In terms of safety factor the orbit shift can be written

$$
\begin{equation*}
|\Delta|=r_{L \theta} \frac{r}{R}=r_{L \phi} \frac{B_{\phi} r}{B_{\theta} R}=r_{L} q_{s} \tag{2.76}
\end{equation*}
$$

(assuming $B_{\phi} \gg B_{\theta}$ ).

### 2.6 The Mirror Effect of Parallel Field Gradients: $\mathrm{E}=$ $0, \nabla B \| \mathbf{B}$



Figure 2.13: Basis of parallel mirror force
In the above situation there is a net force along $\mathbf{B}$.
Force is

$$
\begin{align*}
<F_{\|}> & =-|q \mathbf{v} \wedge \mathbf{B}| \sin \alpha=-|q| v_{\perp} B \sin \alpha  \tag{2.77}\\
\sin \alpha & =\frac{-B_{r}}{B} \tag{2.78}
\end{align*}
$$

Calculate $B_{r}$ as function of $B_{z}$ from $\nabla . \mathbf{B}=0$.

$$
\begin{equation*}
\nabla \cdot \mathbf{B}=\frac{1}{r} \frac{\partial}{\partial r}\left(r B_{r}\right)+\frac{\partial}{\partial z} B_{z}=0 . \tag{2.79}
\end{equation*}
$$

Hence

$$
\begin{equation*}
r B_{r}=-\int r \frac{\partial B_{z}}{\partial z} d r \tag{2.80}
\end{equation*}
$$

Suppose $r_{L}$ is small enough that $\frac{\partial B_{z}}{\partial z} \simeq$ const.

$$
\begin{equation*}
\left[r B_{r}\right]_{0}^{r_{L}} \simeq \int_{0}^{r_{L}} r d r \frac{\partial B_{z}}{\partial z}=-\frac{1}{2} r_{L}^{2} \frac{\partial B_{z}}{\partial z} \tag{2.81}
\end{equation*}
$$

So

$$
\begin{gather*}
B_{r}\left(r_{L}\right)=-\frac{1}{2} r_{L} \frac{\partial B_{z}}{\partial z}  \tag{2.82}\\
\sin \alpha=-\frac{B_{r}}{B}=+\frac{r_{L}}{2} \frac{1}{2} \frac{\partial B_{z}}{\partial z} \tag{2.83}
\end{gather*}
$$

Hence

$$
\begin{equation*}
<F_{\|}>=-|q| \frac{v_{\perp} r_{L}}{2} \frac{\partial B_{z}}{\partial z}=-\frac{\frac{1}{2} m v_{\perp}^{2}}{B} \frac{\partial B_{z}}{\partial z} \tag{2.84}
\end{equation*}
$$

As particle enters increasing field region it experiences a net parallel retarding force.
Define Magnetic Moment

$$
\begin{equation*}
\mu \equiv \frac{1}{2} m v_{\perp}^{2} / B \tag{2.85}
\end{equation*}
$$

Note this is consistent with loop current definition

$$
\begin{equation*}
\mu=A I=\pi r_{L}^{2} \cdot \frac{|q| v_{\perp}}{2 \pi r_{L}}=\frac{|q| r_{L} v_{\perp}}{2} \tag{2.86}
\end{equation*}
$$

Force is $F_{\|}=\mu . \nabla_{\|} \mathbf{B}$
This is force on a 'magnetic dipole' of moment $\mu$.

$$
\begin{equation*}
F_{\|}=\mu \cdot \nabla_{\|} \mathbf{B} \tag{2.87}
\end{equation*}
$$

Our $\mu$ always points along $\mathbf{B}$ but in opposite direction.

