

**Anticholinergic drugs; Cholinergic antagonists**, **Cholinergic blockers**, **Cholinergic receptor blocking drugs,** By Dr. Muhammad Sarwar

## PHARMACOLOGICAL EFFECTS; CNS; (M1, M2, M3, M4, M5 Receptors);

- Atropine has a stimulant action on the CNS especially at high doses.
- Atropine stimulates medullary centers vagal, respiratory and vasomotor.
- High doses cause cortical excitation, restlessness, disorientation, hallucinations and delirium followed by respiratory depression and coma.
- By blocking the relative cholinergic over-activity in basal ganglia, it suppresses tremors and rigidity in parkinsonism.
- Hyoscine produces central depressant effects even at low doses. Amnesic action—block short term memory.

# CVS; (M2 Receptors);

- Atropine causes tachycardia due to blockade of M<sub>2</sub>receptors on SA node.
  - The tachycardia is more marked in young adults than in children and the elderly.
- Atropine shortens the refractory period of AV conduction, especially if it has been depressed by high vagal tone.

#### > Atropine does **not influence BP.**

Normal dose has no effect on blood vessels.

Dilatation of cutaneous vessels of the face, head, neck and trunk ---- Atropine flush ---- red as a beet --- diagnostic of overdose. Atropine causes -- Transient initial bradycardia, especially at low doses.

- By blocking Presynaptic M<sub>1</sub> receptors
  (autoreceptors) on vagal postganglionic fibers
  that normally limit ACh release in the SA node
  and other tissues.
- Transient initial vagal stimulation (in CNS).
- -Clinical significance when used along with neostigmine for reversal (Atropine + neostigmine to antagonize curare like drugs) may cause bradycardia.
  - Atropine to be given a few minutes before neostigmine to avoid summation.

## Eye; (M<sub>3</sub> Receptors);

- Circular constrictor muscles of iris, Ciliary's muscles, Lacrimal gland.
- Topical instillation of atropine (0.1%) causes
  - *mydriasis, abolition of light reflex* and *cycloplegia,* lasting 7–10 days.
    - This results in photophobia and blurring of near vision.
    - The *intraocular tension rises* specially in narrow angle glaucoma.
  - Lacrimal secretion is decreased.
    - "Dry & Sandy Eyes"
- Conventional systemic doses produce minor ocular effects.

#### **Duration of effects of Antimuscarinic Drugs used in eye;**

	duration of effects	%
	(in days)	
Atropine	7-10 (>72 h)	0.5-1 %
Scopolamine	3-7	0.25 %
Homatropine	1-3 (24 h)	2—5 %
Cyclopentolate	1 (2-12 h)	0.5-2 %
Tropicamide	0.25 (0.5-4 h)	0.5-1 %

#### <u>Atropine --- Mechanism of passive</u> <u>mydriasis;</u>

Circular constrictor muscles (M<sub>3</sub>) of iris are blocked & radial dilator muscles ( $\alpha$ )

--- *unopposed contraction*. Pupil become **unresponsive to light**.

Ancient cosmetic use; Belladonna (beautiful lady).





• Autonomic control of pupil. (A)

 Site of action of Mydriatics. (B)

 Site of action of miotics. (C)



#### **Mechanism of Cycloplegia;**

- Ciliary's muscles are relaxed so suspensory ligaments are tense and lens is straightened.
- Eye can't focus for near vision.



# Atropine;

- Passive mydriasis.
- Ciliary muscles relaxed.
- Cycloplegia -- loss of accommodation.
  - Ciliary's muscles are relaxed so suspensory ligaments are tense and lens is straightened.
- Eye can't focus for near vision.
- Glaucoma precipitated.
  - Intra ocular pressure may \u03c6 in patients with narrow angle glaucoma.
- Lacrimal secretion is decreased.
- "Dry & Sandy Eyes"

### Muscarinic agonists, & Anticholinesterases;

- Miosis.
- Ciliary muscles –contract.
- Cyclospasm --- *spasm of accommodation* 
  - Ciliary muscles contract so relaxation of suspensory ligaments and bulging of the lens.
- Accommodation is fixed for near vision.
- Used for the treatment of glaucoma.
  - Facilitates the flow of aqueous humor and perhaps also by ↓ ing the rate of its secretion.
- Lacrimal secretion is increased.

#### Pilocarpine (M agonist) Activates pupillary sphincter ----Cause miosis.

#### Atropine ----

causes passive mydriasis.



# **Smooth muscles**; (M<sub>3</sub> Receptors)

- All visceral smooth muscles with parasympathetic innervation are relaxed (M<sub>3</sub>-blokade). Sphincters --- are contracted.
- GIT; Tone and amplitude of GIT are reduced. Spasm may be reduced, constipation may occur. Peristalsis is only incompletely suppressed because it is primarily regulated by local reflexes and other neurotransmitters (serotonin, encephalin, etc.).
- Airway; Atropine causes bronchodilatation and reduces airway resistance, especially in asthma patients.
  - Inflammatory mediators (histamine, PGs, and kinins) increase vagal activity in addition to their direct action on bronchial muscle and glands. Atropine attenuates their action by antagonizing the reflex vagal component.
- Urinary Tract; It has a relaxant action on the ureter and urinary bladder. Urinary retention can occur in older men with prostatic hyperplasia.

# Smooth muscles:

- Walls of viscera
  - –relaxed. ↓ed tone / peristalsis.
- Sphincters
  - -contracted.
- Gastric emptying time & intestinal transit.
  - -prolonged



- Salivary:
  - $-\downarrow$ ed ---dryness of mouth

## • Gastric:

- blockade of excitatory  $M_1$ on vagal ganglion,  $\downarrow$  ed HCl secretion.
- Pancreatic & intestinal:---- more control by hormones.

# **Glands**; (*M*<sub>3</sub>-*Receptors*)

- Atropine decreases sweat, salivary, tracheo-bronchial, and lacrimal secretions (M<sub>3</sub>-blockade).
  - Skin and eyes become dry.
  - Talking and swallowing my be very difficult.
  - Atropine decreases less the secretion of acid and pepsin and more of the mucus in the stomach.

## **Body temperature**;

- Rise in body temperature occurs at higher doses and is due to both inhibition of sweating as well as stimulation of the temperature regulating centre in the hypothalamus.
  - Children are highly susceptible. (Atropine fever, Hyperthermia)

## Local anaesthetic action;

- Atropine has a mild anaesthetic action on the cornea.
- The sensitivity of different organs and tissues to atropine;
- The sensitivity of different organs and tissues to atropine varies and can be graded as;
  - Saliva > sweat > bronchial secretion > eye > bronchial muscles > heart > intestinal and bladder smooth muscles > gastric glands and gastric smooth muscles.

# Thank You