

سورة طه

آیت نمبر 25-28

قرآنی دعائیں

سورة طه

رَبِّ اشْرَحْ لِي صَدْرِي ۙ وَيَسِّرْ لِي أَمْرِي ۙ
وَاحْلُلْ عُقْدَةً مِّنْ لِّسَانِي ۙ يَفْقَهُوا قَوْلِي ۝

پروردگار، میرا سینہ کھول دے، اور میرے کام کو میرے لیے
آسان کر دے اور میری زبان کی گرہ سلجھا دے تاکہ لوگ میری
بات سمجھ سکیں

رَبِّ زِدْنِي عِلْمًا

MY LORD! INCREASE ME IN KNOWLEDGE.

FOOD SAFETY AND QUALITY MANAGEMENT

DHND

YEAR-V

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CONCEPT OF HALAL FOOD, ISLAMIC LAWS AND REGULATION

MUSLIM DIETARY LAW

There are four important terms used in food permitted or prohibited in Islam:

1. **Halal**

- Halal in an Arabic Term designating any object or an action which is permissible to use according to Islamic Law. Halal means permissible and lawful for Muslims according to Islamic Law (Sharia)
- Halal Food is not just permitted for Muslims it is perceived as wholesome, pure and good for human consumption
- Halal food is gaining world wide recognition as healthy and hygienic food

2. **Haram** means prohibited and unlawful

3. **Makrooh** means disliked, hated or detested. It is used in reference to actions and deeds that are referred to negatively in the sunnah or the Quran. E.g. growing long finger nails

4. **Mushbooh** is doubtful and questionable (Shubah/ suspected) - the main domain for halal certification

HALAL FOODS IN ISLAM

Halal is a Quranic term which means allowed or lawful. Halal foods and drinks are permitted for consumption by Allah-the Supreme Law Giver. Eating Halal is obligatory on every Muslim. Following are the different Halal food items:

- All plant and their products
- Halal slaughtered meat, poultry, game birds and Halal animal's ingredients.
- All water creatures, fish, crustaceans and mollusks
- Eggs from acceptable birds only
- Non Animal Rennet (NAR, culture) or rennet from Halal slaughtered calves
- Gelatin produced from Halal Bovine & Ovine bones or skins

AL QURAN SURAH AL-BAQARAH

“O ye people! Eat of what is on earth, Halal and good; and do not follow the footsteps of the Evil One, for he is to you an avowed enemy.”

(Verse 168)

NOT-HALAL / HARAM FOOD IN ISLAM

Haram is a Quranic term which means prohibited or unlawful. Haram foods and drinks are absolutely prohibited by Allah. Eating Haram is forbidden for every Muslim.

Following are the different Haram food items:

- Pork/swine and its by-products
- Animals improperly slaughtered or dead (carrion) before slaughtering.
- Animals killed in the name of anyone other than Allah (GOD).
- Lawful animals not slaughtered according to Islamic rites.
(Fish Exempted from slaughtering)
- Carnivorous animals and animals with fangs (tigers, lions, cats etc.)
- Birds with talons by which they catch their prey (owls, eagles etc.)
- Land animals without external ears
- Animals which Islam encourages to kill (scorpions, centipedes, rats etc.)
- Animals which Islam forbids to kill (bees etc.)

NOT-HALAL / HARAM FOOD IN ISLAM

- Animals which have toxins, poison or produce ill effects when eaten such as some fish etc.
 - Amphibian animals (crocodiles, turtles, frogs etc.).
- Almost all reptiles and insects, considered ugly or filthy (worms, lice, flies etc.)
- Blood and blood by-products, feces, urine and placental tissue.
 - Wine, ethyl alcohol, spirits and intoxicants such as poisonous and Intoxicating plants
 - Foods contaminated with any of the above products.
 - Foods not free from contamination while prepared or processed with anything considered Najjis (filthy).
 - Foods processed, made, produced, manufactured and/or stored using utensils, equipment and/or machinery that have been not cleansed according to Islamic Shariah Law.

Al-Quran Surah Al-Maidah

"Haram to you (for food) is carrion; blood; the flesh of swine; that which any name other than Allah has been invoked; that which has been killed by strangling; and beat to death, or dead through falling from a height; and killed by the goring of horns; and that which was eaten by wild beasts, unless you are able to perform dhabiha; and that which is sacrificed to idols"

(verse 5:3)

WHY IS IT SO IMPORTANT FOR A MUSLIM TO STRICTLY CONSUME HALAL?

Consuming Halal is an order of Allah and an essential part of the Islamic faith. Allah has repeatedly emphasized the consumption of Halal in His book. The following are some examples of such verses:

- i. “O Messengers, eat from the pure foods and work righteousness” (Holy Quran 23:51)
- ii. “O you who have believed, eat from the pure things which we have provided you” (Holy Quran 2:172)
- iii. “O mankind, eat from whatever is on earth (that is) lawful and pure” (Holy Quran 2:168)
- iv. “So eat of that (meat) upon which Allah's name has been mentioned, if you are believers in His verses” (Holy Quran 6:118)
- v. “And do not eat that upon which the name of Allah has not been mentioned, for indeed it is a grave disobedience” (Holy Quran 6:121)

PERSPECTIVE OF HALAL FOOD IN PAKISTAN

- Pakistan is a Muslim Country and the peoples of country are following Islamic rules.
- Global World's concepts are creating problems in export and import of food.
- Peoples are using food items prepared as ordered in Quran, Sunah and Hadide. But there is question about the certification of meat sold in market. Halal or Non Halal?
- Government has assigned duties of officers to check the quality of materials.
- There are Halal food Rules and also Halal Board established by Chamber of Commerce.
- There is need to conduct research that which raw material should be used for animal, poultry and fish rearing.

PERSPECTIVE OF NON FOOD HALAL ITEMS IN PAKISTAN

- People of Pakistan are also using non food items like toothpaste, lipsticks, leather garments and pharmaceuticals like insulin from animals
- There is no permission to use Non Halal Items in the country
- There is need to conduct test to verify that the items are prepared from Halal raw materials for non-food use also. Certifying bodies should use latest equipments and techniques

ROLE OF PCSIR IN HALAL FOOD INDUSTRY

PARTICIPATION OF PCSIR

PCSIR has actively participated in the following events:

1. Pakistan Halal Products Development Board (PHPDB). By laws, policies, procedures, rules and regulations, structure 2009
2. Pakistan Halal Regulatory and Development Authority Act 2011 for supporting and promotion of Halal products

HALAL FOOD TESTING SERVICES

The following services are available at PCSIR

- Halal Haram Food
 - Oil/ Meat etc
- R & D regarding Halal Products (food & Non Food).
 - Halal Gelatin
 - Halal toothpaste
 - Halal DCP
 - Halal Cosmetics