

CASE HISTORY INTERVIEW

IDENTIFYING DATA

Including...

- Name,
- Sex,
- Occupation,
- Income (Of Self Or Family),
- Marital Status,
- Address,
- Date And Place Of birth,
- Religion,
- Education, and
- Cultural Identity.

REASON FOR COMING

- ⦿ Reason for coming to the agency, and
- ⦿ Expectations for service.

PRESENT AND RECENT SITUATION

Including...

- ⊙ Dwelling place,
- ⊙ Principal settings,
- ⊙ Daily round of activities,
- ⊙ Number and kind of life changes over several months,
- ⊙ Impending changes

FAMILY CONSTELLATION (FAMILY ORIENTATION)

- ⊙ Including Description of parents,
- ⊙ Siblings,
- ⊙ Other Significant family figures, and
- ⊙ Respondent's role growing up.

EARLY RECOLLECTIONS

- Description of earliest clear happenings and the situation surrounding them.

BIRTH AND DEVELOPMENT

- ⦿ Including age of walking and talking,
- ⦿ Problems compares with other children,
- ⦿ View of effects of early experiences.

HEALTH AND PHYSICAL CONDITION

- ⊙ Including childhood and later diseases and injuries,
- ⊙ Current prescribed medications,
- ⊙ Current use of unprescribed drugs, cigarettes or alcohol,
- ⊙ Comparison of own body with others,
- ⊙ Habits of eating and exercising.

EDUCATION AND TRAINING

- ⊙ Including subject of special interest and achievement,
- ⊙ Out-of-school learning,
- ⊙ Areas of difficulty and pride,
- ⊙ Any cultural problems.

WORK RECORD

- ⦿ Including reasons for changing jobs,
- ⦿ Attitudes toward work.

RECREATION, INTERESTS, AND PLEASURES

- ⊙ Including volunteer work,
- ⊙ Reading,
- ⊙ Respondent's view of adequacy of self expression
- ⊙ and pleasures.

SEXUAL DEVELOPMENT

- ⦿ Covering first awareness,
- ⦿ kinds of sexual activities,
- ⦿ and a view of adequacy of current sexual expressions.

MARITAL AND FAMILY DATA

- ⦿ Covering major events and what led to them,
- ⦿ and comparison of present family with family of origin, ethnic or cultural factors.

SOCIAL SUPPORTS, COMMUNICATION NETWORK, AND SOCIAL INTERESTS

- ⊙ Including people talked with most frequently, people available for various kinds of help,
- ⊙ Amount and quality of interactions,
- ⊙ Sense of contribution to others, and
- ⊙ Interest in community.

SELF DESCRIPTION

- ⊙ Including Strengths,
- ⊙ Weaknesses,
- ⊙ Ability,
- ⊙ Value, and
- ⊙ Ideals.

CHOICE AND TURNING POINT IN LIFE

- ⦿ A review of the respondent's most important decisions and changes, including the single most important happening.

PERSONAL GOALS AND VIEW OF THE FUTURE

- ⦿ Including what the subject would like to see happen next year and in 5 or 10 years, and
- ⦿ What is necessary for these events to happen,
- ⦿ Realism in time orientation,
- ⦿ Ability to set priorities.

- ⦿ Any further material the respondent may see as omitted from the history.

Reference:

Nietzel, Michael T. , Bernstein , Douglas A.,
Kramer , Geoffrey P., & Milich R. (2003).
**Introduction to Clinical Psychology (6th,
Sixth Edition)**, Prentice Hall.