### 2.6.1 Force on an Elementary Magnetic Moment Circuit

Consider a plane rectangular circuit carrying current I having elementary area $d x d y=d A$. Regard this as a vector pointing in the $\mathbf{z}$ direction $\mathbf{d A}$. The force on this circuit in a field $\mathbf{B}(\mathbf{r})$ is $\mathbf{F}$ such that

$$
\begin{align*}
F_{x} & =\operatorname{Idy}\left[B_{z}(x+d x)-B_{z}(x)\right]=\operatorname{Idydx} \frac{\partial B_{z}}{\partial x}  \tag{2.88}\\
F_{y} & =-I d x\left[B_{z}(y+d y)-B_{z}(y)\right]=\operatorname{Idydx} \frac{\partial B_{z}}{\partial y}  \tag{2.89}\\
F_{z} & =-I d x\left[B_{y}(y+d y)-B_{y}(y)\right]-I d y\left[B_{x}(x+d x)-B_{x}(x)\right]  \tag{2.90}\\
& =-I d x d y\left[\frac{\partial B_{x}}{\partial x}+\frac{\partial B_{y}}{\partial y}\right]=I d y d x \frac{\partial B_{z}}{\partial z} \tag{2.91}
\end{align*}
$$

(Using $\nabla . \mathbf{B}=0$ ).
Hence, summarizing: $\mathbf{F}=I d y d x \nabla B_{z}$. Now define $\mu=I \mathbf{d A}=I d y d x \hat{\mathbf{z}}$ and take it constant. Then clearly the force can be written

$$
\begin{equation*}
\mathbf{F}=\nabla(\mathbf{B} \cdot \mu) \quad[\text { Strictly }=(\nabla \mathbf{B}) \cdot \mu] \tag{2.92}
\end{equation*}
$$

$\mu$ is the (vector) magnetic moment of the circuit.
The shape of the circuit does not matter since any circuit can be considered to be composed of the sum of many rectangular circuits. So in general

$$
\begin{equation*}
\mu=I \mathbf{d A} \tag{2.93}
\end{equation*}
$$

and force is

$$
\begin{equation*}
\mathbf{F}=\nabla(\mathbf{B} \cdot \mu) \quad(\mu \text { constant }) \tag{2.94}
\end{equation*}
$$

We shall show in a moment that $|\mu|$ is constant for a circulating particle, regard as an elementary circuit. Also, $\mu$ for a particle always points in the - $\mathbf{B}$ direction. [Note that this means that the effect of particles on the field is to decrease it.] Hence the force may be written

$$
\begin{equation*}
\mathbf{F}=-\mu \nabla B \tag{2.95}
\end{equation*}
$$

This gives us both:

- Magnetic Mirror Force:

$$
\begin{equation*}
F_{\|}=-\mu \nabla_{\|} B \tag{2.96}
\end{equation*}
$$

and

- Grad B Drift:

$$
\begin{equation*}
\mathbf{v}_{\nabla B}=\frac{1}{q} \frac{\mathbf{F} \wedge \mathbf{B}}{B^{2}}=\frac{\mu}{q} \frac{\mathbf{B} \wedge \nabla B}{B^{2}} . \tag{2.97}
\end{equation*}
$$

### 2.6.2 $\mu$ is a constant of the motion

'Adiabatic Invariant'

## Proof from $F_{\|}$

Parallel equation of motion

$$
\begin{equation*}
m \frac{d v_{\|}}{d t}=F_{\|}=-\mu \frac{d B}{d z} \tag{2.98}
\end{equation*}
$$

So

$$
\begin{equation*}
m v_{\|} \frac{d v_{\|}}{d t}=\frac{d}{d t}\left(\frac{1}{2} m v_{\|}^{2}\right)=-\mu v_{z} \frac{d B}{d z}=-\mu \frac{d B}{d t} \tag{2.99}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{d}{d t}\left(\frac{1}{2} m v_{\|}^{2}\right)+\mu \frac{d B}{d t}=0 \tag{2.100}
\end{equation*}
$$

