Histology of Female Reproductive System

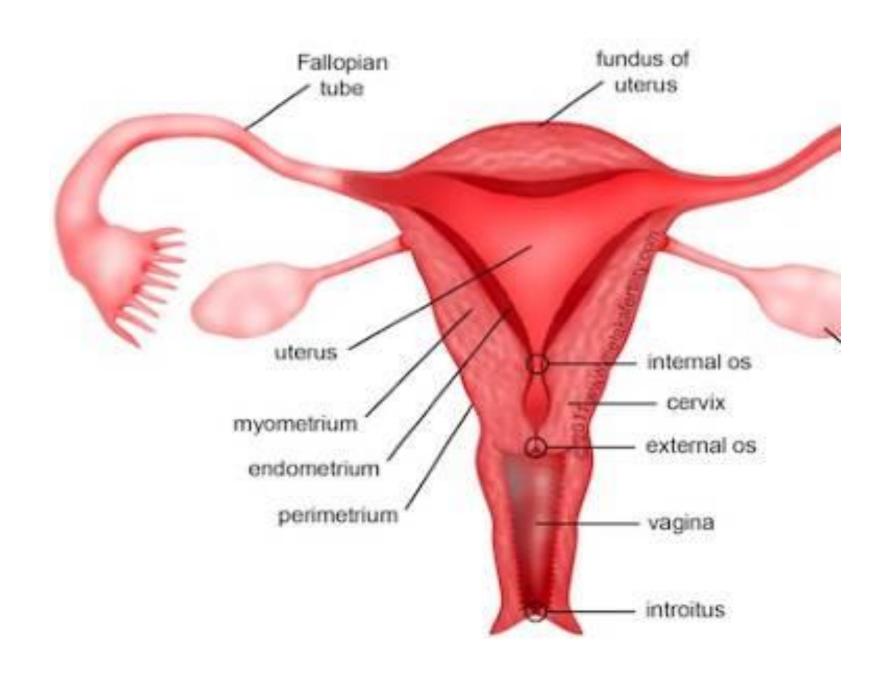
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Female Reproductive System

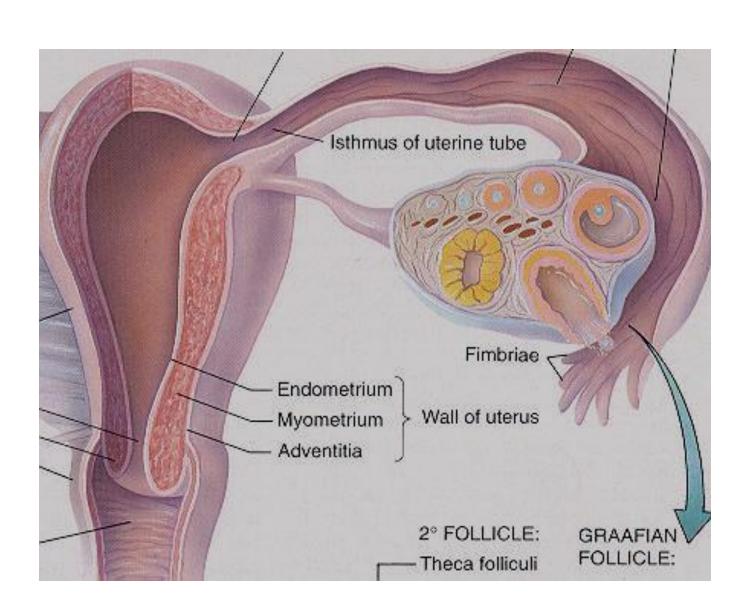
Female reproductive system comprises of the following organs:

- Ovaries
- ➤ Oviducts
- ➤ Uterus
- Vagina



Uterus

- Uterus is a pear-shaped structure attached to oviducts at upper end and to vagina at lower end
- Uterus is divided into three regions:
- Body
- > Fundus
- Cervix
- Wall of uterus has 3 layers
 - > Endometrium
 - > Myometrium
 - ➤ Perimetrium (Adventitia/Serosa)



