## Digestion and Absorption

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- Carbohydrates, proteins and lipids are digested and absorbed in the small intestine
- Absorption
- The surface area for absorption in the small intestine is greatly increased by the presence of the brush border
- Pathways of Absorption
  - cellular
  - paracellular

### Structure of intestinal wall

- Longitudinal folds (finger-like villi)
  - longest in duodenum & shortest in ileum
  - increases surface area 600 fold
- The significance of villi & microvilli
  - increase the surface area
  - maximizing the exposure of nutrients to digestive enzymes

# Digestion and absorption of carbohydrates

#### IN THE MOUTH

Salivary amylase digest starch, glycogen and dextrin producing smaller molecules like maltose, glucose

#### IN THE STOMACH

- No digestion of carbohydrates take place in the stomach as no carbohydrate splitting enzyme is present in stomach
- Hydrolysis of some sucrose take place because of HCL into fructose and glucose

#### IN THE DUODENUM

- Bolus has been act by pancreatic amylase causes hydrolysis of alpha 1,4 linkages
- Also act by intestinal amylase in intestinal juice liberating free glucose molecules.

## Other Intestinal Enzymes

- LACTASE beta galactosidase pH is 5.4 to 6. Hydrolyse lactose to glucose and galactose
- ISOMALTASE catalyses the hydrolysis of alpha 1, 6 linkages splitting alpha limit dextrin producing maltose and glucose
- MALTASE hydrolyze alpha 1,4 linkage between glucose units in maltose.

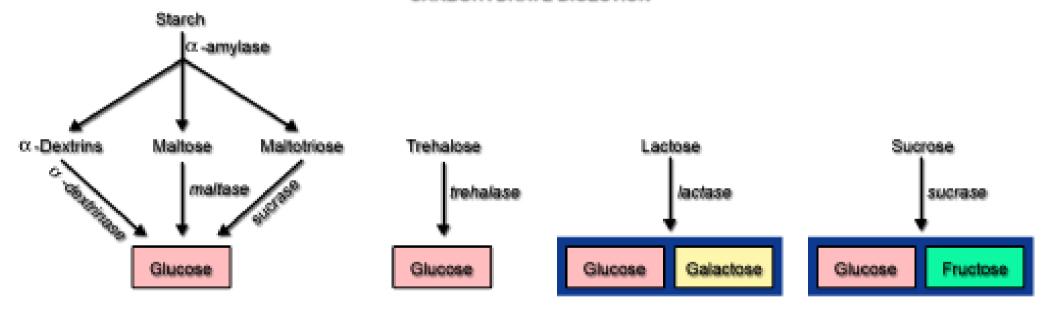
- Optimum pH is 5.8 to 6.2
- SUCRASE Ph 5 to 7.Produce fructose and glucose from sucrose.

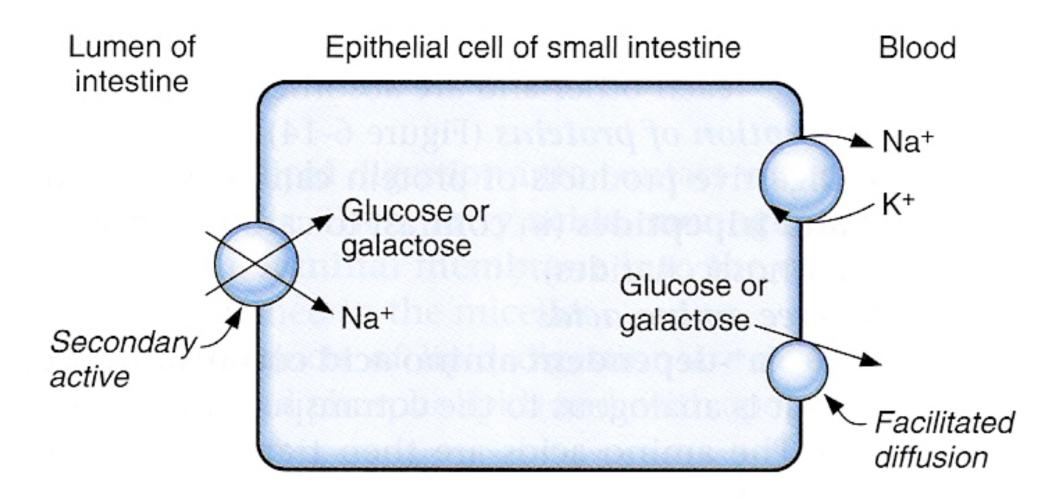
## **Absorption of Carbohydrates**

- Glucose and Galactose by active transport with the help of carrier proteins
- Carrier proteins have two binding sites
- One for sodium and one for glucose
- Four glucose transporters Glut1,Glut2,Glut3 & Glut4

Sugars like fructose and mannose absorb by facilitated diffusion

#### CARBOHYDRATE DIGESTION





## Carbohydrate malabsorption

- Lactose malabsorption syndrome
- Symptoms
  - gurgling noises in the intestine
  - flatulence
  - diarrhea
- Sucrase-isomaltase deficiency
  - decrease level of sucrase
  - suppression of transporter protein
- Glucose-galactose malabsorption syndrom
  - deficiency in transporter protein