ORGANIZATIONAL CHANGE AND DEVELOPMENT

Introduction

Change is a constant, a thread woven into the fabric of our personal and professional lives. Change occurs within our world and beyond — in national and international events, in the physical environment, in the way organizations are structured and conduct their business, in political and socioeconomic problems and solutions, and in societal norms and values. As the world becomes more complex and increasingly interrelated, changes seemingly far away affect us. Thus, change may sometimes appear to occur frequently and randomly. We are slowly becoming aware of how connected we are to one another and to our world. Organizations must also be cognizant of their holistic nature and of the ways their members affect one another. The incredible amount of change has forced individuals and organizations to see "the big picture" and to be aware of how events affect them and vice versa.

Organizational development (OD) is a field of study that addresses change and how it affects organizations and the individuals within those organizations. Effective organizational development can assist organizations and individuals to cope with change. Strategies can be developed to introduce planned change, such as team-building efforts, to improve organizational functioning. While change is a "given," there are a number of ways to deal with change -- some useful, some not. Organizational development assists organizations in coping with the turbulent environment, both internally and externally, frequently doing so by introducing planned change efforts.

Organizational development is a relatively new area of interest for business and the professions. While the professional development of individuals has been accepted and fostered by a number of organizations for some time, there is still ambiguity surrounding the term organizational development. The basic concept of both professional development and organizational development is the same, however, with an essential difference in focus. Professional development attempts to improve an individual's effectiveness in practice, while organizational development focuses on ways to improve an organization's overall productivity, human fulfillment, and responsiveness to the environment (Cummings & Huse, 1988). These goals are accomplished through a variety of interventions aimed at dealing with specific issues, as well as through ongoing processes.

This chapter provides an overview of both change and organizational development. Educators, including those in the judiciary, must be familiar with the dynamics of organizational change, since all educational activities, both at the individual and organizational level, deal with effecting change. Organizational development and change efforts go hand-in-hand; judicial educators who are interested

in effecting change within their organizations must first thoroughly understand the dynamics of change. They must think in terms of the court system and the judicial education apparatus as organizations for which they may play a role as change agent. Within different parts of these systems, judicial educators may play different roles in the change process.

Organizational development will also be discussed in this chapter. One specific OD strategy, team-building, will be examined in some depth. This strategy, if institutionalized effectively, can reduce the need for outside consultants.

It is important to include a chapter on organizational change and development in this manual to address issues within the larger frameworks that exist for most judicial educators. Change affects every individual and every organization. Moreover, all of the components of the program planning sequence discussed in this manual are administered within the setting of an organization, a committee or board, or some type of team. As more and more work gets accomplished through teams, it becomes increasingly important to learn how to translate organizational concepts to the small group environment. The team approach is often being used to accomplish short-term projects, such as planning programs, conducting a needs assessment, or developing a new curriculum. A team's capacity to create a shared vision for the task at hand and work together in the midst of a turbulent environment underlies its ability to be effective. Organizational change and development is a fitting summary chapter for this judicial educator's manual since it deals with both effecting change (underlying much of education) and managing change.

Change in Organizations

Organizational development efforts, whether facilitated by an outside expert or institutionalized and conducted on an ongoing basis, bring about planned change within organizations and teams. However, they are but one type of change that occurs in organizations, for change can be both planned and unplanned and can occur in every dimension of the universe. A change in chief justice, appropriations, or staff support can dramatically alter the character of a judicial education organization. Institutional alignment of the state bar, local law schools, area colleges and universities, and judicial professional associations may yield similar impacts.

Planned change takes conscious and diligent effort on the part of the educator or manager. Kanter (1983) originated the concept of the *change master*: a person or organization adept at the art of anticipating the need for and of leading productive change. As a way to reinforce the judicial educator's role in the change process, this term will be used to refer to educators and managers who are interested in effecting change in their organizations or work teams.

Change will not occur unless the need for change is critical. Because individuals and organizations usually resist change, they typically do not embrace change unless they must. One OD consultant describes how "pain" drives change (Conner, 1990). Pain occurs when people pay the price for being in a dangerous situation or for missing a key opportunity. As such, change is needed to relieve the pain.

According to this perspective, change will not occur just because "it's a good idea." It will only occur when the pain of an individual or an organization is sufficiently high to justify the difficulties of assimilating change. Therefore, a change master must focus on the absolute need of the organization to change, rather than simply on the benefits of the anticipated change. Effective change masters understand this, and they then assist others in recognizing that the organization has no choice but to change. The organization cannot afford to maintain the status quo; change is simply that critical. The Ohio Judicial College's movement to full funding emerged from such a catharsis. In other states, mandatory training saved the office of justice of the peace. Court administration emerged as an independent vocation out of exigent circumstances. These examples of change in state judicial education provide evidence that effective change masters have perceived a critical need for change and then helped to make that change happen.