Perimetrium

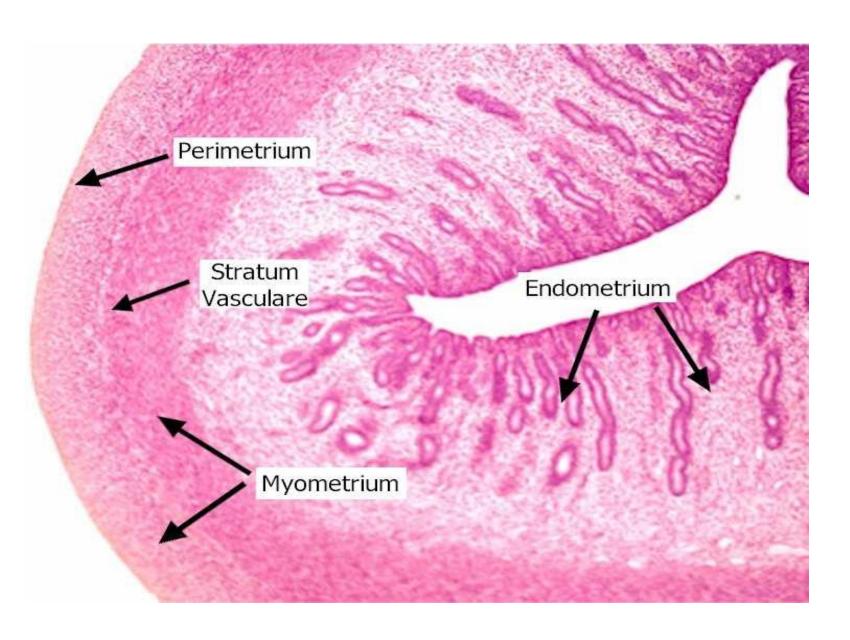
- The lower half of the anterior portion (lies against the urinary bladder) covered by adventitia which is composed of loose connective tissue.
- The remaining portion of uterus covered by serosa composed of a layer of simple squamous cells (mesothelium) resting on an loose connective tissue.

Myometrium

- Myometrium is the thickest layer and composed of three poorly defined layers of smooth muscle separated by connective tissue
- ➤ Inner and outer layers are mostly longitudinal in orientation.
- ➤ Middle layer consist of mostly circularly arranged bundle of smooth muscle cells, large blood vessels are located in this layers and is known as *Stratum Vasculare*
- ➤ Middle layer thicken during pregnancy with more and large smooth muscle cells (hyperplasia and hypertrophy) and increased collagen fibers.
- > After menopause the myometrium undergo atrophy.

Endometrium

- Endometrium is mucosal lining of uterus composed of a simple columnar epithelium.
- ➤ Epithelium consists of *ciliated cells* and *secretory cells*.
- ➤ Epithelium invaginates into the lamina propria forming *uterine glands*.
- ➤ Lamina propria composed of dense irregular connective tissue and vessels supports epithelium.
- > Endometrium has 2 zones
 - > Functional layer
 - ➤ Basal layer