Conservation of Total KE

$$
\begin{align*}
& \frac{d}{d t}\left(\frac{1}{2} m v_{\|}^{2}+\frac{1}{2} m v_{\perp}^{2}\right)=0  \tag{2.101}\\
= & \frac{d}{d t}\left(\frac{1}{2} m v_{\|}^{2}+\mu B\right)=0 \tag{2.102}
\end{align*}
$$

Combine

$$
\begin{array}{ll} 
& \frac{d}{d t}(\mu B)-\mu \frac{d B}{d t}=0 \\
=\frac{d \mu}{d t}=0 \quad & \text { As required } \tag{2.104}
\end{array}
$$

## Angular Momentum

of particle about the guiding center is

$$
\begin{align*}
r_{L} m v_{\perp} & =\frac{m v_{\perp}}{|q| B} m v_{\perp}=\frac{2 m}{|q|} \frac{\frac{1}{2} m v_{\perp}^{2}}{B}  \tag{2.105}\\
& =\frac{2 m}{|q|} \mu . \tag{2.106}
\end{align*}
$$

Conservation of magnetic moment is basically conservation of angular momentum about the guiding center.

## Proof direct from Angular Momentum

Consider angular momentum about G.C. Because $\theta$ is ignorable (locally) Canonical angular momentum is conserved.

$$
\begin{equation*}
p=[\mathbf{r} \wedge(m \mathbf{v}+q \mathbf{A})]_{z} \quad \text { conserved. } \tag{2.107}
\end{equation*}
$$

Here $\mathbf{A}$ is the vector potential such that $\mathbf{B}=\nabla \wedge \mathbf{A}$ the definition of the vector potential means that

$$
\begin{align*}
B_{z} & =\frac{1}{r} \frac{\left.\partial\left(r A_{\theta}\right)\right)}{\partial r}  \tag{2.108}\\
\Rightarrow r_{L} A_{\theta}\left(r_{L}\right) & =\int_{0}^{r_{L}} r \cdot B_{z} d r=\frac{r_{L}^{2}}{2} B_{z}=\frac{\mu m}{|q|} \tag{2.109}
\end{align*}
$$

Hence

$$
\begin{array}{rlr}
p & =\frac{-q}{|q|} r_{L} v_{\perp} m+q \frac{m \mu}{|q|} \\
& =\quad-\frac{q}{|q|} m \mu . \tag{2.111}
\end{array}
$$

So $\mathrm{p}=\mathrm{const} \leftrightarrow \mu=$ constant.
Conservation of $\mu$ is basically conservation of angular momentum of particle about G.C.

### 2.6.3 Mirror Trapping

$F_{\|}$may be enough to reflect particles back. But may not!
Let's calculate whether it will:
Suppose reflection occurs.
At reflection point $v_{\| r}=0$.
Energy conservation

$$
\begin{equation*}
\frac{1}{2} m\left(v_{\perp 0}^{2}+v_{\| 0}^{2}\right)=\frac{1}{2} m v_{\perp r}^{2} \tag{2.112}
\end{equation*}
$$



Figure 2.14: Magnetic Mirror
$\mu$ conservation

$$
\begin{equation*}
\frac{\frac{1}{2} m v_{\perp 0}^{2}}{B_{0}}=\frac{\frac{1}{2} m v_{\perp r}^{2}}{B_{r}} \tag{2.113}
\end{equation*}
$$

Hence

$$
\begin{align*}
v_{\perp 0}^{2}+v_{\| 0}^{2} & =\frac{B_{r}}{B_{0}} v_{\perp 0}^{2}  \tag{2.114}\\
\frac{B_{0}}{B_{r}} & =\frac{v_{\perp 0}^{2}}{v_{\perp 0}^{2}+v_{\| o}^{2}} \tag{2.115}
\end{align*}
$$