Planning for Change

Before embarking on an organizational change initiative, it is wise to carefully plan strategies and anticipate potential problems. One useful method of planning comes from an early researcher on change, Kurt Lewin (1947), who developed the concept of *force-field analysis*. The term describes analysis that is deceptively simple and can be used to help plan and manage organizational change.

Lewin believed that behavior within an organization was a result of the dynamic balance of two opposing forces. Change would only occur when the balance shifted between these forces. *Driving forces* are those forces which positively affect and enhance the desired change. They may be persons, trends, resources, or information. Opposing them are the *restraining forces*, which represent the obstacles to the desired change. As these two sets of forces exist within an organization, they create a certain equilibrium. That is, if the weights of the driving and restraining forces are relatively equal, then the organization will remain static. As changes occur and affect the weight of either one of the forces, a new balance will occur, and the organization will return to what Lewin called "quasi-stationary equilibrium." Individuals practicing their vocation in the context of a political organization may intuitively employ these concepts in defining and redefining what change is possible. Judicial educators operate in such a context.

What is the usefulness of this perspective? Force-field analysis assists in planning in two major ways: (a) as a way for individuals to scan their organizational context, brainstorming and predicting potential changes in the environment; and (b) as a tool for implementing change. In the former, force-field analysis becomes a method of environmental scanning (which is useful in strategic planning), whereby organizations keep abreast of impending and potential changes -- from societal trends and potential budget constraints to staff turnover and purchases of new office equipment. The more change can be anticipated, the better individuals and organizations are prepared to deal with the resulting effects. The second use of force-field analysis is similar, offering a way to systematically examine the potential resources that can be brought to bear on organizational change and the restraining forces that can be anticipated. This advance planning and analysis assists in developing strategies to implement the desired change.

An example may help illustrate this point. A judicial educator wishes to introduce a computer class for a particular group of judges. In her role as a change master, she identifies the driving forces as follows: (a) most judges are presently obtaining the necessary equipment, (b) software and databases are available that are user-friendly and appropriate, (c) computers can help judges handle information quickly and efficiently, and (d) the use of computers as information sources allows court personnel to perform other functions. On the other hand, restraining forces may include the following: (a) judges have limited time for attending additional courses; (b) they appear to be intimidated by computers, so they passively resist using them; and (c) they feel more comfortable utilizing human resources for their judicial research rather than a computer and databases.

Force-field analysis provides the necessary information for the judicial educator to plan most effectively for change. If he or she is more aware of some of the potential pitfalls that can accompany the planned change, steps can be taken in advance to overcome them. One strategy for successfully implementing change is to confront the potential obstacles at the outset. In order for the educator to be proactive, however, the positive driving forces and the negative restraining forces must be listed, so that a strategy for change can include enhancing or adding to the positive forces, while decreasing or minimizing the negative forces. In this process, skills such as coalition building, networking, conflict resolution, and the appropriate utilization of power are necessary.

The Process of Change

A method such as force-field analysis is the beginning step of any planned change. There are many different models for the change process in the literature; the following is a simple, straightforward one proposed by Egan (1988, p. 5). He delineates three steps:

- The assessment of the current scenario.
- The creation of a preferred scenario.
- Designing a plan that moves the system from the current to the preferred scenario.

It is evident Egan has been influenced by Lewin, in the emphasis on both planning and assessment. Additionally, Egan argues that planning must lead to an action that produces valued outcomes or results for the organization. Thus, both planning and change must be directed toward a specific goal.

Once the need for change has been determined, one follows the steps of the model in sequence. While these steps could each be examined in detail, only step three will be discussed in an in-depth manner here. The first step, "assessing the current scenario," can be accomplished through a mechanism such as force-field analysis. It provides the necessary information on the forces that can facilitate the desired change and the forces that will resist and deter the change. Step two, "creating a preferred scenario," is often accomplished through team effort in brainstorming and developing alternative futures. While the need that precipitates the change is clearly compelling, there may be several ways in which the change could actually occur within the organization. It is important to examine the various alternatives thoroughly.

