# METABOLISM OF CARBOHYDREATES





# Stages of Metabolism – 4 stages



# **Carbohydrate Metabolism**









\*Controlled enzymes catalyzing irreversible steps

# Definition: <u>Glycolysis</u>

- Glycolysis means oxidation of glucose to give pyruvate (in the presence of oxygen) or lactate (in the absence of oxygen).
- It is a cascade of reactions that converts glucose into two pyruvate molecules or into lactate aiming at production of ATP and other intermediates.
- It is also utilized in its opposite direction in gluconeogenesis.

# **Intracellular site and tissue distribution:**

• It occurs in the cell cytosol of all tissues of the body.

But it is of physiological importance in:

- Tissues with no mitochondria: mature RBCs, cornea and lens.
- Tissues with few mitochondria: Testis, leucocytes, medulla of the kidney, retina, skin and gastrointestinal tract.
- Tissues undergo frequent oxygen lack: skeletal muscles especially during exercise.

# **Biological importance (Functions) of glycolysis:**

- Glucose <u>oxidation producing</u> ATP.
  - a) anaerobic glycolysis gives 2 ATP.
  - b) aerobic glycolysis gives 8 ATP.
- It is the major <u>source of energy in</u> <u>certain tissues</u>, e.g., RBCs and skeletal muscles.
- <u>Production of 2,3-DPG</u> that is important in tissue oxygenation.

# **Biological importance (Functions) of glycolysis:**

- It provides <u>pyruvic acid for Krebs' cycle</u>.
- Provides important intermediates:
  - a) Dihydroxyacetone phosphate: can give glycerol-3phosphate, which is used for synthesis of triacylglycerols and phospholipids (lipogenesis).
    - b) 3 Phosphoglycerate: which can be used for synthesis of amino acid serine.
    - c) Pyruvate: which can be used in synthesis of amino acid alanine.

# **Biological importance (Functions) of glycolysis:**

- It is the major <u>source of lactic acid</u> that is gluconeogenic.
- Reversal of glycolysis is gluconeogenesis, an important source of glucose.
- Main <u>pathway of metabolism of fructose</u> from the diet.
- <u>Genetic diseases</u> (a small number) occur due to deficiency in activity of enzymes of glycolysis –mainly manifested as hemolytic anemia.
- Cancer cells are glycolytic producing large amount of lactate, favoring a relatively acidic local pH in the tumor.

#### **Steps of Glycolysis**



#### **Steps of Glycolysis (a)**



#### **Steps of Glycolysis (b)**



# Major Glucose Transporters in Human Cells

Name	Tissues	<i>K<sub>m</sub></i> , Glucose	Functions
GLUT 1	Most tissues (brain, red cells)	~1 mM	Basal uptake of glucose
GLUT 2	Liver Pancreatic β-cells	~15 mM	Uptake and release of glucose by the liver β-cell glucose sensor
GLUT 3	Most tissues	~1 mM	Basal uptake
GLUT 4	Skeletal muscle Adipose tissue	~5 mM	Insulin-stimulated glucose uptake; stimulated by ex- ercise in skeletal muscle

Normal blood glucose concentration is 4-6 mM (72-110 mg/dL).



# **Stages of Glycolysis**

- Stages on the basis of energy consumption
- 1. Stage one (the energy requiring stage):
- a) One molecule of glucose is converted into two molecules of glycerosldhyde-3-phosphate.
- b) These steps requires 2 molecules of ATP (energy loss)
- 2. Stage two (the energy producing stage):
- a) The 2 molecules of glyceroaldehyde-3-phosphate are converted into pyruvate (aerobic glycolysis) or lactate (anaerobic glycolysis).
- b) These steps produce ATP molecules (energy production).



#### **Steps of Glycolysis**

#### Energy requiring stage

#### Energy producing stage



- In the energy investment phase, ATP provides activation energy by phosphorylating glucose.
  - This requires 2 ATP per glucose.
- In the energy payoff phase, ATP is produced by substrate-level phosphorylation and NAD<sup>+</sup> is reduced to NADH.
- 2 ATP (net) and 2 NADH are produced per glucose.





#### **All cells**



#### LIVER



	<u>Glucokinase</u>	<u>Hexokinase</u>
Km	High (10mM)	Low (<0.1mM)
Affinity	Low affinity	High affinity
Vmax	High	Low
<b>Tissue distribution</b>	Liver, pancreas	muscle and other tissues
Glu6PO4	Is not inhibited	Inhibited
Insulin	Is regulated by insulin	Is not regulated by insulin





#### **INSULIN DEPENDENT**

#### **All cells**











#### **Covalent modulation of PK:**

Elevated glucagon ->

increase cAMP ->

phosphorylation/inactivation PK ->

No glycolysis + gluconeogenesis

Dephosphorylation of PK -> Reactivation of the enzyme.



# **Substrate-level Phosphorylation**

An enzyme transfers phosphate from substrate to ADP



Example from glycolysis in cellular respiration



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\*Controlled enzymes catalyzing irreversible steps







#### **Effect of Diabetes:**

No Insulin  $\rightarrow$  No PFK2  $\rightarrow$  PFK1 Inhibited  $\rightarrow$  Glycolysis Inhibited

Incr. F6P  $\rightarrow$  Incr. G6P  $\rightarrow$  Hexokinase Inhibited

High Carb. Meal  $\rightarrow$  more ATP in cells  $\rightarrow$  Glycolysis Inhibited  $\rightarrow$  Hyperglycemia

- These pathways must be coordinated
- There is sophisticated communication system
- Regulatory signals
  - Hormones
  - Neurotransmitter
  - Product of the reaction

### A. Key regulatory enzymes:

are those enzymes that catalyze the irreversible steps of glycolysis that include three steps as follows:

# **1-Phosphofructokinase:**

It is an allosteric enzyme stimulated by high levels of fructose-6- phosphate, fructose-2,6-diphosphate (in liver), ADP and AMP, Pi, and ammonia.

It is inhibited allosterically by ATP, AMP and citrate.

# 2-Hexokinase:

Accumulation of glucose-6-phosphate and inhibition of phosphofructokinase results in accumulation of fructose-6-phosphate and glucose-6-phosphate that allosterically inhibit hexokinase.

**3-Pyruvate kinase:** It is inhibited also by excess ATP, fatty acids, and acetyl-CoA

and is stimulated by fructose-1,6-diphosphate, ADP and AMP

It is regulated by cAMP-dependent phosphorylationdephosphorylation mechanism

# **B. Hormonal regulation:**

# 1. Insulin:

- Stimulates synthesis of glucokinase, phosphofructokinase and pyruvate kinase, so it stimulates glycolysis.
- It also induces glucose transporters to provide cells with glucose for glycolysis.

# 2-Adrenaline and glucagon

inhibitory by inhibiting pyruvate kinase.

TABLE 8.1	1 Allosteric Regulation of Glycolysis	
Enzyme	Activator	Inhibitor
Hexokinase		Glucose-6-phosphate, ATP
PFK-1	Fructose-2,6-bisphosphate, AMP	Citrate, ATP
Dumunta kinona	Emotora 1.6 biophosphota AMD	A astyl Co & ATD



# Thanks for your attention!