### 2.6.4 Pitch Angle $\theta$

$$
\begin{align*}
\tan \theta & =\frac{v_{\perp}}{v_{\|}}  \tag{2.116}\\
\frac{B_{0}}{B_{r}} & =\frac{v_{\perp 0}^{2}}{v_{\perp 0}^{2}+v_{\| 0}^{2}}=\sin ^{2} \theta_{0} \tag{2.117}
\end{align*}
$$

So, given a pitch angle $\theta_{0}$, reflection takes place where $B_{0} / B_{r}=\sin ^{2} \theta_{0}$.
If $\theta_{0}$ is too small no reflection can occur.
Critical angle $\theta_{c}$ is obviously

$$
\begin{equation*}
\theta_{c}=\sin ^{-1}\left(B_{0} / B_{1}\right)^{\frac{1}{2}} \tag{2.118}
\end{equation*}
$$

Loss Cone is all $\theta<\theta_{c}$.
Importance of Mirror Ratio: $R_{m}=B_{1} / B_{0}$.

### 2.6.5 Other Features of Mirror Motions

Flux enclosed by gyro orbit is constant.

$$
\begin{equation*}
\Phi=\pi r_{L}^{2} B=\frac{\pi m^{2} v_{\perp}^{2}}{q^{2} B^{2}} B \tag{2.119}
\end{equation*}
$$



Figure 2.15: Critical angle $\theta_{c}$ divides velocity space into a loss-cone and a region of mirrortrapping

$$
\begin{align*}
& =\frac{2 \pi m}{q^{2}} \frac{\frac{1}{2} m v_{\perp}^{2}}{B}  \tag{2.120}\\
& =\frac{2 \pi m}{q^{2}} \mu=\text { constant. } \tag{2.121}
\end{align*}
$$

Note that if $B$ changes 'suddenly' $\mu$ might not be conserved.


Figure 2.16: Flux tube described by orbit

Basic requirement

$$
\begin{equation*}
r_{L} \ll B /|\nabla B| \tag{2.122}
\end{equation*}
$$

Slow variation of $B$ (relative to $\left.r_{L}\right)$.

### 2.7 Time Varying $B$ Field (E inductive)

Particle can gain energy from the inductive $\mathbf{E}$ field

$$
\begin{align*}
\nabla \wedge \mathbf{E} & =-\frac{\partial \mathbf{B}}{\partial t}  \tag{2.123}\\
\text { or } \oint \mathbf{E} . \mathbf{d l} & =-\int_{s} \dot{\mathbf{B}} \cdot \mathbf{d s}=-\frac{d \Phi}{d t} \tag{2.124}
\end{align*}
$$

Hence work done on particle in 1 revolution is

$$
\begin{equation*}
\delta w=-\oint|q| \mathbf{E} \cdot \mathbf{d} \ell=+|q| \int_{s} \dot{\mathbf{B}} \cdot \mathbf{d s}=+|q| \frac{d \Phi}{d t}=|q| \dot{B} \pi r_{L}^{2} \tag{2.125}
\end{equation*}
$$



Figure 2.17: Particle orbits round $\mathbf{B}$ so as to perform a line integral of the Electric field ( $\mathbf{d} \ell$ and $\mathbf{v}_{\perp q}$ are in opposition directions).

$$
\begin{align*}
\delta\left(\frac{1}{2} m v_{\perp}^{2}\right) & =|q| \dot{B} \pi r_{L}^{2}=\frac{2 \pi \dot{B} m}{|q| B} \frac{\frac{1}{2} m v_{\perp}^{2}}{B}  \tag{2.126}\\
& =\frac{2 \pi \dot{B}}{|\Omega|} \mu \tag{2.127}
\end{align*}
$$

Hence

$$
\begin{equation*}
\frac{d}{d t}\left(\frac{1}{2} m v_{\perp}^{2}\right)=\frac{|\Omega|}{2 \pi} \delta\left(\frac{1}{2} m v_{\perp}^{2}\right)=\mu \frac{d b}{d t} \tag{2.128}
\end{equation*}
$$

but also

$$
\begin{equation*}
\frac{d}{d t}\left(\frac{1}{2} m v_{\perp}^{2}\right)=\frac{d}{d t}(\mu B) \tag{2.129}
\end{equation*}
$$

Hence

$$
\begin{equation*}
\frac{d \mu}{d t}=0 \tag{2.130}
\end{equation*}
$$

Notice that since $\Phi=\frac{2 \pi m}{q^{2}} \mu$, this is just another way of saying that the flux through the gyro orbit is conserved.
Notice also energy increase. Method of 'heating'. Adiabatic Compression.