The third step of the process, "devising a plan for moving from the current to the preferred scenario," includes the strategies and plans that educators and managers must develop to overcome the restraining forces in an organization. This is a political process, requiring individuals to harness and utilize power. Power is necessary for change to occur. It is neither inherently good nor bad; it simply assists individuals in accomplishing their goals. In his recent book *Mastering the Politics of Planning*, Benveniste (1989) notes that even well-thought-out plans for change can be derailed when the politics of implementation are not considered. Change masters must gather support for the desired change throughout the organization, using both formal and informal networks. The multiplier or "bandwagon" effect, he notes, is often necessary to rally enough support for the change.

Key Roles in the Change Process

During this stage of planning, it is useful to distinguish the different roles associated with the change process. These roles must remain distinctive in order to implement planned change effectively. However, within different settings or systems, a judicial educator may play more than one role. The various roles that individuals can play, as described by Conner (1990), are:

Change Sponsor: Individual or group who legitimizes the change.

Change Advocate: Individual or group who wants to achieve a change but

does not possess legitimization power.

Change Agent: Individual or group who is responsible for implementing

the change.

Change Target: Individual or group who must actually change.

One of the most critical tasks for the educator in implementing change is to harness the support of an effective *change sponsor*. The sponsor is in a position to legitimize the change. Sponsorship is critical to implementing the desired change. Directly or indirectly, pain can motivate the sponsor to foster the planned change. Within the state judicial system, this sponsor may be the chief justice, the head of the education committee, or the state court administrator. Conner (1990) argues that weak sponsors should be educated or replaced, even by someone at a lower level in the organization, or, he emphasizes, failure will be inevitable.

Educators and managers are often in the position of *change advocates*, who perceive the need for change and desire and advocate the change, but who do not have the necessary organizational power to implement the change. Alternatively, these individuals may function as the change agent, with the responsibility (but again, not the power) to implement change. And, of course, in an organizational change effort, educators and managers may be part of the group affected by the change, or the *change* target. It is useful to consider each of these roles in planning strategies not only for implementation, but for gathering support for the change effort.

Strategies for Implementing Change

In order to move an OD effort from the idea stage into implementation, educators and managers must also rally the resources and support of the organization. Kanter (1983) describes how the following three sets of "basic commodities" or "power tools" can be acquired by members of an organization to gain power:

- Information (data, technical knowledge, political intelligence, expertise).
- Resources (funds, materials, staff, time).
- Support (endorsement, backing, approval, legitimacy).

The first strategy in implementing a change would be to collect as many of these power tools as possible. As this occurs, individuals can "plant seeds of support" for the planned change. This is particularly important in helping others see the critical need for the planned change. It may be possible to plant these seeds before sponsorship of the change is sought so that the sponsor feels he or she is proactively responding to a critical need.

Another strategy is to "package" the change in a way that makes it less threatening and, therefore, easier to sell. For instance, it is easier to implement change of a product or a project when it is: (a) conducted on a trial basis; (b) reversible, if it doesn't succeed; (c) done in small steps; (d) familiar and consistent with past experience; (e) a fit with the organization's current direction; or (f) built on the prior commitments or projects of the organization (Kanter, 1983). This packaging should be completed prior to submitting the OD effort to the designated change sponsor, although that person needs to be involved in further assisting in the packaging and selling of the planned change.

Building coalitions is a strategy that often occurs throughout the entire phase of implementing the change. Support must be gathered from all areas which will be affected by the desired change, across different levels of the organization. It is always advisable to get the support of an immediate supervisor early on, although this may not always be possible. In such instances, other support could be gathered across the organization to influence the supervisor to reconsider lending support to the change efforts.

Effective change masters use their informal networks and deal with any concerns or questions of supporters individually rather than in formal meetings. "Pre-meetings" can provide a safer environment for airing concerns about implementing change. In such settings, an individual may have the opportunity to "trade" some of the power tools that he or she has acquired in order to generate support. Additionally, some individuals will support a project or change effort for reasons that are fairly reactive: "If so-and-so supports it, then I will, too," or "If such-and-such state is moving in that direction, then we should, too." Obviously, the more change masters know about how particular individuals may react, the better able they are to plan for ways to garner support.

Resistance to Change

With every major and minor change, resistance typically occurs. Every judicial educator has seen this tendency, whether the change involves a certain speaker or a particular topic, a customary time of year or time of day to meet, a favorite location for conferences or planning sessions, or a given style for delivering a speech or organizing a paper. This resistance should be accepted as a "given," so that the educator can predict and plan for effectively dealing with inevitable resistance. This section will address some of the causes and types of resistance to change, particularly at the organizational level.

