

Sympatholytic drugs;

- Adrenergic Blockers.
- Adrenergic antagonists.
- Adrenergic receptor antagonists.
 - Adrenoceptor antagonists.
 by
 - **DR. Muhammad Sarwar**

β adrenergic blocking agents β adrenergic Receptor antagonists β blockers

β-Receptors;

Heart (Mainly β₁, to lesser extent β₂ and α receptors)
 +ve chronotropic

- -SA node accelerates
- -Ectopic pace maker

accelerates

• +ve ionotropic

B1;

-Contractility

- increased
- $-\uparrow$ oxygen demand of the myocardium

Juxtaglomerular cells
Ciliary Epithelium

Renin release

↑production of aqueous humor

| • | eta2 (Promote smooth muscle r | elaxation) |
|---|--|---|
| | – Eye; | |
| | Ciliary muscles of eye | Relax |
| | – Respiratory; | |
| | Bronchial smooth muscles | Relax |
| | — Uterus (pregnant); | |
| | Uterine smooth muscles | Relax |
| | Urinary bladder; | |
| | Bladder wall | Relaxes (Sphincter, α ₁ , contracts) |
| | Blood vessels; (skeletal muscl dilator fibers), so | e vessels – sympathetic cholinergic |
| | Vascular smooth muscles | Relax |
| | – GIT; | |
| | • Walls | Relax (α2, β2) |
| | Skeletal muscle; | K uptake |
| | Metabolic function; | |
| | Liver (β2, α) | gluconeogenesis, glycogenolysis |
| | Pancreas β2 | stimulates glucagon release |
| • | β3 Fat cells | Stimulate lipolysis |

- All β blockers are **competitive antagonists**.
- β1 blockade will cause decrease of
 - -Heart rate,
 - -Stroke volume,
 - -Cardiac output,
 - -Oxygen consumption,
 - -Renin release,
 - -Aqueous humor production.

β₂ blockade will cause

- Precipitation of bronchospasm in asthmatics.
- Vasospasm in peripheral vascular disease.
- Metabolic effects;
 - -↑ LDL
 - **-↑ TG'**s
 - -↓ glycogenolysis
 - -↓ gluconeogenesis
 - -↓ Insulin and glucagon secretion.



Classification;

- Nonselective β blockers ($\beta_1 = \beta_2$);
 - Propranolol, Sotalol, Timolol, Labetalol, Nadolol,
 - Pindolol--(Partial β agonist).
- Cardioselective (β₁) blockers;
 - Metaprolol, Atenolol, Bisoprolol, betaxolol,
 - Esmolol (short acting)
 - Acebutolol (Partial β agonist)
 - Selectively is dose related, it tends to diminish at higher doses.
- Selective (β₂) blockers;
 - Butoxamine--- used in research --- no clinical use.
- With additional α blocking activity;
 - Labetalol, Carvedilol

Classification according to ISA;

- Without intrinsic sympathomimetic activity;
 - Propranolol, Sotalol, Timolol
 - Penbutolol, Nadolol, Labetalol,
 - Atenolol, Metoprolol.
- With intrinsic sympathomimetic activity; (with partial agonist activity)
 - Less likely to cause bronchospasm.
 - Pindolol, Acebutolol, Alprenolol, Oxprenolol
 - Practolol.

Classification according to membrane stabilizing property;

- **Drugs with M.S.E. (quinidine like efffect)**
 - Propranolol,
 - Oxprenolol,
 - Alprenolol,
 - Acebutolol,
 - Labetalol.
- A disadvantage when used topically in the eye because it ↓es protective reflexes and ↑ the risk of corneal ulcer.
- Local anesthetic effect is absent from timolol.

Properties of several beta-receptor-blocking drugs.

| | Selectivity | Partial Agonist Activity | Local Anesthetic Action | Lipid Solubility | Elimination Half-Life | Approximate Bioavailability |
|-------------------------|----------------|--------------------------------|-------------------------------|---------------------|--------------------------|--------------------------------|
| Acebutolol | β_1 | Yes | Yes | Low | 3–4 hours | 50 |
| Atenolol | β ₁ | No | No | Low | 6–9 hours | 40 |
| Betaxolol | β ₁ | No | Slight | Low | 14–22 hours | 90 |
| Bisoprolol | β ₁ | No | No | Low | 9–12 hours | 80 |
| Carteolol | None | Yes | No | Low | 6 hours | 85 |
| Carvedilol ¹ | None | No | No | No data | 6–8 hours | 25–35 |
| Celiprolol | β ₁ | Yes ² | No | No data | 4–5 hours | 70 |
| Esmolol | β ₁ | No | No | Low | 10 minutes | -0 |
| Labetalol ¹ | None | Yes ¹ | Yes | Moderate | 5 hours | 30 |
| Metoprolol | β ₁ | No | Yes | Moderate | 3–4 hours | 50 |
| Nadolol | None | No | No | Low | 14–24 hours | 33 |
| Penbutolol | None | Yes | No | High | 5 hours | >90 |
| Pindolol | None | Yes | Yes | Moderate | 3–4 hours | 90 |
| Propranolol | None | No | Yes | High | 3.5–6 hours | 30 ³ |
| Sotalol | None | No | No | Low | 12 hours | 90 |
| Timolol | None | No | No | Moderate | 4–5 hours | 50 |

 $^1\text{Carvedilol}$ and labetalol also cause α_1 adrenoceptor blockade.

 $^2\text{Partial}$ agonist effects at β_2 receptors.

³Bioavailability is dose-dependent.

β blockers and lipid solubility;

- High;
 - Propranolol.
- Moderate;
 - Carvedilol, Metaprolol, Pindolol, Timolol.
- Low;
 - Acebutolol, Atenolol, Esmolol, Labetalol, Nadolol
- Aggressive and rage states can be treated with lipophilic β blockers (propranolol, metoprolol) in moderate doses.

Thank You