### 2.8 Time Varying E-field (E, B uniform)

Recall the $\mathbf{E} \wedge \mathbf{B}$ drift:

$$
\begin{equation*}
\mathbf{v}_{E \wedge B}=\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}} \tag{2.131}
\end{equation*}
$$

when $E$ varies so does $\mathbf{v}_{E \wedge B}$. Thus the guiding centre experiences an acceleration

$$
\begin{equation*}
\dot{\mathbf{v}}_{E \wedge B}=\frac{d}{d t}\left(\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}}\right) \tag{2.132}
\end{equation*}
$$

In the frame of the guiding centre which is accelerating, a force is felt.

$$
\begin{equation*}
\mathbf{F}_{a}=-m \frac{d}{d t}\left(\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}}\right) \quad \text { (Pushed back into seat! - ve.) } \tag{2.133}
\end{equation*}
$$

This force produces another drift

$$
\begin{align*}
\mathbf{v}_{D} & =\frac{1}{q} \frac{\mathbf{F}_{a} \wedge \mathbf{B}}{B^{2}}=\frac{m}{q B^{2}} \frac{d}{d t}\left(\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}}\right) \wedge \mathbf{B}  \tag{2.134}\\
& =-\frac{m}{q B} \frac{d}{d t}\left((\mathbf{E} . \mathbf{B}) \mathbf{B}-B^{2} \mathbf{E}\right)  \tag{2.135}\\
& =\frac{m}{q B^{2}} \dot{\mathbf{E}}_{\perp} \tag{2.136}
\end{align*}
$$

This is called the 'polarization drift'.

$$
\begin{align*}
\mathbf{v}_{D}=\mathbf{v}_{E \wedge B} & +\mathbf{v}_{p}=\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}}+\frac{m}{q B^{2}} \dot{\mathbf{E}}_{\perp}  \tag{2.137}\\
& =\frac{E \wedge B}{B^{2}}+\frac{1}{\Omega B} \dot{\mathbf{E}}_{\perp} \tag{2.138}
\end{align*}
$$



Figure 2.18: Suddenly turning on an electric field causes a shift of the gyrocenter in the direction of force. This is the polarization drift.

Start-up effect: When we 'switch on' an electric field the average position (gyro center) of an initially stationary particle shifts over by $\sim \frac{1}{2}$ the orbit size. The polarization drift is this polarization effect on the medium.
Total shift due to $\mathbf{v}_{p}$ is

$$
\begin{equation*}
\Delta \mathbf{r} \int \mathbf{v}_{p} d t=\frac{m}{q B^{2}} \int \hat{\mathbf{E}}_{\perp} d t=\frac{m}{q B^{2}}\left[\Delta \mathbf{E}_{\perp}\right] \tag{2.139}
\end{equation*}
$$

### 2.8.1 Direct Derivation of $\frac{d \mathrm{E}}{d t}$ effect: 'Polarization Drift'

Consider an oscillatory field $\mathbf{E}=\mathbf{E} e^{-i \omega t}\left(\perp r_{0} \mathbf{B}\right)$

$$
\begin{align*}
m \frac{d \mathbf{v}}{d t} & =q(\mathbf{E}+\mathbf{v} \wedge \mathbf{B})  \tag{2.140}\\
& =q\left(\mathbf{E} e^{-i \omega t}+\mathbf{v} \wedge \mathbf{B}\right) \tag{2.141}
\end{align*}
$$

