**WEEKLY LESSON PLAN**

**PERSONALITY PSYCHOLOGY (Psy-315)**

COURSE SCHEDULE

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| **Week** | Topics and Readings |
| 1. | Introduction to Personality: Definition of Personality Essential Features of Personality, Theories of Personality, Six Approaches to Personality |
| 2. | Issues in Personality Psychology, Collectivist orientations, Situational causes and cues |
| 3. | Psychoanalysis |
| 4. | Adler’s Individual Psychology: Inferiority complex, Striving for superiority |
| 5. | Jung’s Analytical Psychology: Personal vs. collective unconscious, Archetypes |
| 6. | Erikson’s Ego Psychology, Stages and Conflicts in Personality Development |
| 7. | **MID TERM EXAMS** |
| 8. | Horney’s Relational Psychology, Self theory |
| 9. | Fromm’s Humanistic Psychoanalysis, Freedom ; Escape from freedom |
| 10. | Family origins |
| 11. | The social unconscious; Orientations; Evil; Human needs |
| 12. | Trait theory |
| 13. | Gordon Allport |
| 14. | Five-Factor Theory (Norman, McCrae and Costa) |
| 15. | Stress, adjustment and personality |
| 16. | Occupational life and personality |

PROJECT

1. Every student must prepare one term paper on assigned category of personality theories.

ASSESSMENT CRITERIA

Mid Term: 30

Sessional: 20

Final Term: 50

* Mid Term & Final Term Exam will include objective and subjective question in 40% and 60 % ratio respectively.
* Sessional will include:

Project & Presentation: 10 Marks

Class participation & Quiz: 5 Marks

Conduct & Attendance: 5 Marks

RULES AND REGULATIONS

* 80% class attendance are standards for the university.
* Please make best effort to arrive on time!
* Please be respectful of teacher and fellow classmates.
* Refrain from using social media apps during class, turn off cell phones upon arrival to class
* Participate actively and refrain from side conversations.
* Submit assignments before deadlines