# **Urinary System**

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# **Urinary System**



### **The Urinary System**

Urinary System is one of the four excretory systems in our body. The other three are bowel, lungs & skin.

# **Components of Urinary System**



# **The Kidneys**

- The kidneys remove waste products of metabolism, excess water and salts from blood and maintain the pH.
- Ureters convey urine from the kidneys to the urinary bladder.
- The urinary bladder is the muscular reservoir of urine.
- > Urethra is the channel to the exterior.

# **The Kidneys**

 The kidneys are a pair of excretory organs situated on the posterior abdominal wall, one on each side of the vertebral column, behind the peritoneum.

# Location

- The kidneys occupies the epigastric, hypochondriac, lumbar and umbilical regions.
- Vertically they extend from the upper border of 12<sup>th</sup> thoracic vertebra to the center of the body of third lumbar vertebra.
- The right kidney is slightly lower than the left, & the left kidney is little nearer to the median plane than the right.



# The Kidneys: Surface Anatomy

#### **External Features**

- > Each kidney is bean shaped.
- It has upper & lower poles, medial and lateral borders, and anterior and posterior surfaces.
- The upper pole is broad & is in close contact with the corresponding suprarenal glands.
- ≻ The lower pole is pointed.



## **Surface Anatomy**



- The lateral border is convex.
- The medial border is concave.
- The middle part of the medial border is depressed and is known as hilum (hilus).

# Coverings

The kidneys has following coverings

- Innermost fibrous capsule: Surrounds the kidneys and closely attached to the outer surface.
- Perirenal fat: Middle fatty capsule it is a collection of fatty tissue, covers the fibrous capsule. (It acts as a shock absorber & helps to maintain the kidney in its position)
- Renal fascia : It lies external to perirenal fat and encloses the kidneys and suprarenal glands.
- Pararenal fat: External to pararenal fascia and it forms part of retroperitoneal fat.

## Coverings



- Each kidney is a large bean shaped organ located retroperitoneally.
- On naked eye, an outer reddish brown granular zone called cortex and inner lighter striated zone known as medulla.
- The cortex appears granular because it contains renal corpuscles and convoluted parts of renal tubules.
- The reddish brown colour is due to that 90% blood passing through cortex.
- The medulla gives striated appearance because it contain straight parts of renal tubules and parallely arranged blood vessels.



**Adrenal Cortex** 

**Adrenal Medulla** 



- A dozen renal pyramids having base towards the cortex and apex known as Renal papilla towards medially.
- Medullary pyramids have striped appearance due to presence of many collecting tubules.
- Tissue between pyramids is also a part of cortex and is known as **RENAL COLUMNS**.



- Tissue between base of pyramid and surface of kidney is known as CORTICAL LOBULE.
- Cortical lobules show striations are called MEDULLARY RAYS.
- Pyramid and the cortex around it constitute LOBE OF KIDNEY.
- Each kidney has 8-18 lobes.

### **RENAL LOBE**



# **Relations of Right Kidney**

#### Anteriorly

- The suprarenal gland
- Liver
- Second part of duodenum
- Right colic flexure.

### Posteriorly

- The diaphragm,
- 12<sup>th</sup> rib
- Psoas, quadratus lumborum and transversus abdominis muscles.
- Subcostal, iliohypogastic and ilioinguinal nerves run downward and laterally

# **Relations of Left Kidney**

#### Anteriorly

- The suprarenal gland
- Spleen
- Stomach
- Pancreas
- Left colic flexure
- Small intestine

### Posteriorly

- The diaphragm,
- $11^{th}$  and  $12^{th}$  rib
- Psoas, quadratus lumborum and transversus abdominis muscles.
- Subcostal, iliohypogastic and ilioinguinal nerves run downward and laterally



### **Relations - Posterior**



# **Blood Supply**

#### Arterial Supply:

 Renal arteries which are the direct branches of abdominal aorta & are large in size arises at the level of 2<sup>nd</sup> lumbar vertebra.

#### Venous Drainage:

• Renal veins, ends in inferior vena cava. The left renal vein is longer than the right.



- Nerve Supply: Sympathetic fibers derived from T<sub>10</sub>, L<sub>1</sub> segments and parasympathetic fibers from vagus nerve.
- *Lymphatic drainage:* into lateral aortic nodes.

### Ureter

- The ureters are pair of narrow thick walled muscular tubes which convey urine from the kidneys to urinary bladder.
- Each ureter measures about 25 cm long.
- The upper half lies in the abdomen and the lower half in the pelvis.
- It measures 3 mm diameter, but it slightly constricted at three places.

#### **Ureteric constrictions sites**

- 1. Ureteropelvis junction
- 2. Pelvic brim
- 3. Entrance to bladder



### Parts

- For the purpose of description, ureter is divided into 2 parts
  - From the site of origin to pelvic brim- abdominal part
  - From pelvic brim to entry into urinary bladder- pelvic part

# **Relations of Right Ureter**

#### Anteriorly

- Duodenum
- Terminal part of ileum
- Right colic and ileocolic vessels
- Right testicular or ovarian vessels

#### Posteriorly

- Right psoas muscle
- Bifurcation of right common iliac artery.

# **Relations of Left Ureter**

#### Anteriorly

- The sigmoid colon
- Left colic vessels
- Right testicular or ovarian vessels

#### Posteriorly

- Left psoas muscle
- Bifurcation of left common iliac artery

# **Blood Supply**

The arterial supply is as follow

- Upper end: the renal artery
- Middle portion: the testicular or ovarian artery
- In pelvis : superior vesical artery
- Venous blood drains into veins that correspond to the arteries.

 Lymph drain into the lateral aortic nodes and the iliac nodes.

 <u>Nerve</u> supply is the renal , testicular or ovarian and hypogastric plexuses