Try for a solution in the form

$$
\begin{equation*}
\mathbf{v}=\mathbf{v}_{D} e^{-i \omega t}+\mathbf{v}_{L} \tag{2.142}
\end{equation*}
$$

where, as usual, $\mathbf{v}_{L}$ satisfies $m \dot{\mathbf{v}}_{L}=q \mathbf{v}_{L} \wedge \mathbf{B}$
Then

$$
\begin{equation*}
\text { (1) } \quad m\left(-i \omega \mathbf{v}_{D}=q\left(\mathbf{E}+\mathbf{v}_{D} \wedge \mathbf{B}\right) \quad x \ell^{-i \omega t}\right. \tag{2.143}
\end{equation*}
$$

Solve for $\mathbf{v}_{D}$ : Take $\wedge \mathbf{B}$ this equation:

$$
\begin{equation*}
-\operatorname{mi\omega }\left(\mathbf{v}_{D} \wedge \mathbf{B}\right)=q\left(\mathbf{E} \wedge \mathbf{B}+\left(\mathbf{B}^{2} \cdot \mathbf{v} \mid D\right) \mathbf{B}-B^{2} \mathbf{v}_{D}\right) \tag{2}
\end{equation*}
$$

add $m i \omega \times(1)$ to $q \times(2)$ to eliminate $\mathbf{v}_{D} \wedge \mathbf{B}$.

$$
\begin{align*}
& m^{2} \omega^{2} \mathbf{v}_{D}+q^{2}\left(\mathbf{E} \wedge \mathbf{B}-B^{2} \mathbf{v}_{D}\right)=m i \omega q \mathbf{E}  \tag{2.145}\\
& \text { or : } \quad \mathbf{v}_{D}\left[1-\frac{m^{2} \omega^{2}}{q^{2} B^{2}}\right]=-\frac{m i \omega}{q B^{2}} \mathbf{E}+\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}}  \tag{2.146}\\
& \text { i.e. } \quad \mathbf{v}_{D}\left[1-\frac{\omega^{2}}{\Omega^{2}}\right]=-\frac{i \omega q}{\Omega B|q|} \mathbf{E}+\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}} \tag{2.147}
\end{align*}
$$

Since $-i \omega \leftrightarrow \frac{\partial}{\partial t}$ this is the same formula as we had before: the sum of polarization and $\mathbf{E} \wedge \mathbf{B}$ drifts except for the $\left[1-\omega^{2} \Omega^{2}\right]$ term.
This term comes from the change in $\mathbf{v}_{D}$ with time (accel).
Thus our earlier expression was only approximate. A good approx if $\omega \ll \Omega$.

### 2.9 Non Uniform E (Finite Larmor Radius)

$$
\begin{equation*}
m \frac{d \mathbf{v}}{d t}=q(\mathbf{E}(\mathbf{r})+\mathbf{v} \wedge \mathbf{B}) \tag{2.148}
\end{equation*}
$$

Seek the usual soltuion $\mathbf{v}=\mathbf{v}_{D}+\mathbf{v}_{g}$.
Then average out over a gyro orbit

$$
\begin{align*}
\left\langle m \frac{d v_{D}}{d t}\right\rangle & =0=\langle q(\mathbf{E}(\mathbf{r})+\mathbf{v} \wedge \mathbf{B})\rangle  \tag{2.149}\\
& =q\left[\langle\mathbf{E}(\mathbf{r})\rangle+\mathbf{v}_{D} \wedge \mathbf{B}\right] \tag{2.150}
\end{align*}
$$

Hence drift is obviously

$$
\begin{equation*}
\mathbf{v}_{D}=\frac{\langle\mathbf{E}(\mathbf{r})\rangle \wedge \mathbf{B}}{B^{2}} \tag{2.151}
\end{equation*}
$$