Individual Resistance

Why does resistance to change occur? The primary reason is that people fear change. They are not usually eager to forego the familiar, safe, routine ways of conducting their business in favor of unknown and possibly unsafe territory. As humans, we tend to prefer routines and accumulate habits easily; however, fear of change may be attributed to more than a tendency toward regularity. Change represents the unknown. It could mean the possibility of failure, the relinquishing or diminishing of one's span of control and authority, or the possibility of success creating further change. It might be that the planned change has little or no effect on the organization whatsoever. Any one of these possibilities can cause doubt and thus fear, understandably causing resistance to the change efforts.

Additionally, the transition between the present state and the changed state is difficult for both individuals and organizations. On an individual level, people must be reminded that every transition or change effort begins with an *ending* — the end of the current state. The first step toward change is going through the process of ending. Endings must be accepted and managed before individuals can fully embrace the change. Even if the impending change is desired, a sense of loss will occur. Because our sense of self is defined by our roles, our responsibilities, and our context, change forces us to redefine ourselves and our world. This process is not easy. William Bridges does an excellent job of discussing the process of individual change in his book *Transitions* (1980). In describing the process of ending, Bridges presents the following four stages that individuals must pass through in order to move into the transition state and effectively change:

- *Disengagement*. The individual must make a break with the "old" and with his or her current definition of self.
- *Disidentification*. After making this break, individuals should loosen their sense of self, so that they recognize that they aren't who they were before.

- *Disenchantment*. In this stage, individuals further clear away the "old," challenging assumptions and creating a deeper sense of reality for themselves. They perceive that the old way or old state was just a temporary condition, not an immutable fact of life.
- *Disorientation*. In this final state, individuals feel lost and confused. It's not a comfortable state, but a necessary one so that they can then move into the transition state and to a new beginning.

In this process, it is important to recognize how the change was initiated. While all change is stressful, it is easier to go through the process of ending and into the transition if the change was internally driven, rather than if it was initiated by an external source. When we make changes in our lives (e.g., marriage, a new home, or new career), there is a greater sense of control over the change; therefore, we feel more capable of coping with the unpleasant aspects of transition. This is not necessarily true when the change is driven or mandated by an external source (e.g., new job responsibilities, unexpected changes in finances, or job relocation). In externally driven change, the process of transition is more difficult, and there is more resistance as individuals refuse to begin the ending process and make the initial break with the past. This almost innate resistance to externally driven change makes a convincing argument for the change master to facilitate "ownership" of the change efforts by both the change sponsor and the change target. In other words, we should assist others in perceiving the change as desirable and internally driven, rather than an externally driven mandate that is thrust upon them.

Organizational Resistance

With even this very brief discussion on the difficulties involved in individual change, it should be apparent that this phenomenon occurs at the organizational level as well. Organizations, regardless of size, are composed of individuals. The extent to which individuals within the organization can appropriately manage change represents the overall organizational capacity for change.

However, there are other factors peculiar to the organizational setting that can act as barriers to implementing change. These include:

- *Inertia*. One of the most powerful forces that can affect individuals and organizations is inertia. The day-to-day demands of work diminish the urgency of implementing the change effort until it slowly vanishes within the organization.
- Lack of Clear Communication. If information concerning the change is not communicated clearly throughout the organization, individuals will have differing perceptions and expectations of the change.

- Low-Risk Environment. In an organization that does not promote change and tends to punish
 mistakes, individuals develop a resistance to change, preferring instead to continue in safe, lowrisk behaviors.
- Lack of Sufficient Resources. If the organization does not have sufficient time, staff, funds, or other resources to fully implement the change, the change efforts will be sabotaged.

These factors, combined with others characteristic to the specific organization, can undermine the change effort and create resistance. A wise change agent will spend the necessary time to anticipate and plan for ways to manage resistance. Techniques such as force-field analysis, discussed earlier, are useful tools to assist in developing strategies for overcoming organizational resistance to change.

Organizational Development: A Neglected Need

Judicial educators may be in the best position to sense the need for organizational change and development efforts within their committees, boards, or work teams. While they may not have the organizational power to ensure that appropriate efforts are implemented (the role of a change sponsor), they can certainly "raise the consciousness" of the organization and advocate that OD needs be addressed. Healthy organizations are willing to commit time and energy toward improving both the individual and the organization as a whole. A synergistic effect can be created when professional development and organizational development efforts are simultaneously put into place.

