**DEPARTMENT OF PSYCHOLOGY**

**UNIVERSITY OF SARGODHA**

**Course Outline of Developmental Psychology (PSYC-6221)**

**MSc (Semester IV)**

**Course Instructor: Ms. Sadia Niazi**

**Course description**

1. Various aspects of development since birth to adulthood.
2. Social and emotional development in infant temperament, attachment, gender roles etc.
3. Cognitive development especially with the reference to Piaget.

**Learning outcomes**

At the end of semester student should be able to:

1. Construct and interpret a historical overview of developmental psychology.
2. Objectively interpret evidence interpreted through typical research methods used to

Understand human development.

1. Explain, evaluate, and debate the major psychological theories as they apply for human development.
2. Investigate, apply, and analyze the formulation of change that occurs through physical, cognitive and socioemotional factors as people evolve from conception to death.

**Contents**

1. The Life-Span Perspective, Introduction
2. Beginnings: Biological Beginnings, Prenatal Development and Birth
3. Infancy: Physical Development in Infancy, Cognitive Development in Infancy, Socio-emotional Development in Infancy
4. Early Childhood: Physical and Cognitive Development in Early Childhood, Socio-emotional Development in Early Childhood
5. Middle and Late Childhood: Physical and Cognitive Development in Middle and Late Childhood Socio-emotional Development in Middle and Late Childhood
6. Adolescence: Physical and Cognitive Development in Adolescence, Socio-emotional, Development in Adolescence
7. Early Adulthood: Physical and Cognitive Development in Early Adulthood, Socio-emotional Development in Early Adulthood
8. Middle Adulthood: Physical and Cognitive Development in Middle Adulthood, Socio-emotional Development in Middle Adulthood
9. Late Adulthood: Physical Development in Late Adulthood, Cognitive Development in Late Adulthood, Socioemotional Development in Late Adulthood
10. Endings, Death, Dying, and Grieving

**Course Breakdown**

**1st Week**

The Life-Span Perspective, Introduction

**2st Week**

Beginnings: Biological Beginnings, Prenatal Development and Birth

**3rd Week**

Infancy: Physical Development in Infancy, Cognitive Development in Infancy

**4rth Week**

Socio- emotional Development in Infancy

**5th Week**

Early Childhood: Physical and Cognitive Development in Early Childhood

**6th Week**

Socio-emotional Development in Early Childhood,

**8th Week**

Middle and Late Childhood: Physical in Middle Childhood,

**7th Week**

Cognitive Development in Middle Childhood

**9th Week**

Late Childhood Socio-emotional Development in Middle and Late Childhood

**10th Week**

Revision

Sessional test

**11th Week Mid Term Examinations**

**12 Week**

Adolescence: Physical development in Adolescence, Cognitive Development in Adolescence

**13 Week**

Socio-emotional Development in Adolescence

**14 Week**

Early Adulthood: Physical and Cognitive Development in Early Adulthood, Socio-emotional Development in Early Adulthood

**15 Week**

Middle Adulthood: Physical and Cognitive Development in Middle Adulthood, Socio-emotional Development in Middle Adulthood

**16 Week**

Endings, Death, Dying, and Grieving

Sessional test

**Final Term Examination**

**Course Evaluation**

The assessment of learning in this course would be undertaken through various assessment activities. There would be two formal examinations namely midterm and final term examinations. Besides these formal examinations, there would be one classroom quiz, and one group project that must be submitted in written report and formally presented in the classroom. The relative distribution of marks across these assessment exercises is as follows:

Quiz 10 and Research Project 10 (Report and presentation)

Note: The sessional marks would constitute 20% of the total marks of this course.

Mid Term Examination 30%

Final Term Examination 50%

**Learning Resources**

1. Berk, E. L. & Meyers, A. B. (2018). *Child development* (10th ed.). Pearson, US.
2. Feldman, R. S. (2017). *Development across the Life Span (8th Edition).* Pearson Education.

Recommended Readings:

1. Zimbardo, P.G., & Gerrig, R.J. (2014). Psychology and Life (20th edition). Pearson Education Ltd.
2. Bee, H. & Boyd, D. (2018). *Lifespan development-* *Loose-Leaf Edition (8th Edition)*. Pearson Publishers.
3. Bee, H. (2012). *Developing child (13th approach)*. Pearson Publishers.