3.2 Biogeochemical Cycles

Energy flows directionally through ecosystems, entering as sunlight (or inorganic molecules for chemoautotrophs) and leaving as heat during energy transformation between trophic levels. Rather than flowing through an ecosystem, the matter that makes up organisms is conserved and recycled. The six most common elements associated with organic molecules—carbon, nitrogen, hydrogen, oxygen, phosphorus, and sulfur—take a variety of chemical forms and may exist for long periods in the atmosphere, on land, in water, or beneath Earth's surface. Geologic processes, such as weathering, erosion, water drainage, and the subduction of the continental plates, all play a role in the cycling of elements on Earth. Because geology and chemistry have major roles in the study of these processes, the recycling of inorganic matter between living organisms and their nonliving environment are called **biogeochemical cycles**.

The six aforementioned elements are used by organisms in a variety of ways. Hydrogen and oxygen are found in water and organic molecules, both of which are essential to life. Carbon is found in all organic molecules, whereas nitrogen is an important component of nucleic acids and proteins. Phosphorus is used to make nucleic acids and the phospholipids that comprise biological membranes. Lastly, sulfur is critical to the three-dimensional shape of proteins.

The cycling of these elements is interconnected. For example, the movement of water is critical for the leaching of sulfur and phosphorus into rivers, lakes, and oceans. Minerals cycle through the biosphere between the biotic and abiotic components and from one organism to another.

The Water Cycle

The **hydrosphere** is the area of Earth where water movement and storage occurs: as liquid water on the surface (rivers, lakes, oceans) and beneath the surface (groundwater) or ice, (polar ice caps and glaciers), and as water vapor in the atmosphere.The human body is about 60 percent water and human cells are more than 70 percent water. Of the stores of water on Earth, 97.5 percent is salt water (see Figure 1 below). Of the remaining water, more than 99 percent is groundwater or ice. Thus, less than one percent of freshwater is present in lakes and rivers. Many organisms are dependent on this small percentage, a lack of which can have negative effects on ecosystems. Humans, of course, have developed technologies to increase water availability, such as digging wells to harvest groundwater, storing rainwater, and using desalination to obtain drinkable water from the ocean. Although this pursuit of drinkable water has been ongoing throughout human history, the supply of fresh water continues to be a major issue in modern times.

The various processes that occur during the cycling of water are illustrated in Figure 2 below. The processes include the following:

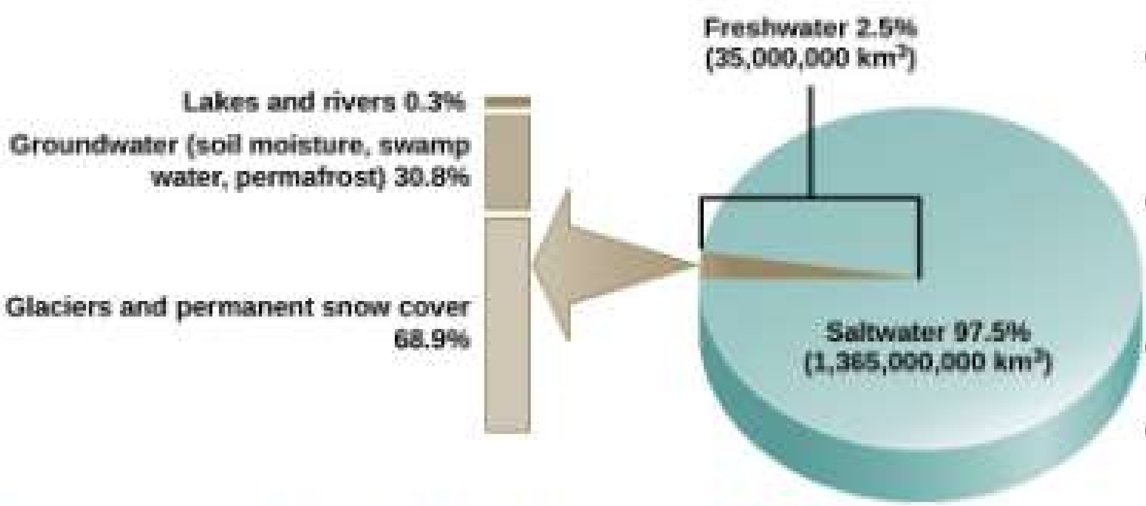

Figure 1. Only 2.5 percent of water on Earth is fre[…]ater, and less than 1 percent of fresh water is easily accessible to living […]s.

- evaporation and sublimation
- condensation and precipitation
- subsurface water flow
- surface runoff and snowmelt
- streamflow

The **water cycle** is driven by the Sun's energy as it warms the oceans and other surface waters. This leads to **evaporation** (liquid water to water vapor) of liquid surface water and **sublimation** (ice to water vapor) of frozen water, thus moving large amounts of water into the atmosphere as water vapor. Over time, this water vapor condenses into clouds as liquid or frozen droplets and eventually leads to **precipitation** (rain, snow, hail), which returns water to Earth's surface. Rain reaching Earth's surface may evaporate again, flow over the surface, or percolate into the ground. Most easily observed is **surface runoff**: the flow of freshwater over land either from rain or melting ice. Runoff can make its way through streams and lakes to the oceans.