Endometrial Layers

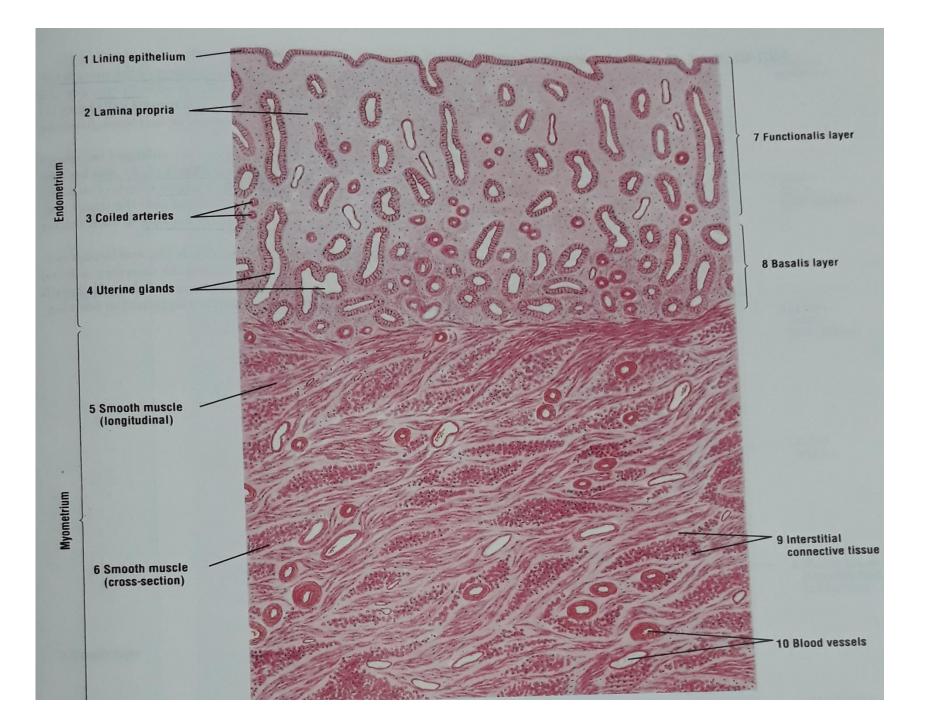
- Functional layer is a thick superficial layer shed off during menstruation and replaced during each menstrual cycle
- Functional layer vascularized by coiled helical arteries that originate from arcuate arteries in stratum vasculare
- Basal layer is a deep narrow layer retained after menstruation whose glands, epithelium and connective tissue element regenerate functional layer
- ➤ Basal layer supplied by short straight arteries which originate from arcuate arteries in stratum vasculare

Menstrual Cycle

- ➤ Estrogen and progesterone from ovary stimulate changes in the endometrium
- ➤ The average menstrual cycle is 28 day , Ovulation around day 14.
- ➤ Begins age is about 12-15 years and ends age is about 45-50 years.
- > The menstrual cycle has 3 main phases:
 - > Proliferative (follicular) phase: days 5-14
 - > Secretory (luteal) phase: days 15-28
 - ➤ Menstrual phase: days 1-4

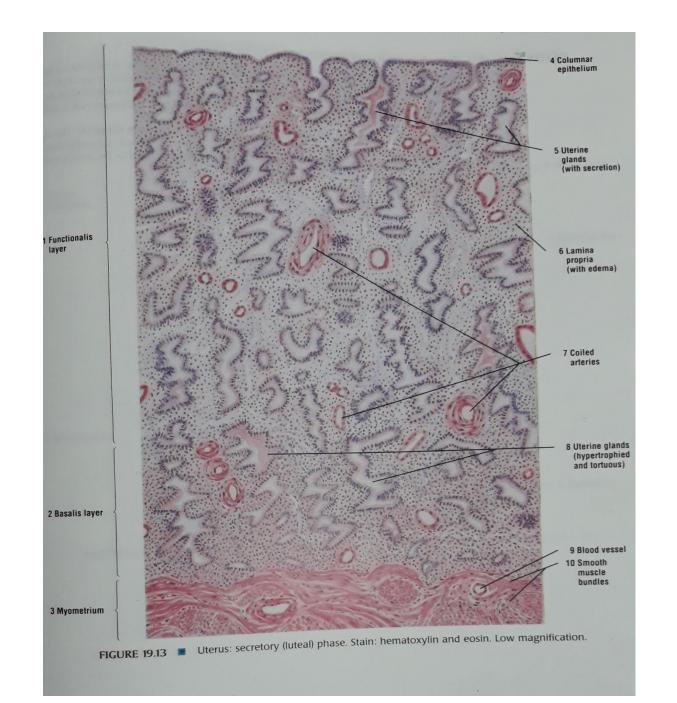
Proliferative (Follicular) Phase

- ➤ The endometrium regenerates under the influence of estrogen secreted by growing follicles.
- The epithelial cells in the basal portion of gland rapidly proliferate and cover the denuded endometrial surface.
- Connective tissue cells proliferate in lamina propria and coiled arteries grow into lamina propria.
- ➤ Functionalis layer of endometrium become 3 mm in thickness
- > At the day 14 the functional layer has been fully restored.



