



# RESILIENCY VIDEO FOR CLINICAL ROTATION GROUP 2020

**Instructions:** Record one minute live video using your cell phone at home on the given topic and upload in Clinical Rotation 2020 Group. Last Date: 30-03 2020.

# VEDIO- BULID RESILIENCY

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I am so excited about our next assignment!

A one-minute video

"building resiliency" in Pakistan – specific to COVID-19.

CREATE 1-MINUTE VIDEO – FOCUSING ON POSITIVITY.

WE CAN DO THIS!

Please be creative and energetic.

- **BUILD POSITIVITY & RESILIENCY!!!!**

