryotes (e.g., *Deinococcus radiodurans*) and bacterial endospores can survive large doses of ionizing radiation. The use of physical methods in control: Radiation (section 7.4); *Deinococcus-Thermus* (section 21.2)

A variety of changes in cells are due to ionizing radiation; it breaks hydrogen bonds, oxidizes double bonds, destroys ring structures, and polymerizes some molecules. Oxygen enhances these destructive effects, probably through the generation of hydroxyl radicals (OH·). Although many types of constituents can be affected, it is reasonable to suppose that destruction of DNA is the most important cause of death.

Ultraviolet (UV) radiation can kill all kinds of microorganisms due to its short wavelength (approximately from 10 to 400 nm) and high energy. The most lethal UV radiation has a wavelength of 260 nm, the wavelength most effectively absorbed by DNA. The primary mechanism of UV damage is the formation of thymine dimers in DNA. Two adjacent thymines in a DNA strand are covalently joined to inhibit DNA replication and function. Microbes are protected from shorter wavelengths of UV light because they are absorbed by oxygen, as described previously. The damage caused by UV light that reaches Earth's surface can be repaired by several DNA repair mechanisms, which are discussed in chapter 13. Excessive exposure to UV light outstrips the organism's ability to repair the damage and death results. Longer wavelengths of UV light (near-UV radiation; 325 to 400 nm) are not absorbed by oxygen and so reach the Earth's surface. They can also harm microorganisms because they induce the breakdown of tryptophan to toxic photoproducts. It appears that these toxic tryptophan photoproducts plus the near-UV radiation itself produce breaks in DNA strands. The precise mechanism is not known, although it is different from that seen with 260 nm UV. Mutations and their chemical basis (section 13.1)

Visible light is immensely beneficial because it is the source of energy for photosynthesis. Yet even visible light, when present in sufficient intensity, can damage or kill microbial cells. Usually pigments called photosensitizers and O_2 are required. All microorganisms possess pigments like chlorophyll, bacteriochlorophyll, cytochromes, and flavins, which can absorb light energy, become excited or activated, and act as photosensitizers. The excited photosensitizer (P) transfers its energy to O_2 generating **singlet oxygen** (1O_2).

$$P \xrightarrow{\text{light}} P \text{ (activated)}$$
$$P \text{ (activated)} + O_2 \xrightarrow{} P + {}^1O_2$$

Singlet oxygen is a very reactive, powerful oxidizing agent that will quickly destroy a cell. It is probably the major agent employed by phagocytes to destroy engulfed bacteria. Phagocytosis (section 31.3)

Many microorganisms that are airborne or live on exposed surfaces use carotenoid pigments for protection against photooxidation. Carotenoids effectively quench singlet oxygen—that is, they absorb energy from singlet oxygen and convert it back into the unexcited ground state. Both photosynthetic and nonphotosynthetic microorganisms employ pigments in this way.

- 1. What are barotolerant and barophilic bacteria? Where would you expect to find them?
- 2. List the types of electromagnetic radiation in the order of decreasing energy or increasing wavelength.
- 3. Why is it so important that the Earth receives an adequate supply of sunlight? What is the importance of ozone formation?
- 4. How do ionizing radiation, ultraviolet radiation, and visible light harm microorganisms? How do microorganisms protect themselves against damage from UV and visible light?

6.6 MICROBIAL GROWTH IN NATURAL ENVIRONMENTS

Section 6.5 surveys the effects on microbial growth of individual environmental factors such as water availability, pH, and temperature. Although microbial ecology is introduced in more detail in chapters 27 to 30, we now briefly consider the effect of the environment as a whole on microbial growth.

Growth Limitation by Environmental Factors

The microbial environment is complex and constantly changing. It often contains low nutrient concentrations (oligotrophic environment) and exposes microbes to many overlapping gradients of nutrients and other environmental factors. The growth of microorganisms depends on both the nutrient supply and their tolerance of the environmental conditions present in their habitat at any particular time. Two laws clarify this dependence. Liebig's law of the minimum states that the total biomass of an organism will be determined by the nutrient present in the lowest concentration relative to the organism's requirements. This law applies in both the laboratory (figure 6.7) and in terrestrial and aquatic environments. An increase in a limiting essential nutrient such as phosphate will result in an increase in the microbial population until some other nutrient becomes limiting. If a specific nutrient is limiting, changes in other nutrients will have no effect. Shelford's law of tolerance states that there are limits to environmental factors below and above which a microorganism cannot survive and grow, regardless of the nutrient supply. This can readily be seen for temperature as shown in figure 6.21. Each microorganism has a specific temperature range in which it can grow. The same rule applies to other factors such as pH, oxygen level, and hydrostatic pressure in the marine environment. Inhibitory substances in the environment can also limit microbial growth. For instance, rapid, unlimited growth ensues if a microorganism is exposed to excess nutrients. Such growth quickly depletes nutrients and often results in the release of toxic products. Both nutrient depletion and the toxic products limit further growth. Another example is seen with microbes growing in nutrient-poor or oligotrophic environments, where the growth of microbes can be directly inhibited by a variety of natural substances including phenolics, tannins, ammonia, ethylene, and volatile sulfur compounds.