Secretory (Luteal) Phase

- ➤ Begins after ovulation, days 15-28 in responce to the progesterone by corpus luteum.
- ➤ Glands develop further, become highly coiled, branched and begin to secrete glycoprotein(nutritive source of early embryo)
- Coiled arteries also attain full development
- Endometrium reaches 6 mm in thickness due to edema and accumulated glycogen secretions of the glands



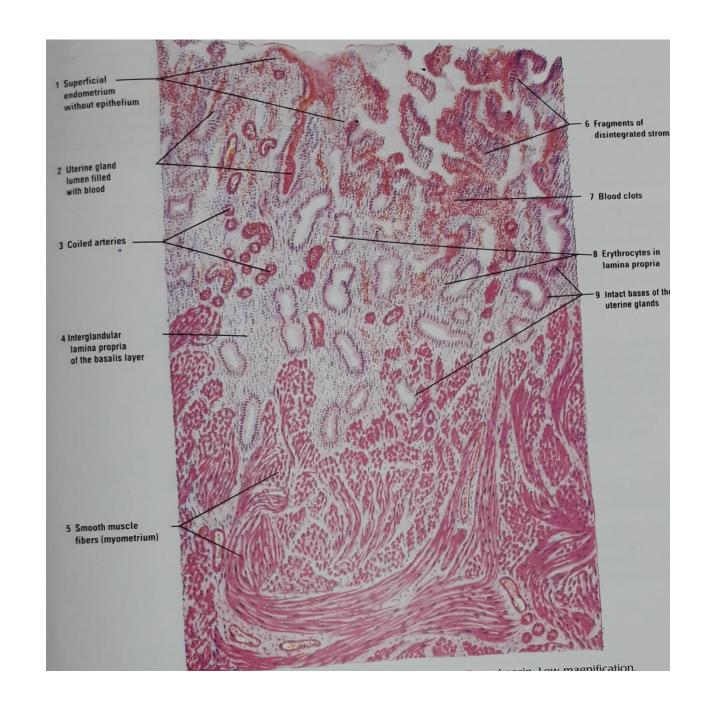


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Menstrual Phase

- ➤ If fertilization does not take place the corpus luteum stops secreting hormones after about 14 days
- Progesterone and estrogen decrease causing coiled arteries to intermittently constrict cutting off blood flow to the functional layer of endometrium
- > Endometrial cells die and the functional layer is shed off.
- ➤ Then coiled arteries dilate once again, because they are weakened they rupture
- The disgorged blood removes patches of the functional layer as menses
- Vessels distal to constrictions are shed with the functional layer causing some bleeding
- > About 35ml blood loss occur during mensturation



