# Qualitative and Quantitative Methods of Research

Dr. Najma Iqbal Malik UOS

Purpose

# *Quali:* To understand & interpret social interactions.

*Quanti:* To test hypotheses, look at cause & effect, & make predictions.

Group Studied

*Quali:* Smaller & not randomly selected.

*Quanti:* Larger & randomly selected.

Variables

#### *Quali:* Study of the whole, not variables.

*Quanti:* Specific variables studied

Type of Data Collected

*Quali:* Words, images, or objects.

*Quanti:* Numbers and statistics.

Forms of Data Collected

*Quali:* Qualitative data such as open - ended responses, interviews, participant observations, field notes, & reflections.

*Quanti:* Quantitative data based on precise measurements using structured & validated data-collection instruments.

Role of the Researcher

*Quali:* Researcher & their biases may be known to participants in the study, & participant characteristics may be known to the researcher.

*Quanti:* Researcher & their biases are not known to participants in the study, & participant characteristics are deliberately hidden from the researcher (double blind studies).

Results

# *Quali:* Particular or specialized findings that is less generalizable.

*Quanti:* Generalizable findings that can be applied to other populations.

Scientific Method

#### *Quali:* Study of the whole, not variables.

*Quanti:* Specific variables studied

#### Final Report

*Quali:* Narrative report with contextual description & direct quotations from research participants.

*Quanti:* Statistical report with correlations, comparisons of means, & statistical significance of findings.

What is to be observed?

*Quali:* ¤ Qualities ¤ Behavior ¤ Complexities

*Quanti:* ¤ Quantities ¤ Scales ¤ Trends

What are the type of questions asked?

*Quali:* ¤ Why? ¤ How?

*Quanti:* ¤ How many ¤ What

How are the questions are put (methods)?

*Quali:* ¤ Document review ¤ Participant observations ¤ Interviews ¤ Focus group ¤ Workshops

*Quanti:* ¤ Application forms ¤ Questionnaires ¤ IQ Tests ¤ Measurements

How the results are interpreted (analysis)?

*Quali:* ¤ Explore, explain, understand ¤ Narrative ¤ Particular ¤ Mainly inductive reasoning: conclusions can be drawn from the evidence no matter how incomplete

*Quanti:* ¤ Describe, measure, predict ¤ Statistical tables and chart ¤ Universal ¤ Mainly deductive reasoning: everything is known before conclusions can be drawn

## Major Classes of Quantitative and Qualitative Research

#### **Experimental Studies**

 Researchers actively introduce an intervention or treatment
 Designed to test causal relationships
 Greater control over extraneous variables

#### Non-Experimental Studies

 Researchers collects data without making changes or introducing treatments
 Lesser control over extraneous variables

#### Examples:

The effects of a submaximal exercise protocol, in comparison with a near-maximal voluntary contraction protocol, on continence control and muscle contraction strength among women with genuine stress urinary incontinence.

#### Examples:

Factors that contributed to hospital readmission in a HongKong hospital. A readmitted group was compared with a non readmitted group of patients in terms of demographic characteristics and health conditions upon admission.

Rooted in research traditions that originate in the disciplines of anthropology, sociology, and psychology.

#### Grounded Theory Study

Roots in sociology
 Seeks to describe and understand the key social psychological and structural processes that occur in a social setting
 Focus → developing social experience

Component  $\rightarrow$  discovery of a core variable that is central in explaining what is going on in that social scene

 Generate comprehensive explanations of phenomena that are grounded in reality
 Example:

 A study to explain the material process of managing late stages of breastfeeding and weaning the child from the breast

Phenomenology Roots in both philosophy and psychology Concerned with the lived experiences of humans Approach to thinking about what life experiences of people are like and what they mean What is the essence of this phenomenon as experienced by these people?

#### Example:

A study to illuminate the lived experiences of care providers who were highly skilled communicators in their relationships with patients with stroke and aphasia.

Ethnography Primary research tradition within anthropology Provides a framework for studying the meanings, patterns, and experiences of a defined cultural group in a holistic fashion Engaged in extensive fieldwork, often participating to the extent possible in the life of the culture under study

Broadly defined culture → Haitian refugee
 communities

Narrowly defined culture → The Culture of Emergency Departments
 Aim → to learn from (rather than to study) members of a cultural group, to understand their world view as they perceive and live it

#### Example:

An analysis of a nursing home residence, focusing on the ethical issues of daily living affecting nursing home residents with dementia

Researchers move from beginning point of a study (the posing of a question) to the end point (the obtaining of an answer) in a linear sequence of steps

#### Phase 1: The Conceptual Phase

Activities include reading, conceptualizing, theorizing, reconceptualising and reviewing ideas with colleagues or advisers
 Skills include creativity, deductive reasoning, insight, and a firm grounding in previous research on the topic of interest

- Step 1. Formulating and Delimiting the Problem
- Step 2. Reviewing the Related Literature
   Step 3. Undertaking Clinical Fieldwork
   Step 4. Defining the Framework and Developing Conceptual Definitions
   Step 5. Formulating Hypothesis

Phase 2: The Design and Planning Phase

The methods and procedures to be used to address the research question and plan for the actual collection of data

- Step 6. Selecting a Research Design
   Step 7. Developing Protocols for the Intervention
- Step 8. Identifying the Population to be Studied
- Step 9. Designing the Sampling Plan

 Step 10. Specifying methods to Measure the Research the Research Variables
 Step 11. Developing Methods for a Safeguarding Human/Animal Rights
 Step 12. Finalizing and Reviewing the Research Plan

#### Phase 3: The Empirical Phase

Involves collecting research data and preparing those data for analysis

Step 13. Collecting the Data
Step 14. Preparing the Data for Analysis

#### Phase 4. The Analytic Phase

#### Analysis and interpretation of data

Step 15. Analyzing the DataStep 16. Interpreting the Results

Phase 5: The Dissemination Phase

Step 17. Communicating the Findings
Step 18. Utilizing the Findings in Practice

Begin with a broad question regarding the phenomenon of interest, often focusing on a little studied aspect
 More flexible and less linear

Conceptualizing and Planning a Qualitative Study

 Identifying the Research Problem
 Doing Literature Reviews
 Selecting and Gaining Entree Into Research Sites

Research Designs in Qualitative Studies

Conducting the Qualitative Study Once in the field, researchers select informants collect data, and then analyze and interpret them in an iterative fashion; Field experiences help in an ongoing fashion to shape the design of the study Early analysis leads to refinements in sampling and data collection, until saturation (redundancy of information) is achieved

- Disseminating Qualitative Findings
   Used to shape the direction of further studies (including more highly controlled quantitative studies)
- Guide the development of structured measuring tools for clinical and research purposes
- Shape the researcher's perceptions of a problem or situation and their conceptualizations of potential solutions

# E N D Thanks!