However, many organizations and teams unfortunately overlook the need for organizational development, often because of their unfamiliarity with the concept or their emphasis on professional development. While "professionals" are generally considered to be independently-based practitioners, the majority of professionals function within an established organizational setting. Judicial personnel are no exception. While members of a judicial office may make decisions in an independent fashion, they are still part of the larger system in which they work (e.g., the state justice system) and are related to the organizational context in which they function (e.g., Administrative Office of the Courts). Judges in particular work in a highly independent fashion. Yet, they too are part of an overarching system. The system itself must have the benefit of development as well as the individual professionals who are a part of the system. However, judicial educators may unwittingly neglect the needs of the organization or system in favor of professional development alone. Indeed, some observers have argued that this is a fundamental part of conflict between state judicial educators and state court administrators.

With this focus on improving the practice of individual professionals, educators and managers may overlook the equally important needs of the organization to support its institutional mission as well as individual vocational growth. Individuals can improve only as much as their organizations "allow" them to grow. Nowlen, among others, has discussed this challenge in *A New Approach to Continuing Education for Business and the Professions* (1988). He believes that the most effective professional development is holistic in nature, involving not only the practitioner, but the individual's organization as well, so that new behavior and learning can be integrated into the work setting. Nothing is more frustrating than continuing education that is stopped at the point of entry of the practitioner's work setting. Judicial educators may often feel the limitations of working with professionals whose practice setting does not encourage their professional growth. Organizations, as well as individuals, must be committed to the concept of lifelong learning and continual growth and development. Again, we see this holistic perspective of not only individuals and organizations, but of the learning process itself. Learning is not a discrete process that occurs only through individual effort. Implementation of the learning in practice depends upon a receptive work environment, as well as effective teaching and interaction in the actual learning environment.

What is Organizational Development?

According to Middlemist and Hitt (1988, p. 493), organizational development is:

A systematic means for planned change that involves the entire organization and is intended to increase organizational effectiveness.

Cummings and Huse (1988, p. 1) define OD in broader terms:

A system wide application of behavioral science knowledge to the planned development and reinforcement of organizational strategies, structure, and processes for improving an organization's effectiveness.

Several parts of the above definitions are particularly worth emphasizing. The first is that organizational development is a *systematic activity*, an ongoing process that can help organizations deal with current and anticipated problems, putting leaders in a proactive, rather than reactive, stance. This stance differs from the "putting-out-fires" approach that so many groups and organizations have relied upon historically.

The second noteworthy item is that OD involves *planned change* within an entire organization or work team. This means that a proactive stance is absolutely necessary for change to be effective; otherwise, the planned change effort will lag too far behind the need that it is intended to address. For example, judicial employees who have recently come under the jurisdiction of the State Court

Administrator's Office may find difficulty in adjusting to new procedures, new channels of communication and authority, and new roles. Concurrently, existing staff within the Office will experience their own difficulties in assimilating the new group, sharing information, and performing roles that also may have changed. Is it then time for a "team-building" session? While it's often "better late than never," the real effort should have already occurred before the organizational changes were enacted. Staff from all areas ideally should have been brought together and the job restructuring discussed, procedures and policies formulated, and team-building efforts begun. After changes have taken place, it's often too late to begin organizational development efforts. This fact makes planning even more critical and highlights the advantage of institutionalizing the concept of team-building so that staff are empowered and able to cope with changes in the work team.

The third part of an OD definition to keep in mind is the *rationale for organizational development* — to improve organizational effectiveness. Organizations and work teams must be effective and efficient, particularly in the current environment of limited resources. In thinking about effectiveness, every organization and team would be well-advised to adopt a "quality" mentality regarding OD efforts. Ongoing, institutionalized OD strategies are akin to continuous quality improvement. Quality concepts originated in the manufacturing sector, but today, the quality movement is being incorporated into service organizations as well. While not as technically oriented, work teams providing services can effectively determine quality standards and work proactively as a team to insure that standards are met. Concepts of quality can be applied in the educational arena. For instance, the National Association of State Judicial Educators (NASJE) has recently developed a set of "Principles and Standards for Judicial Education." This endeavor signifies commitment not only to quality, but also to the professionalization of the field. Ensuring quality, like strengthening an organization's effectiveness, is an ongoing task.

Organizational development can, of course, occur in groups or teams, as well as within an entire organization. Effective OD is ongoing and systematic, strengthening both the individual and the group. Many organizations today accomplish their tasks through a project management approach that brings together teams for a short period of time. Members of the team may be brought from various parts of the organization, representing different constituencies and levels within the organization. These work teams do not always have a unified focus or vision of the task to be accomplished; therefore, they can falter in their responsibilities because of conflicting perspectives, communication difficulties, or lack of clear objectives. An ongoing system of organizational development strategies is useful in this situation. Team-building in particular is effective when incorporated and supported by the organization. This concept will be discussed later in the chapter.