So we just need to find the average E field experienced.
Expand $\mathbf{E}$ as a Taylor series about the G.C.

$$
\begin{equation*}
\mathbf{E}(\mathbf{r})=\mathbf{E}_{0}+(\mathbf{r} . \nabla) \mathbf{E}+\left(\frac{x^{2} \partial^{2}}{2!\partial x^{2}}+\frac{y^{2}}{2!} \frac{\partial^{2}}{\partial y^{2}}\right) \mathbf{E}+\text { cross terms }+ \tag{2.152}
\end{equation*}
$$

(E.g. cross terms are $x y \frac{\partial^{2}}{\partial x \partial y} \mathbf{E}$ ).

Average over a gyro orbit: $\mathbf{r}=r_{L}(\cos \theta, \sin \theta, 0)$.
Average of cross terms $=0$.
Then

$$
\begin{equation*}
\langle\mathbf{E}(\mathbf{r})\rangle=\mathbf{E}+\left(\left\langle\mathbf{r}_{L}\right\rangle . \nabla\right) \mathbf{E}+\frac{\left\langle r_{L}^{2}\right\rangle}{2!} \nabla^{2} \mathbf{E} \tag{2.153}
\end{equation*}
$$

linear term $\left\langle r_{L}\right\rangle=0$. So

$$
\begin{equation*}
\langle\mathbf{E}(\mathbf{r})\rangle \simeq \mathbf{E}+\frac{r_{L}^{2}}{4} \nabla^{2} E \tag{2.154}
\end{equation*}
$$

Hence $\mathbf{E} \wedge \mathbf{B}$ with 1st finite-Larmor-radius correction is

$$
\begin{equation*}
\mathbf{v}_{E \wedge B}=\left(1+\frac{r_{L}^{2}}{r} \nabla^{2}\right) \frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}} \tag{2.155}
\end{equation*}
$$

[Note: Grad B drift is a finite Larmor effect already.]
Second and Third Adiabatic Invariants
There are additional approximately conserved quantities like $\mu$ in some geometries.

### 2.10 Summary of Drifts

$$
\begin{array}{rlrl}
\mathbf{v}_{E} & =\frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}} & & \text { Electric Field } \\
\mathbf{v}_{F} & =\frac{1 \mathbf{F} \wedge \mathbf{B}}{q} \frac{\text { General Force }}{B^{2}} & & \\
\mathbf{v}_{E} & =\left(1+\frac{r_{L}^{2}}{4} \nabla^{2}\right) \frac{\mathbf{E} \wedge \mathbf{B}}{B^{2}} & & \text { Nonuniform E } \\
\mathbf{v}_{\nabla B} & =\frac{m v_{\perp}^{2}}{2 q} \frac{\mathbf{B} \wedge \nabla B}{B^{3}} & & \text { GradB } \\
\mathbf{v}_{R} & =\frac{m v_{\|}^{2}}{q} \frac{\mathbf{R}_{c} \wedge \mathbf{B}}{R_{c}^{2} B^{2}} & \text { Curvature } \\
\mathbf{v}_{R}+\mathbf{v}_{\nabla B} & =\frac{1}{q}\left(m v_{\|}^{2}+\frac{1}{2} m v_{\perp}^{2}\right) \frac{\mathbf{R}_{c} \wedge \mathbf{B}}{R_{c}^{2} B^{2}} & \text { Vacuum Fields. } \\
\mathbf{v}_{p} & =\frac{q}{|q|} \left\lvert\, \frac{\dot{E}_{\perp}}{|\Omega| B}\right. & \text { Polarization } \tag{2.162}
\end{array}
$$

Mirror Motion

$$
\begin{equation*}
\mu \equiv \frac{m v_{\perp}^{2}}{2 B} \quad \text { is constant } \tag{2.163}
\end{equation*}
$$

Force is $\mathbf{F}=-\mu \nabla B$.