In most natural terrestrial environments rain encounters vegetation before it reaches the soil surface. A significant percentage of water evaporates immediately from the surfaces of plants. What is left reaches the soil and begins to move down. Surface runoff will occur only if the soil becomes saturated with water in a heavy rainfall. Water in the soil can be taken up by plant roots. The plant will use some of this water for its own metabolism and some of that will find its way into animals that eat the plants, but much of it will be lost back to the atmosphere through a process known as **transpiration:** water enters the vascular system of plants through the roots and evaporates, or transpires, through the stomata (small microscope openings) of the leaves. Ecologists combine transpiration and evaporation into a single term that describes water returned to the atmosphere: **evapotranspiration**. Water in the soil that is not taken up by a plant and that does not evaporate is able to percolate into the subsoil and bedrock where it forms groundwater.

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Groundwater is a significant, subsurface reservoir of fresh water. It exists in the pores between particles in dirt, sand, and gravel or in the fissures in rocks. Groundwater can flow slowly through these pores and fissures and eventually finds its way to a stream or lake where it becomes part of the surface water again. Many streams flow not because they are replenished from rainwater directly but because they receive a constant inflow from the groundwater below. Some groundwater is found very deep in the bedrock and can persist there for millennia. Most groundwater reservoirs, or **aquifers**, are the source of drinking or irrigation water drawn up through wells. In many cases these aquifers are being depleted faster than they are being replenished by water percolating down from above.

Rain and surface runoff are major ways in which minerals, including phosphorus and sulfur, are cycled from land to water. The environmental effects of runoff will be discussed later as these cycles are described.

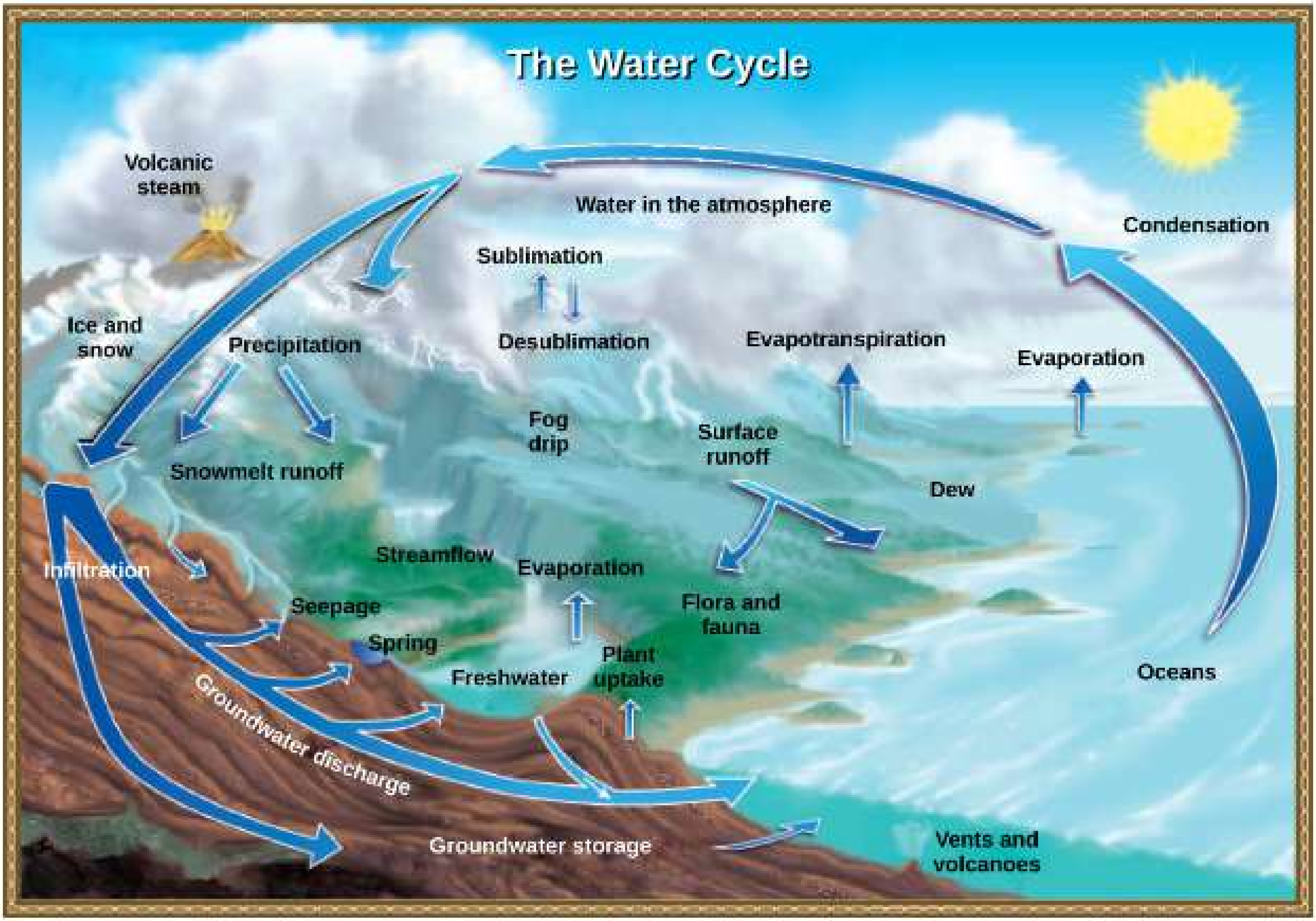

Figure 2. Water from the land and oceans enters the atmosphere by evaporation or sublimation, where it condenses into clouds and falls as rain or snow. Precipitated water may enter freshwater bodies or infiltrate the soil. The cycle is complete when surface or groundwater reenters the ocean. (credit: modification of work by John M. Evans and Howard Perlman, USGS)