A Model for Organizational Development

Now that we have examined the major emphases associated with organizational development, a broad picture of the actual process is needed. While there are variations on any model, Figure 1 represents the major components of a planned OD effort.

Figure 1

MODEL OF ORGANIZATIONAL DEVELOPMENT

Recognition of need for change

Diagnosis of cause(s)

Development of change alternatives

Implementation of change

Reinforcement of change

Evaluation of change

Further change action taken, if required

Feedback

[Middlemist and Hitt (1988), p.493]

The first step of the model is critical. Often, educators and managers will recognize the need for change before others who have decision-making power do. In such instances, these decision-makers, or change sponsors, will need to be convinced of the need for change. Ongoing diagnosis and systematic examination of the environment can provide a rationale for planned OD efforts. An environmental scanning program, strategic planning, employee or "customer" feedback survey, or similar methods can

detect changes in the internal or external environment that will have impact on the organization. Organizations can also examine the quality of their products and/or processes to determine whether OD efforts need to be directed toward specific areas within the organization or work team.

It is often advisable for an organizational development expert to assist in the implementation of change efforts. For many organizations, this consultation is not always an option due to limited resources, the unavailability of consultants, or political reasons, among others. Various strategies are available for use within organizations. Some can be used in an ongoing fashion, while others are "one-shot" efforts. Two major types of strategies that can be used are:

- Process Strategies: team-building, quality circles, sensitivity training, survey feedback, career planning.
- *Structural Strategies*: job redesign, job enrichment, management by objectives, organizational restructuring, flextime options.

The change strategy chosen should relate appropriately to the organizational or team need. Political, technological, or legal factors may cause an organization to move in directions that require OD efforts. All too frequently, however, interpersonal change efforts are chosen as the appropriate strategy. For instance, a simple problem such as the overuse of a particular piece of office equipment may result in disgruntled employees. This problem may be solved by purchasing more equipment or restructuring the use of the equipment, rather than developing a team-building program. Interpersonal or even process strategies cannot adequately equip an organization to deal with these types of external pressures.

Team-Building as an Integral OD Strategy

Now that we are more familiar with organizational change and development, we can look at one OD strategy that is being successfully employed in many organizations. *Team-building* is an OD strategy that is often used in organizations to make work groups more cohesive, committed, satisfied, and productive. A variety of assessment tools and exercises are available for groups to diagnose their capacity as a team and improve their team functioning. Attachment A lists characteristics of an effective team, which can be used as a benchmark to evaluate the level of team functioning within an organization or committee. Assessment is the first step in attempting to build an effective team. However, team-building efforts are most effective when perceived as an integral concept within an organization and not merely as a sporadic intervention. These efforts then become part of the shared vision of that organization, a priority to which leaders are committed.

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f institutionalized by a work group, team-building shapes the way everyone within that group thinks about his or her role in relationship to others and to the organization. Understandably, many organizations, as well as many small work teams or committees, have difficulty orienting themselves to a team approach rather than an individual approach. Individual, rather than team, effort is traditionally recognized and appreciated within organizations. Figure 2 lists several suggestions that an organization can implement to overcome this tendency toward individual effort and to encourage a team culture. The list has been adapted for judicial education organizations.

Figure 2

Rx FOR THE DEVELOPMENT OF A TEAM-PLAYER CULTURE

- 1. Public statements by leaders on the importance of team players -- not just the
- 2. State court administrators, judges, and other leaders serving as models of team players.
- 3. Promoting people who are both technically competent and team players.
- 4. Giving important assignments to positive team players.
- 5. Incorporating team-player behaviors in the performance appraisal system.
- 6. Offering training workshops on the skills of effective team players.
- 7. Giving higher salary increases to positive team players.
- 8. Developing incentive systems that reward team effort.
- 9. Designing flexible compensation programs that pay individuals for their contributions to a team approach.

[Adapted from Parker (1990), pp. 146-147.]

Leaders as Followers

In organizations, attention is typically directed toward leaders within the group through leadership training, self-assessments, style inventories, and the like. Most believe that sound leadership is the key to

an effective work team. There is no doubt that the abilities of the leader can affect the team as a whole, but some of our traditional notions of leadership include outdated modes of behavior or unrealistic expectations. Even if we have moved from thinking of leaders in the John Wayne stereotype, we may still expect leaders to create an inspirational work setting by producing vision statements that motivate and unify the organization. Recently, however, some authors have discussed the concept of leadership in different terms, moving the leaders even further from the grandstand and closer to the audience.