Vagina

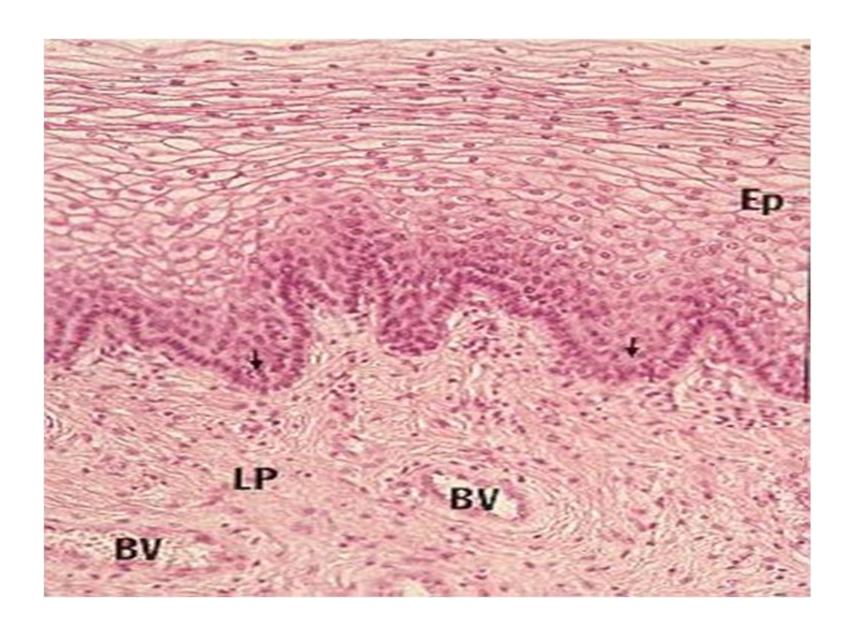
- The vaginal wall consists of three coats:
- 1. Mucosa
- 2. Muscularis
- 3. Adventitia

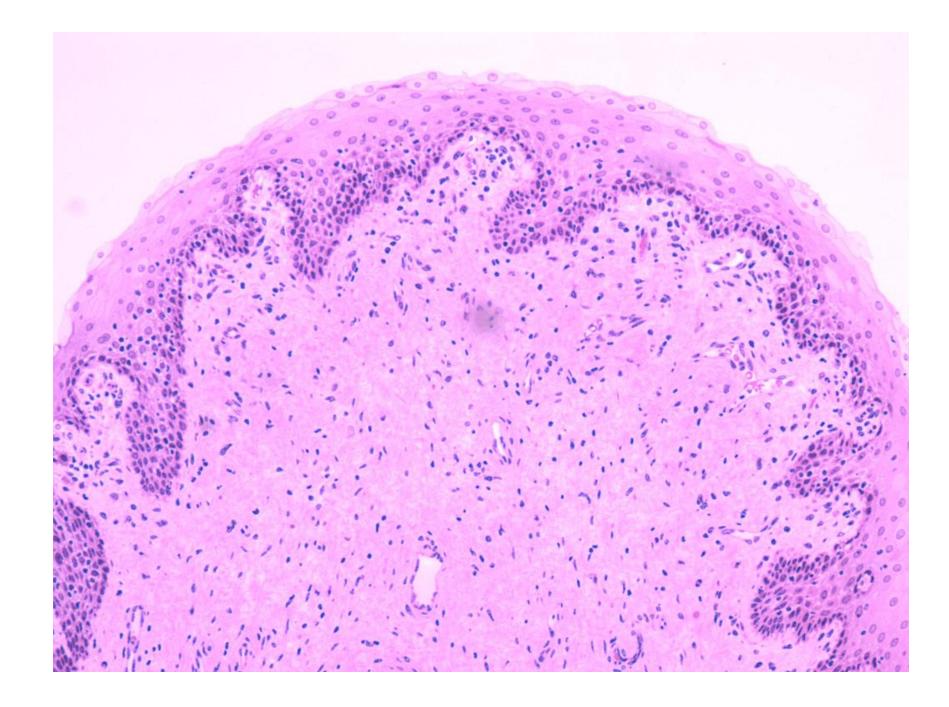
Mucosa:

- The vaginal mucosa shows mucosal folds. A thick stratified squamous non keratinized epithelium lines the vaginal mucosa. No glands are found in vaginal mucosa.
- Lamina propria contains connective tissue with elastic fibers.
- Diffuse lymphatic tissue ,lymphatic nodules and blood vessels are present in lamina propria.

Muscularis: The inner layer is composed of circular muscle and the thick outer layer is composed of longitudinal smooth muscle fibers.

Adventitia: consist of dense connective tissue that binds the vagina to the surrounding structures.





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