

**UNIVERSITY OF SARGODHA
DEPARTMENT OF PSYCHOLOGY**

COURSE OUTLINE

Spring, 2020

Course Title: PERSONALITY PSYCHOLOGY
Course Code: Psy-625
Credit Hours: 3

Instructor: Ghulam Hafsa
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DESCRIPTION & OBJECTIVES

- To give a detail understanding of different aspects of human personality
- To create a coherence and balance in different approaches to the personality in the minds of the readers
- To help students integrate theory and research in personality psychology
- To help students to think critically about human personality

READINGS

Burger, J.M. (2000). Personality (ed.5th) Thomson Learning Inc.
Calvin, S. H., Lindsay, G., & Campbell, J. B. (1997) theories of personality (4th ed.). New York: Willey

CONTENTS

- **What is personality**
Assessment and research in personality
- **Basic paradigm in personality**
- **Development of personality**
- **Measurement in personality**
- **Stress, adjustment and personality**
- **Occupational life and personality**
- **Cultural and ethnic differences in personality**
- **Contemporary conceptions of personality**
- **Application, research and future directions**

COURSE SCHEDULE

week	
	Topics and Readings Give Reading No from your list of readings above and its Page Nos. relevant to the topic(s) covered each week
1.	What is personality, theories of personality
2.	Assessment in personality psychology,
3.	Research in personality psychology
4.	Freudian paradigm, behavioral paradigm, Humanistic paradigm. Neo Freudian paradigm

5.	Cognitive paradigm, trait paradigm, biological paradigm,, person-situation paradigm
6.	Development of personality
7.	Measurement & testing in personality
8.	Measurement & testing in personality
9.	Stress, adjustment and personality
10.	<u>Mid Term Week</u>
11.	Occupational life and personality
12.	Cultural and ethnic differences in personality
13.	Written Test
14.	Contemporary conceptions of personality
15.	Presentation
16.	Application, research and future directions

Note: You can reserve one week for sessional or mid-term exam, and, if you wish, one week for student presentations of the assigned research project

RESEARCH PROJECT

The students have to perform certain experiments as prescribed by the teacher concerned.

ASSESSMENT CRITERIA

Write here the distribution of marks. You can choose any or all from below for the purpose.

Sessional:	20
Project:	10
Presentation:	6
Class activities:	4
Mid term exam:	30
Final exam	50

RULES AND REGULATIONS

Zero tolerance on decided date and timings of assignment, presentation, test etc.

Learning Outcomes

- Students will be able to understand different aspects of psychology
- They will help students integrate theory and research in human personality.
- It will help students to think critically about human personality.