In a recent talk to educators and business leaders, Dr. Badi Foster, President of AEtna Institute for Corporate Education, discussed how the mission of the organization must be connected to all members of the team and how leaders are needed to develop this connection. Everyone needs to believe in something bigger than just "making a buck" at work; people need to feel that they are contributing to "the big picture." Their gifts or talents brought to the work setting should be connected to an organizational vision so that they feel an integral part of the team. He prefers "vision" over "mission," believing that the first implies *impelling* people, while the second term connotes *compelling* employees in their work environment.

How can organizations develop congruence between individual team members' vision and a larger organizational vision? Leaders must first encourage all employees to create their own personal vision, motivating and inspiring them in their work setting. Secondly, leaders must discern these personal visions, as well as the particular gifts that employees bring to work. Foster's belief is that leaders can help "bring forth that which is already there" within individuals. Leaders can work with team members to help make the connection between their personal visions and goals and the vision of the organization. In some instances, organizations may be restructured, job descriptions may be altered, or jobs may be redefined to provide the employee more responsibility. Empowering employees creates an environment in which they can feel more connected and committed to the organization. If there is clearly no congruence between team members and the organization, then something must change; however, these changes will ultimately benefit both the individual and the organization.

Lee (1991) takes this idea even further and argues that often the best leaders are the best followers:

[Leaders] can create an environment in which followers can develop their own goals (in other words, a culture of empowerment), as well as provide the training to develop competence. It then becomes the leader's task to sense where followers want to go, align their goals with the larger goals of the organization, and invite them to follow. (p. 33)

In this conception of teams, the leader does not set himself or herself apart from the other members of the group but is intimately connected to them, helping them to align their goals with the organization and providing motivation through empowerment.

Followers as Leaders

What, then, is the role of the follower within a committee or work team? Team members are not merely waiting for inspiration and direction from leaders; rather, they are active participants in creating the vision and direction of their organization. They have "ownership" in their work setting, are involved in making it effective, and feel a connection between themselves and that vision. They speak the truth, take responsibility for themselves, and have both personal integrity and organizational loyalty. In short, they behave in ways traditionally considered behavior of "leaders."

Team members who strive for these characteristics within a supportive organization will find that their personal satisfaction in the work environment increases. Many organizations are now embracing the "self-directed work team" concept and truly dispersing leadership throughout the organization. In small groups, this concept may already be a reality. However, it takes some managers a considerable amount of time to rethink their role in the group and move from "boss" to "enabler" or "coach." At the same time, members of a team may not initially feel comfortable taking on more responsibility and accountability. New ideas and behaviors require some adjusting on everyone's part. But the result may be worth the effort -- teams become more effective and productive, and team members experience greater satisfaction with their work and feel more connected to the organization and other team members.

Team-Building Strategies

The literature on developing more cohesive teams is vast. However, in addition to the organizational strategies to encourage a team culture, there are some strategies that team leaders can use to help build effective teams. Specific team-building efforts vary depending upon a number of variables, including the nature of the team, its duration, the task at hand, and the organizational culture. Team-building efforts can range from T-groups to outdoor adventure weekends, from self-assessments to team assessments, and from one-hour team-building videotapes to multi-day workshops by OD consultants.

The general strategies listed below relate to the characteristics of an effective team, noted in Attachment A. Therefore, they may serve as guidelines to leaders for achieving a high level of team functioning. According to Parker (1990, pp. 108-110), successful team-building strategies for team leaders are:

- Get to know the team.
- Define the team's purpose.
- Clarify roles.
- · Establish norms.
- Draw up a game plan.
- Encourage questions.
- Share the limelight.
- · Be participatory.
- Celebrate accomplishments.
- Assess team effectiveness.

A Learning Organization

In considering these perspectives on the roles of the team leader and team members, it is helpful to bring these ideas together into a more comprehensive view of organizations. For instance, how can teams work together in an integrated whole, rather than as a group of individuals? How can the capacities of each member interact with the talents of other members to maximize the organization's productivity?

Peter Senge's (1990) book *The Fifth Discipline: The Art and Practice of the Learning Organization* offers an inspiring look at how organizations can focus on growth and renewal, overcome threats from the external environment, and develop the capacities of individuals within the organization. He argues that changes in our "mindset" are needed to truly develop a learning organization. In the earlier discussion on change, we noted that changes in one area of the world affects others. Senge recognizes this phenomenon and emphasizes the concept of systems thinking, which he calls the "fifth discipline." This is a holistic way of viewing organizations, as well as individuals, and provides a perspective useful in planning and change efforts. Senge writes:

The tools and ideas presented...are for destroying the illusion that the world is created of separate, unrelated forces. When we give up this illusion - we can then build "learning organizations," organizations where people continually expand their capacity to create the results they truly desire, where new and expansive patterns of thinking are nurtured, where collective aspiration is set free, and where people are continually learning how to learn together. (p. 3)

One of the disciplines that characterizes the learning organization is team learning. Senge discusses how unaligned teams produce a great amount of wasted energy. While individuals within the team may work diligently, the team effort is low. He writes:

By contrast, when a team becomes more aligned, a commonality of direction emerges, and individuals' energies harmonize. There is less wasted energy.... There is commonality of purpose, a shared vision, and an understanding of how to complement one anothers' efforts.... Individuals do not sacrifice their personal interests to the larger team vision; rather the shared vision becomes an extension of their personal visions. (p. 235)

Again, this congruence of personal and organizational vision can only occur when visions have been developed by both the organization and the individual. A shared vision is a necessity in this type of context. Neither the organization nor the individual can shirk responsibility in developing a vision.

Senge notes three critical dimensions of the concept of team learning that have implications for judicial educators, as well as other teams. First, he believes that teams need to tap the minds of individual members in order to think insightfully about complex issues. Everyone must take responsibility for contributing to the group. Secondly, there is a need for coordinated action, through which team members can trust and expect certain behaviors from one another. He likens this to jazz musicians playing together in spontaneous, yet coordinated, action. And thirdly, team learning is dispersed throughout an organization through the actions of team members. Each member of a team will also be a member of other teams; his or her behavior can therefore encourage team learning in other areas as well.

It is clear that these new ideas can radically change the way we look at teams. Changing our perspective and our expectations of teams can transform organizations and the way that work gets accomplished. Active participation is required of both team leaders and followers, as well as commitment. Effective teams need a vision for the organization, but, additionally, each member must feel connected to it and perceive it as part of his or her own personal vision. Through both organizational and individual clarity of vision, organizations can expect commitment, diligence, and a passion for work from its members. Individuals and organizations who can find a passion for work will not only flourish and be productive, but will also find an excitement in carrying out even the most mundane functions in everyday work.

Summary

This chapter has provided an introduction to organizational change and development. Change is clearly inevitable, and mastering change is, therefore, fundamental to the success of any organization. Organizations which can cope with change and harness its energy will be vital and effective. Judicial organizations are no exception. In fact, the judiciary not only reflects many of the changes occurring in our society today, but it is an institution that also creates and "enforces" change. If the judiciary can become even more effective in managing change, it can create a powerful impact on society as a whole. The challenge for judicial educators is to continue their efforts, often accomplished behind the scenes, to encourage their organizations to anticipate change, to understand the nature of change, and to manage change.

DEFINITIONS

Change Advocate: individual or group who does not possess legitimization power, but desires a change.

Change Agent: individual or group responsible for implementing the change.

Change Master: people and organizations adept at the art of anticipating the need for and of leading productive change; a term coined by Rosabeth Moss Kanter.

Change Sponsor: individual or group who legitimizes the change.

Change Target: individual or group who must actually change.

Disengagement: a part of Bridges' (1980, 1988) process of ending; here the individual must make a break with the "old" and with his or her current definition of self.

Disidentification: a part of Bridges' (1980, 1988) process of ending; after the individual makes the initial break, individuals loosen their sense of self, so that they recognize that they aren't who they were before.

Disenchantment: a part of Bridges' (1980, 1988) process of ending; in this stage, individuals further clear away the "old," challenging assumptions and create a deeper sense of reality for themselves.

Disorientation: In this final stage of Bridges' (1980, 1988) process of ending, individuals feel lost and confused. It is a necessary state so that they can then move into the transition state and to a new beginning.

Force-field Analysis: a concept developed by Kurt Lewin, this analysis looks at two types of forces within organizations that either support or oppose change. Change will only occur when there is a shift in balance between these two forces. The forces are:

Driving Forces: those forces which positively affect and enhance the desired change.

Restraining Forces: obstacles to the desired change.

Organizational Development: an overall strategy which focuses on improving an organization's overall effectiveness, often through the use of planned change efforts.

Process Strategies: organizational development strategies that focus on interpersonal approaches to change, such as team-building, quality circles, or sensitivity training.

Structural Strategies: organizational development strategies that focus on more structural approaches to change, such as job redesign, job enrichment, or management by objectives.

Team-building: an organizational development strategy used to make work groups more cohesive, committed, satisfied and productive.

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